



Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION  
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

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SEP 12 2022

Advisory No. 205, s. 2022

September 9, 2022

In compliance with DepEd Order (DO) No. 8, S. 2013

This advisory is issued for the information of DepEd officials,  
personnel/staff, as well as the concerned public.

**CERTIFICATE COURSE ON FAMILY LIFE EDUCATION**

Attached is DepEd NCR Advisory No. 218, s. 2022 dated August 31, 2022 on the above-captioned title, contents of which are self-explanatory, for the information and guidance of all concerned.

Participation of public and private schools shall be subject to the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s, 2005 entitled Instituting Measures to increase Engaged Time-on-Task and Ensuring Compliance Therewith.

Moreover, schools are reminded of the “No Collection and No selling of Tickets Policy” stipulated in DepEd Order Nos. 19 and 40, s. 2008 and RA Nos. 4206 and 5546.

**NERISSA ROXAS LOMEDA PhD**

OIC-Assistant Schools Division Superintendent

LBP/ CERTIFICATE COURSE ON FAMILY LIFE EDUCATION

205/September 9, 2022



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Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION

**AUG 31 2022**

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Advisory No. **218** s. 2022  
August 31, 2022

SDO-CITY OF MUNTINLUPA  
Received K. V. V. A.  
Date 09-1-22  
Time 10:19 AM

In compliance with DepEd Order No. 8 s. 2013  
this advisory is issued not for endorsement per DO 28, s, 2001,  
but for the information of DepEd Officials,  
Personnel, as well as the concerned public  
(visit [www.deped.gov.ph](http://www.deped.gov.ph))

**Certificate Course on Family Life Education**

The University of Asia and the Pacific will be offering an online  
Certificate Course for Providers and Advocates of Family Life Education  
to be participated by teachers and school leaders.

The complete details are provided in the attached letter.

For more information, please contact:

**Angelito Z. Antonio, Ph.D.**

Dean

School of Education and Human Development

University of Asia and Pacific

Email: [kariza.hubalde@uap.asia](mailto:kariza.hubalde@uap.asia)

Contact Number: 0998 866 2399

This is issued for information purposes and not an endorsement of the  
activity.



To : All Schools Division Superintendents  
DepEd NCR

I am pleased to endorse to you the *Certificate Course on Family Life Education (FLE)* that the University of Asia and the Pacific (UA&P) will offer in school year 2022-2023.

The full title of the course is

***IT ALL BEGINS AT HOME:  
A Certificate Course for Providers and Advocates  
of FAMILY LIFE EDUCATION***

The course consists of 12 modules (six foundational and six professional-technical) delivered over **20 Saturdays** and held **fully online**. Each meeting day features blended learning (combining synchronous and asynchronous sessions lasting a total of six hours).

Synchronous sessions refer to plenary class meetings (the whole class meets online with the module facilitator or resource person). Asynchronous sessions can involve any of the following: individual reading, study, writing, viewing of film, or listening to podcasts; small-group discussions; individual or group consultation; and individual or group mentoring.

UA&P will offer the course twice every school year. The next run is scheduled in January or February 2023 (exact dates to be announced). Admission is open to DepEd NCR teachers and guidance counselors.

Those who are admitted to the course can receive two certificates: (1) a *Certificate of Participation*, to be given to participants who have attended at least nine modules; and (2) a *Certificate of Completion*, to be awarded to participants who, in addition to having attended at least nine modules, submit the plan for a Family Life Education program for a specific target client sector or group.

A soft copy of the course brochure is attached for your information and reference.

To make the course affordable to school teachers, administrators, and guidance counselors, UA&P is tapping the financial support of sponsors. For participants from DepEd NCR, the course fee will be P8,000 per person (equivalent to P400 per meeting day, since there are 20 class meeting days).

I leave it up to your respective Divisions to decide if the participants from your Division will be asked to shoulder part of the course fee to foster in them a sense of ownership and commitment to attend and complete the course, even if UA&P is certain that they will gain real professional and personal benefits from their participation.

Interested parties can contact Ms. Kariza Hubalde, FLE Program Officer, at the School of Education and Human Development, University of Asia and the Pacific (e-mail: [kariza.hubalde@uap.asia](mailto:kariza.hubalde@uap.asia); mobile phone number: 0998 866 2399).



