



Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

MAR 02 2022

MEMORANDUM

CONDUCT OF ONE HEALTH CHECK-UP DAY

To: OIC-Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary School Heads/OICs
All Others Concerned


1. Attached are Regional Memorandum No. 063, s. 2022 dated February 7, 2022, entitled "Conduct of One Health Check-Up Day in the Schools with Limited Face-to-Face Modality" and Regional Memorandum No. 089, s. 2022 dated February 17, 2022, entitled, "Addendum to Regional Memorandum No. NCR-063, s. 2022 Conduct of One Health Check-Up Day in the Schools with Limited Face-to-Face Modality", the contents of which are self-explanatory, for the information and guidance of all concerned.

2. The above-mentioned activity will be conducted at F. De Mesa ES on **March 10, 2022 (Thursday)**. The School Head shall ensure the distribution and retrieval of parental consent for all **Kinder to Grade 3 Learners**.

3. In preparation for the anticipated expanded phase of face-to-face, all elementary schools which are not included in the limited face-to-face modality are enjoined to distribute parental consent to **all Kinder to Grade 3 Learners** thru this link https://docs.google.com/forms/d/11OpUEnho9hyrQ7Cv_88c2QDnQcf3TF5HCz5eZwj2tqE/. The signed parental consents will then be collected from the learners when expanded face-to-face classes start.

4. Attached is the Program Management Team, for reference.

5. Wide dissemination of this Memorandum is desired.


DOMINICO C. IDANAN CESO V
Schools Division Superintendent

Enclosure: As Stated

References: RM No. 691, s. 2021

To be indicated in the Perpetual Index
under the following subjects:

HEALTH

PROGRAMS

LEARNERS

MALA / DM / Conduct of One Health Check-Up Day

083 / 02232022



Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,
Muntinlupa City

(02) 805-9935, (02) 805 - 9940

sdomuntinlupa@gmail.com



0226052

Physical Assessment PMT	
1. Ms. Ma. Teresa S. Indap	Nurse II
2. Ms. Maripaz M. Lavin	Nurse II
3. Ms. Amor M. Cascalla	Nurse II

Oral Examination and Fluoride Application	
1. Dr. May Anne Limjuico Ayudtud	Dentist II
2. Dr. Maricel R. Subida	Dentist II

Physical Assessment PMT	
1. Ms. Ma. Teresa S. Indap	Nurse II
2. Ms. Maripaz M. Lavin	Nurse II
3. Ms. Amor M. Cascalla	Nurse II
4. Ms. Cecile B. Cipres	Nurse II

Oral Examination and Fluoride Varnish Application PMT	
1. Dr. May Anne Limjuico Ayudtud	Dentist II
2. Dr. Maricel R. Subida	Dentist II



DEPARTMENT OF EDUCATION
RECORDS SECTION, DEPED NCR
RELEASED
By: _____ Date: _____

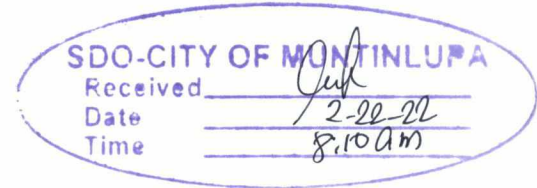
Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

DNCR-F-ORD-034/RO/01112019

REGIONAL MEMORANDUM

No. NCR - 089, s. 2022

TO : Schools Division Superintendents
Public School District Supervisors
School Heads



FROM : **WILFREDO E. CABRAL**
Regional Director, DepEd NCR and
Officer-In-Charge, Office of the Undersecretary
Human Resource and Organizational Development

SUBJECT: **ADDENDUM TO REGIONAL MEMORANDUM NO. NCR - 063,
S. 2022 "CONDUCT OF ONE HEALTH CHECK-UP DAY IN THE
SCHOOLS WITH LIMITED FACE-TO-FACE MODALITY"**

DATE : February 17, 2022

In line with the on-going implementation of the **One Health Check-up Day** in the schools with limited face-to-face modality, all school heads are directed to distribute the parental consent form to all Kinder to Grade 3 learners not included in the limited face-to-face modality. This aims to serve as an early preparation for the anticipated expanded phase of face-to-face classes in the National Capital Region.

