



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Advisory No. **252**, s. 2022

October 11, 2022

In compliance with DepEd Order (DO) No. 8, S. 2013

This advisory is issued for the information of DepEd officials,
personnel/staff, as well as the concerned public.

MIDYEAR CONFERENCE

Attached is DepEd NCR Advisory No. 274, s. 2022 dated October 3, 2022 on the above-captioned title, contents of which are self-explanatory, for the information and guidance of all concerned.

Participation of public and private schools shall be subject to the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s, 2005 entitled Instituting Measures to increase Engaged Time-on-Task and Ensuring Compliance Therewith.

Moreover, schools are reminded of the “No Collection and No selling of Tickets Policy” stipulated in DepEd Order Nos. 19 and 40, s. 2008 and RA Nos. 4206 and 5546.

NERISSA ROXAS-LOMEDA PhD

OIC-Assistant Schools Division Superintendent

LBP/ Midyear Conference

252/October 11, 2022



Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,
Muntinlupa City

(02) 8805 - 9935, (02) 8805 - 9940

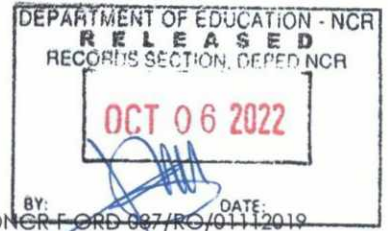
sdo.muntinlupa@gmail.com



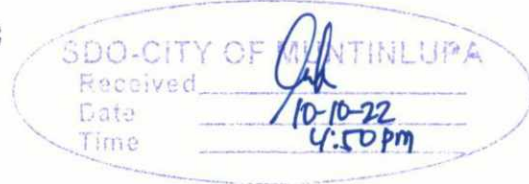
322



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION



Advisory No. 274 s. 2022
October 3, 2022



The Philippine Guidance and Counseling Association, Inc (PGCA), PRC Accredited Professional Organization of the Professional Regulation Commission (PRC), will conduct the Mid-year Conference on October 21-22, 2022, at the Paradise Garden Resort Hotel and Convention Center, Boracay, Malay, Aklan with the theme: "Coming Together for Recalibrated Self-Care and Renewed Well-Being".

For further inquiries you may call in the secretariat office at (02) 445-5108 or mobile no. +63 9166553507.

CLMD/rdm





PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

The Accredited Integrated Professional Organization of the Professional Regulation Commission
Room 107 Philippine Social Science Center, Commonwealth Ave., Diliman, Quezon City
www.pgcainc.com | secretariat.official@pgcainc.com | +639166553507

September 19, 2022

BOARD OF DIRECTORS 2022-2023

SHEILA MARIE G. HOCSON
President

MARIA LAARNI CARLA C. PARANIS
Vice-President for Internal Affairs

FRANCIS RAY D. SUBONG
Vice-President for External Affairs

REMEDIOS C. MOOG
Secretary

DANILO B. TALUSAN
Treasurer

CHARITO B. FERRER
Auditor

MARIZ P. BORGONOS-PALES
P.R.O.

BENNY S. SOLIMAN
Business Manager

MEMBERS OF THE BOARD

MA. CRISTINA E. SALDIVAR

CARMENCITA H. SALONGA

MA. HONEY BELLE B. VICENCIO

CHRISTOPHER P. HERNANDEZ
Ex-Officio

MARISSA C. PASCUAL
Assistant Secretary

MERRIE CAROLYNE M. GARCIA
Assistant Treasurer

secretariat.official@pgcainc.com
pgcasecretariat@gmail.com
Viber: 0916-655-3507

MR. WILFREDO E. CABRAL

Director
National Capital Region Regional Office
Department of Education
Quezon City

Dear Mr. Cabral:

Greetings from the Philippine Guidance and Counseling Association, Inc. (PGCA), the PRC Accredited Professional Organization of the Professional Regulation Commission!

We are pleased to inform you that the PGCA will hold its Midyear Conference on **October 20-21, 2022** at the **Paradise Garden Resort Hotel and Convention Center, Boracay, Malay, Aklan**. Our theme for this year is "*Coming Together for Recalibrated Self-Care and Renewed Well-Being*". The conference aims to upgrade the competencies and empower counselors, teachers, mental health practitioners and advocates and other related helping professions with knowledge and skills in self-care and well-being. Given the disruptions brought about by the pandemic and the continued life adversities we are facing, there is a need for us to continually be informed and updated on processes and strategies that will strengthen our mental, emotional, social, and psychological resources towards the attainment of mental wellness that we may be able to effectively address issues we face especially those affecting our youth.

In view of this, we would like to request for your kind issuance of an advisory or endorsement for the participation to this two-day event of counselors, teachers, mental health practitioners and advocates and other related helping professions in the tertiary level to be charged against local MOOE funds or training and development funds of the school or institution.