**UNIVERSITY OF ASIA AND THE PACIFIC**  
SCHOOL OF EDUCATION AND HUMAN DEVELOPMENT

August 24, 2022

Dr. Wilfredo E. Cabral  
Regional Director  
National Capital Region  
Department of Education

Dear Dr. Cabral:

We are pleased to inform you that our university now offers a certificate course on **Family Life Education (FLE)**. We request your office to endorse the course to all DepEd Schools Division Superintendents in the National Capital Region (NCR).

The full title of the course is

***IT ALL BEGINS AT HOME:  
A Certificate Course for Providers and Advocates  
of FAMILY LIFE EDUCATION***

The course consists of 12 modules (six foundational and six professional-technical) delivered over 20 Saturdays and held fully online. Each meeting day features blended learning (combining synchronous and asynchronous sessions lasting a total of six hours). We plan to offer the course twice a year beginning 2022-2023.

Those who are admitted to the course can receive two certificates: (1) a *Certificate of Participation*, to be given to participants who have attended at least nine modules; and (2) a *Certificate of Completion*, to be awarded to participants who, in addition to having attended at least nine modules, submit the plan for a Family Life Education program for a specific target client sector or group.

A soft copy of the course brochure is attached for your information and reference.

Thus far, UA&P has offered the course four times, drawing a total of 235 participants. In these previous editions of the course, several teachers and administrators, mostly from public schools, have participated. Given the positive feedback from these participants, we would like to continue admitting school teachers and administrators, as well as guidance counselors, especially from the National Capital Region to the FLE Certificate Course.

DepEd NCR, the course fee will be P8,000 per person (equivalent to P400 per meeting day, since there are 20 class meeting days).

We leave it up to your office to decide if the DepEd NCR participants will be asked to shoulder part of the course fee to foster in them a sense of ownership and commitment to attend and complete the course, even if we are certain that they will gain real professional and personal benefits from their participation.

We hope you will favorably consider our request to endorse the course to all NCR Schools Division Superintendents.

Sincerely yours,



Angelito Z. Antonio, Ph.D.

Dean

School of Education and Human Development  
University of Asia and the Pacific

*"Families do better when they know better."*

DEBORAH CASHEN  
President, Parenting Partnerships Inc.  
Texas, USA



## WHAT IS FAMILY LIFE EDUCATION?

The domains of professional work and activities related to "family practice" can be grouped into three: marriage and family therapy, family case management, and family life education.

All three fields have the same primary mission: to promote and support the healthy functioning of families and their members. Nonetheless, they can be distinguished as follows:

The focus of marriage and family therapy is on repairing and remedying family dysfunction. It seeks to help family members refocus and rebuild their relationships.

The concern of family case management is to enable families to deal with the legal and policy systems that have an impact on their existence and to gain access to resources necessary for their survival and thriving. Family case managers can, for example, help at-risk youth deal with abuse, drug addiction, or vagrancy and find stable home environments.

By contrast, family life education takes a preventive, educational, and collaborative approach to the promotion of healthy family functioning. The National Council on Family Relations, a US-based organization, defines family life education (FLE) as "any organized effort to provide family members with information, skills, experiences, or resources intended to strengthen, improve or enrich their family experience." Thus, FLE is multidisciplinary in its strategies and methods within a family systems perspective and can be designed for and offered in a wide range of settings.

## THE NEED FOR FAMILY LIFE EDUCATION

A country or society is only as strong as the families that make it up. The Philippines is not an exception in that regard. Today, Filipino families face complex problems that need to be addressed in a systemic way, calling for the involvement of many key sectors, institutions, and individuals from various disciplines and professions.



What is clear is that there is a nationwide need to protect, strengthen, and sustain the well-being of Filipino families. In meeting this national priority, both marriage and family therapy and family case management have important and urgent roles to play. But what is crucial is the creation of a pool of family life educators equipped with the necessary knowledge, skills, and values and capable of crafting and carrying out need-based and well-thought-out programs that promote healthy family functioning.



## THE UA&P CERTIFICATE COURSE ON FAMILY LIFE EDUCATION

In response to this nationwide need, the School of Education (SED) of the University of Asia and the Pacific (UA&P) has designed and now offers a certificate course on family life education.

The course draws on various sources for its content and design: the international and local literature on family life education, the “content areas” identified by the National Council on Family Relations and family life education experts, and notes of experience of local groups and organizations involved in helping families meet their various needs.