The teacher-adviser shall ensure that all learners will be given the copy of the parental consent for the said check-up and document its distribution either during the issuance of learning modules or through social media platforms. The signed parental consent will then be collected from the learners upon their entry to the school when the expanded face-to-face classes starts.

The check-up must be conducted by the schools to ensure that the learners are on their best of health upon return to the regular classroom learning. The school heads shall see to it that health personnel are always available to render medical, dental and nursing services to our learners.


For compliance.

essd/shnu/lat2022





Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION

DEPARTMENT OF EDUCATION
 RECORDS SECTION, DEPED NCR
RELEASED
 By:  Date: FEB 07 2022
 DNCR-F-ORD-034/RO/01112019

REGIONAL MEMORANDUM

No. NCR - 063 , s. 2022

SDO-CITY OF MUNTINLUPA
 Received _____
 Date 2/8/2022
 Time 2:52

TO : Schools Division Superintendents
 SGOD Chiefs
 Public School District Supervisors
 School Heads
 School Health and Nutrition Personnel

FROM : Office of the Regional Director

SUBJECT: **CONDUCT OF ONE HEALTH CHECK-UP DAY IN THE SCHOOLS WITH LIMITED FACE-TO-FACE MODALITY**

DATE : February 7, 2022

According to the World Health Organization (WHO), oral diseases pose a major health burden for many countries and affect people throughout their lifetime, causing pain, discomfort, disfigurement and even death.

Based on the latest National Survey on Oral Health (NSOH) in the Philippines, dental caries and prevalence of periodontal diseases remains to be the common problems among the school-age children.

The Department of Education (DepEd) ensures the maintenance of good oral health of the school population in the prevention and treatment of oral diseases through the implementation of the School Dental Health Care Program (SDHCP) in line with the Basic Education-Learning Continuity Plan (BE-LCP).

The program aims to provide access to health services among learners and DepEd personnel needing preventive and curative services, including immediate dental and medical emergency care in school, with the end goal of improving the quality of education of a healthy school populace.

To address the high prevalence of dental caries and other health problems during the time of pandemic, the Education Support Services Division through the School Health and Nutrition Unit (ESSD-SHNU) will spearhead the conduct of the **ONE HEALTH CHECK-UP DAY** among **Kinder to Grade 3 learners** of following schools with Limited Face-to-Face Modality in the National Capital Region from **February to May, 2022:**



A legacy as rich as excellence!

Misamis St, Bago Bantay, Quezon City
 Tel. Nos.: 920-5824; 926-2213 loc. 801
 Email Address: ncr@deped.gov.ph
 Website: <http://www.deped.gov.ph/regions/ncr/>






0208044

Name of School	School ID	Schools Division Office
Andres Bonifacio Elementary School	136615	Caloocan
Bagumbong Elementary School	136651	Caloocan
Pedro Cruz Elementary School	136744	San Juan
Comembo Elementary School	136692	Makati
Amado T. Reyes Elementary School	136663	Mandaluyong
Renato Lopez Elementary School	136662	Mandaluyong
A.A. Quezon Elementary School	136477	Manila
St. Mary Elementary School	136686	Marikina
Putatan Elementary School (G4-6)	136904	Muntinlupa
Don Galo Elementary School	136762	Parañaque
La Huerta Elementary School	136754	Parañaque
Padre Zamora Elementary School	136600	Pasay
Pasig Elementary School	136721	Pasig
Payatas B Annex Elementary School	136549	Quezon City
Bagong Silangan Elementary School	136539	Quezon City
Ricardo P. Cruz Elementary School	136875	Taguig City and Pateros
Roberta De Jesus Elementary School - Disiplina Village Bignay Extension	136812	Valenzuela
Tagalag Elementary School	136809	Valenzuela

