



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

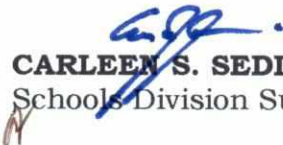
APR 11 2022

MEMORANDUM

**YOUTH AFFAIRS AND SPORTS DEVELOPMENT OFFICE (YASDO)
ZUMBA FOR HEALTHY LIFESTYLE: "IWAS STROKE"**

To: OIC-Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. Attached is the letter from Ms. Cynthia B. Viacrusis, Head, Youth Affairs and Sports Development Office, dated March 31, 2022, on the above-captioned title, the contents of which are self-explanatory, for the information and guidance of all concerned.
2. Particular attention is invited to the schedule and venue of the said event.
3. Inquiries and concerns related to the said activity may be directed to Mr. Hilario D. Pedrigala, Administrative Aide III, YASDO, via contact no. 8862-8428/29.
4. Immediate and wide dissemination of this Memorandum is desired.


CARLEEN S. SEDILLA CESO V
Schools Division Superintendent

Enclosure: As stated

References: None

To be indicated in the Perpetual Index
under the following subjects:

EMPLOYEES

KSJT / ZUMBA FOR HEALTHY LIFESTYLE: "IWAS STROKE"
126 / APRIL 8, 2022



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YOUTH AFFAIRS AND SPORTS DEVELOPMENT OFFICE
CITY GOVERNMENT OF MUNTINLUPA
MUNTINLUPA CITY

Tel. No.: 862-8428 / 862-8429



PARA SA: LAHAT NG PINUNO NG TANGGAPAN
MULA SA: YOUTH AFFAIRS AND SPORTS DEVELOPMENT OFFICE
PETSA: MARCH 31, 2022
PAKSA: Zumba for Healthy Lifestyle: "Iwas Stroke"



Ang Lungsod ng Muntinlupa kaagapay ang tanggapan ng YASDO ay maglulunsad ng **"Zumba for Healthy Lifestyle: Iwas Stroke"** na magsisimula sa darating na **ika-19 ng Abril, 2022, tuwing Martes at Huwebes sa ganap na ika-5 hanggang ika-6 ng hapon** na gaganapin sa, **Muntinlupa Sports Center – Open Ground, Tunasan, Muntinlupa City.**

Layunin nito na mahikayat ang bawat empleyado na palakasin ang kanilang pangangatawan sa pamamagitan ng Zumba.

Inaasahan po ang bawat isa na magkaroon ng partisipasyon sa nasabing programa.

Maari po tayong magparehistro *via online* sa Youth Affairs and Sports Development Office – Official facebook page o bisitahin din ang aming opisina para sa "onsite registration."

Para pa sa ibang impormasyon, maaaring makipag-ugnayan kay G. Hilario D. Pedrigala sa telepono bilang 862-8428/29.

Para sa inyong kaalaman at pagtugon.

Maraming salamat.

CYNTHIA B. VIACRUSIS
Pinuno, Tanggapan ng YASDO

Nabatid nina:

ELIZABETH A. GAVIOLA
Acting Head, CHRMD

INHR. ALLAN A. CACHUELA
Punong Tagapamanihala, Lungsod ng Muntinlupa



Youth Affairs and Sport Development Office (YASDO)
ZUMBA for HEALTHY LIFESTYLE "IWAS STROKE"
On-site Registration for City Government Employees

No.	Name	Office/ Department	Age	Sex	Contact No.	Signature
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DTAC/Mr
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