The study groups that contributed to the conception of the course identified the following roles, tasks, and work situations that family life education practitioners are expected to take on in the Philippine setting:

**Practice:** Teaching or providing training in various content areas and themes (including stages of human development; family finances and resource management; entrepreneurship and livelihood; positive discipline and communication; time management; marital relations; and education in human love and sexuality); coaching and family counseling

**Administration:** Establishing networks and partnerships; seeking or creating opportunities for immersion in target client sectors or groups; and facilitating interaction within and among diverse target client sectors or groups.

**Promotion:** Serving as resource persons for legislation, public policymaking, and advocacies; establishing active presence in media (especially social media).

Given these expected roles, tasks, and work situations, the study groups specified the following set of knowledge, skills and abilities, and values that family life education professionals and practitioners in the Philippine setting should be equipped with:

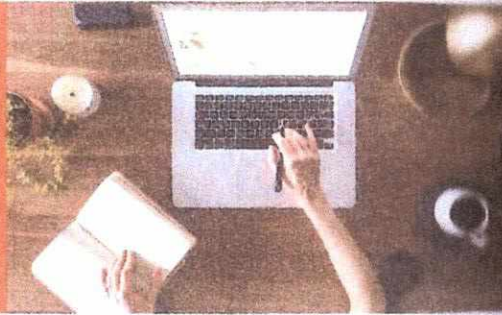
**Knowledge:** Developmental psychology (stages of human development); laws related to family; teachings on family (both its philosophical and religious dimensions); natural law; human values; ethical principles; Filipino culture (including local and regional characteristics); current issues and trends; and the “content areas” identified by the National Council for Family Relations.

**Skills and Abilities:** Communication skills (especially in the vernacular); creativity; adaptability to a given audience and situation; empathy (especially empathic listening); analytical and research skills; ability to craft, deliver (moderate and facilitate), and assess training programs and modules; technological literacy; negotiation and persuasion skills; use of appropriate tools to discern family situations; ability to write cases and use the case method; and community leadership.

**Values:** Love for God; love for family; concern for the dignity and moral integrity of the person; civic spirit and spirit of service and commitment; pioneering spirit; sense of calling; reflectiveness; respect and nonjudgmental attitude toward others; respect for pluralism and religious freedom; openness, sensitivity, and inclusiveness; and care and concern for the environment (both moral and ecological).



## COURSE CONTENT AND CURRICULUM



## ADMISSIONS, COURSE REQUIREMENTS, AND FACULTY

The certificate course consists of 12 modules (six foundational and six professional-technical), delivered over 20 Saturdays and held fully online. Each meeting day features synchronous and asynchronous sessions lasting a total of six hours. These are the 12 modules in the certificate course.

### **FOUNDATIONAL**

- 1 **The Human Person, the Family, and Society**
- 2 **Human Growth, Development and Mental Health**
- 3 **Human Sexuality, Marital Relationships, and Spousal Communication**
- 4 **Philippine Culture and Social Institutions**
- 5 **Values and Ethics in Family Life Education**
- 6 **Family Law and Public Policy**

### **PROFESSIONAL-TECHNICAL**

- 7 **Interpersonal Relationships, Family Dynamics, and "People Skills" Development**
- 8 **Parent Education, Family Counseling, and Mentoring**
- 9 **Family Finances, and Resource Management**
- 10 **Research and Field Methods and Practices**
- 11 **Design, Delivery, and Assessment of Family Life Education Programs**
- 12 **Current Issues and Trends Concerning the Family**

To be admitted to the course, a prospective participant must:

- 1) have at least a high school degree,
- 2) present a letter of recommendation from the head of his or her organization or from a reputable person who can vouch for his or her character, and
- 3) agree to being interviewed by a UA&P representative.

Participants who have attended at least nine modules will receive a certificate of participation. A certificate of completion will be given to participants who, in addition to attending at least nine modules, submit the plan for a family life education program for a specific target client sector or group.

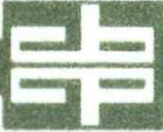
The module facilitators include senior faculty members of UA&P and other resource persons who are experts on the topics assigned to them.