All concerned schools are advised to prepare the following:

- a. Program of Activities
- b. Clinic set-up
- c. Availability of individual needs such as but not limited to PPEs (facemask, faceshield, disposable gloves and hair cap), alcohol, medicines and other basic medical and dental supplies
- d. Handwashing facilities
- e. Individual Health Record
- f. IEC/advocacy materials
- g. Reproduction of proforma consent/permit (see attached)
- h. Sanitation and disinfection of the school compound

The One Health Check-up Day shall consist of the following services:

1. Physical Exam - head to toe assessment
2. Oral Exam - assessment of teeth and mouth
3. Fluoridization - application of Fluoride Varnish in all surfaces of the teeth to make it resistant to tooth decay

A "NO PERMIT, NO CHECK-UP" policy will be followed in the conduct of One Health Check-up Day.

The SDOs through the Division Dentist-In-Charge shall inform the Regional Office on the target date of activity in the concerned schools.



Name of School	School ID	Schools Division Office
Andres Bonifacio Elementary School	136615	Caloocan
Bagumbong Elementary School	136651	Caloocan
Pedro Cruz Elementary School	136744	San Juan
Comembo Elementary School	136692	Makati
Amado T. Reyes Elementary School	136663	Mandaluyong
Renato Lopez Elementary School	136662	Mandaluyong
A.A. Quezon Elementary School	136477	Manila
St. Mary Elementary School	136686	Marikina
Putatan Elementary School (G4-6)	136904	Muntinlupa
Don Galo Elementary School	136762	Parañaque
La Huerta Elementary School	136754	Parañaque
Padre Zamora Elementary School	136600	Pasay
Pasig Elementary School	136721	Pasig
Payatas B Annex Elementary School	136549	Quezon City
Bagong Silangan Elementary School	136539	Quezon City
Ricardo P. Cruz Elementary School	136875	Taguig City and Pateros
Roberta De Jesus Elementary School - Disiplina Village Bignay Extension	136812	Valenzuela
Tagalag Elementary School	136809	Valenzuela

All concerned schools are advised to prepare the following:

- a. Program of Activities
- b. Clinic set-up
- c. Availability of individual needs such as but not limited to PPEs (facemask, faceshield, disposable gloves and hair cap), alcohol, medicines and other basic medical and dental supplies
- d. Handwashing facilities
- e. Individual Health Record
- f. IEC/advocacy materials
- g. Reproduction of proforma consent/permit (see attached)
- h. Sanitation and disinfection of the school compound

The One Health Check-up Day shall consist of the following services:

1. Physical Exam - head to toe assessment
2. Oral Exam - assessment of teeth and mouth
3. Fluoridization - application of Fluoride Varnish in all surfaces of the teeth to make it resistant to tooth decay

A "NO PERMIT, NO CHECK-UP" policy will be followed in the conduct of One Health Check-up Day.

The SDOs through the Division Dentist-In-Charge shall inform the Regional Office on the target date of activity in the concerned schools.



The school health personnel shall coordinate with the City Health Office for the health and safety protocols implemented in their respective LGUs.

It should be noted that strict adherence to the minimum health and safety standards shall be enforced during the activity to safeguard the school populace.

The SDO shall augment for the needed logistics if the concerned schools have inadequate resources.

The Mobile Dental Vehicle (MDV) of the Regional Office will be utilized also to augment the dental services and to transport the health personnel to the designated school assignment. Expenses for the gasoline shall be charged to ESSD revolving fund, subject to the usual accounting and auditing rules and regulations.

A narrative and pictorial report shall be submitted to the Regional Office through the School Health and Nutrition Unit not later than June 3, 2022.


For your questions and/or clarification, you may contact Dr. Merlino M. Mateo, Regional Supervising Dentist, School Health and Nutrition Unit, DepEd-NCR at Mobile Number 09988636200 or through email at merlino.mateo001@deped.gov.ph.

For compliance.



WILFREDO E. CABRAL

Regional Director, DepEd NCR and
Officer-In-Charge, Office of the Undersecretary
Human Resource and Organizational Development



essd/shnu/lat2022



The school health personnel shall coordinate with the City Health Office for the health and safety protocols implemented in their respective LGUs.

It should be noted that strict adherence to the minimum health and safety standards shall be enforced during the activity to safeguard the school populace.

The SDO shall augment for the needed logistics if the concerned schools have inadequate resources.

The Mobile Dental Vehicle (MDV) of the Regional Office will be utilized also to augment the dental services and to transport the health personnel to the designated school assignment. Expenses for the gasoline shall be charged to ESSD revolving fund, subject to the usual accounting and auditing rules and regulations.

A narrative and pictorial report shall be submitted to the Regional Office through the School Health and Nutrition Unit not later than June 3, 2022.

For your questions and/or clarification, you may contact Dr. Merlino M. Mateo, Regional Supervising Dentist, School Health and Nutrition Unit, DepEd-NCR at Mobile Number 09988636200 or through email at merlino.mateo001@deped.gov.ph.

For compliance.


WILFREDO B. CABRAL

Regional Director, DepEd NCR and
Officer-In-Charge, Office of the Undersecretary
Human Resource and Organizational Development

essd/shnu/lat2022





Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
Education Support Services Division
School Health and Nutrition Unit



PAHINTULOT NG MAGULANG

Mahal naming magulang:

Ang Department of Education (DepEd) ay naglabas ng DepEd Order No. 041, s. 2020 "Guidelines on the Implementation of School Dental Health Care Program (SDHCP) including Medical and Nursing Services for School Year 2020-2021". Layunin nito na masiguro ang pagkakaroon ng tamang pangangalaga sa kalusugan ng mga mag-aaral.

Isa sa mga hakbang ng paaralan ay ang pagsasagawa ng **ONE HEALTH CHECK-UP DAY** kung saan magkakaroon ng mga sumusunod na serbisyo na ibibigay ng mga school health personnel:

- (1) **Physical Exam** - head to toe assessment
- (2) **Oral Exam** - pagsusuri ng ngipin at bibig
- (3) **Fluoride Varnish or Fluoridization** - paraan ng paglalagay ng fluoride sa ibabaw ng ipen upang patibayin ang enamel (outer coating of teeth) para bigyan proteksyon ang ipen at maiwasan ang pagkasira o pagkabulok nito.

Hinihingi po namin ang inyong pahintulot na mabigyan ang inyong anak ng mga nasabing serbisyo na gaganapin sa ika _____ ng _____, 2022.

Sisiguraduhin po namin na maipapatupad ang mga safety protocols at minimum public health standards upang maiwasan ang anumang maaring maging sanhi ng pagkakasakit ng bawat bata at guro gayun din ng doctors, dentists at nurses na magsasagawa ng health services.

Umaasa po kami na kayo ay makikiisa para sa kapakanan ng kalusugan ng mga batang mag-aaral. Mraming **salamat** at hangad po namin ang kaligtasan ng lahat.

Sumasainyo,



Class Adviser / School Principal

Control No. _____

RETURN SLIP

Name of Learner: _____

School: _____ Grade and Section: _____

Address: _____

Petsa ng bakuna laban sa COVID kung mayroon: _____

Lagyan ng check ang kaukulang serbisyo kung pumapayag:

Physical Exam () **Fluoride Varnish Application** () **Oral Exam** ()

Dahilan sa hindi pagpayag: _____

Name of Parent/Guardian: _____

Signature: _____ Date: _____