Inquiries may be addressed to:  
**UNIVERSITY OF ASIA AND THE PACIFIC**  
SCHOOL OF EDUCATION AND HUMAN DEVELOPMENT

kariza.hubalde@uap.asia  
09988662399





CATHOLIC BISHOPS' CONFERENCE OF THE PHILIPPINES

EPISCOPAL COMMISSION ON FAMILY AND LIFE

As Chairman of the Episcopal Commission of Family and Life of the Catholic Bishops' Conference of the Philippines, I am pleased to endorse the *Family Life Education (FLE)* certificate course of the University of Asia and the Pacific.

I commend UA&P for making the FLE course available during this crucial period when both external and internal forces are undermining the family as the basic building block of society. Not only are many Filipinos families living in very tough and even subhuman conditions and circumstances. There is also a rising incidence, across social strata, of various forms of domestic disunity and dysfunctionality (broken homes, single-parent households, teenage pregnancies, child abuse, addiction to drugs or pornography, etc.)

Indeed, we cannot assure the stability and flourishing of Philippine society without first securing the well-being of Filipino families.

One urgent demand is for professionals competent in *marriage and family therapy* who can help stem marital breakdown and severe forms of family dysfunction.

The greater and longer-term need, however is for practitioners of *family life education* who can design, deliver, and assess programs and services that promote healthy family functioning and relationships.

In this regard, the UA&P FLE certificate course is both timely and responsive because of the scope and content of its curriculum, which aims to equip participants with knowledge and skills related to key topics such as human growth and development across lifespan, the internal dynamics of families, the physiological and psychological aspects of human sexuality, spousal relationships and communication, parenting education and guidance, family resources management, and family law and public policy.

I thus fully and wholeheartedly endorse UA&P FLE certificate course to all individuals and organizations interested in protecting, strengthening, and sustaining the well-being of Filipino families.

Very truly yours - in Jesus, Mary and Joseph,

  
\* GILBERT A. GARCERA  
Archbishop of Lipa

Chairman, Episcopal Commission on Family and Life (CBCP)



How do you build strong and happy families and raise well-formed children? Certainly not by simply waving a magical wand. As family life educators put it, "families do better when they know better."

It takes spouses and parents who know how to navigate their way together through the challenges of married life and make wise and timely decisions and adjustments to create and sustain healthy family relations. Well-conceived educational and development programs that can help married couples and families gain this kind of know-how are, therefore, highly welcome.

For this reason, as President of Educhild Foundation, Inc., I heartily endorse the Family Life Education (FLE) certificate course of the University of Asia and the Pacific (UA&P).

The thrust and scope of the course are consistent with and complement Educhild's core purpose, values, and "deliverables" as an advocate and promoter of strong marital relations, competent parenting, and healthy family functioning. So, I encourage Educhild facilitators, moderators, and other stakeholders to enroll in UA&P's FLE certificate course.

The course will also help fill the need for family life educators in a wide range of settings: communities, schools, business organizations, government agencies, and other public and private institutions that provide health care and educational and social services to families and communities.

Very truly yours,

  
ATTY. DIOSDADO B. MARASIGAN  
President, Educhild Foundation, Inc.



**UNIVERSITY OF ASIA AND THE PACIFIC**  
SCHOOL OF EDUCATION AND HUMAN DEVELOPMENT

As a constituent unit of the University of Asia and the Pacific (UA&P), the School of Education and Human Development (SED) is envisioned to be a center of excellence in educational leadership, teacher education, and human capital development. Its academic, research, and outreach programs are built upon three interrelated areas of faculty concentration: *education, psychology, and human capital development*. Through these programs, SED seeks to *develop whole persons and leaders of learning across the lifespan*.

The School currently offers these degree programs:

**Undergraduate**

Bachelor of Early Childhood Education  
Bachelor of Science in Human Capital Development

**Graduate**

Master of Arts/Master in Education

*Specializations:*

Early Childhood Education  
Adolescent Development and Education  
Values Education  
Educational Leadership

Master of Science/Master in Human Capital and Organization Development

**CHILD DEVELOPMENT AND EDUCATION CENTER**

The University of Asia and the Pacific (UA&P) Child Development and Education (CDE) Center is a preschool teaching and classroom research laboratory of the School of Education and Human Development (SED). It provides a learning environment that promotes the integral development of its students and faculty. It offers a regular preschool program for ages 3 to 5 years old (Nursery, Pre-Kindergarten, Kindergarten level).