To help defray cost of meals, kits and materials, certificates, venue, as well as travel expenses, hotel accommodation and honoraria of the resource persons for this special conference, this midyear conference registration are as follows:

<i>Graduate Students</i>	<i>PhP 4,000.00</i>
<i>Early Bird Participants (until October 1, 2022)</i>	<i>PhP 4,500.00</i>
<i>On-Site Participants</i>	<i>PhP 5,000.00</i>

For further inquiries you may call our secretariat office at (02) 455-5108 or mobile no. +63 09166553507.


We, in the PGCA, sincerely appreciate your kind support to our endeavours.

Attached are the invitation letter, program of activities, bio-profile and SEC.

Thank you, Sir.

Very truly yours,


MARIA LAARNI CARLA C. PARANIS, PhD, RGC, LPT
Program Chair and Vice President for Internal Affairs


SHIELA MARIE G. HOCSON, PhD, RGC, RPsy, RPsM, LPT
Over-All Conference Chair and National President



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

The Accredited Integrated Professional Organization of the Professional Regulation Commission

Room 107 Philippine Social Science Center, Commonwealth Ave., Diliman, Quezon City

Telefax No. (632)455 5108 www.pgcainc.com pgcasetretariat@gmail.com

ACTIVITY MATRIX

57th National Midyear Conference

Theme: "Coming Together for Recalibrated Self-Care and Renewed Well-Being"

October 20-21, 2022

Paradise Garden Resort Hotel and Convention Center
Boracay, Malay, Aklan

Day 1: October 20, 2022			
Time	Type	Topic	Resource Speakers
8:00 -8:15am	Plenary	Welcome Statement of Purpose Presidential Address and Introduction of Keynote Speaker	
8:15-8:30	Plenary	Self-Care and Well Being Message	Hon. Sara Zimmerman Duterte-Carpio Vice President, Republic of the Philippines
8:30-10:30	Plenary	Keynote <i>"Coming Together for Recalibrated Self-Care and Renewed Well-Being"</i>	Antonio C. Sison, MD Associate Professor Department of Psychiatry UP-PGH
10:30-12:00		Working Break	Antonio C. Sison, MD Associate Professor Department of Psychiatry UP-PGH
	Interactive Panel Discussion 1 (Plenary)	Talk Show: What is Self-Care and Well-Being?	Francis Dimalanta, MD Assistant Head, Institute of Pediatrics and Child Health St. Lukes Medical Center Dr. Nino Mateo, PhD, RGC, RPsy Associate Professor Counseling and Educational Psychology Department De La Salle University Dr. Sheila Marie G. Hocson, RGC, RPM, RPsy, LPT Guidance Director Far Eastern University
12:00-1:00		Lunch Break/video	
12:45 - 1:00		Management of Learning/Energizer	
1:00-2:30	Interactive Panel Discussion 2 (Plenary)	Strategies and Programs on Well-Being	Antonio C. Sison, MD Associate Professor Department of Psychiatry UP-PGH Francis Dimalanta, MD Assistant Head, Institute of Pediatrics and Child Health St. Lukes Medical Center

			<p>Dr. Nino Mateo, PhD, RGC, RPsy Associate Professor Counseling and Educational Psychology Department De La Salle University</p> <p>Dr. Sheila Marie G. Hocson, RGC, RPM, RPsy, LPT Guidance Director Far Eastern University</p>
2:30-4:00	Interactive Panel Discussion 3 (Plenary)	<p>Working Break</p> <p>Well-Being Practices in Different Settings <i>(Sharing of well-being best practices In industry, academe, clinical, community, and organizations)</i></p>	<p>Dr. Benny Soliman, PhD, RGC, RPM, LPT Associate Professor II/ Director for Student Services and Development Tarlac Agricultural University</p> <p>Dr. Jomelyn G. Lopez, RGC, RPsy Clinical Psychologist IV Government Agency</p> <p>Dr. Maria Laarni Carla C. Paranis, RGC, LPT Education Program Supervisor Department of Education</p> <p>Remedios C. Moog, RGC, RPM University Counselor De La Salle University</p> <p>Danilo Talusan, RGC Counselor Far Eastern University</p>
4:00-5:00	Interactive Panel Discussion 4 (Plenary)	<p>Working Break</p> <p>Well-Being Policies And Commitment</p> <p>Commitment: Coming Together</p>	<p>Dr. Sheila Marie G. Hocson, RGC, RPM, RPsy, LPT Guidance Director Far Eastern University</p>
7:00 – 9:00		Fellowship/ Socialization	
Day 2: October 21, 2022			
7:45-8:00		Management of Learning	
8:00-12:00	Workshop (Plenary)	Enhancing Well-Being Strengths through Emotional Freedom Techniques (EFT) and Applications	<p>Dr. Gina R. Lamzon, RGC Graduate School Faculty Ateneo de Davao University</p>
12:00-1:00		Lunch Break	
1:00-3:00	Workshop (Plenary)	Digital Well-Being	<p>Michelle Climaco Program Officer, Unilab Foundation</p>
3:00 – 5:00		Working Break	<p>Marissa C. Pascual, RGC, RPM Guidance Counselor, DLSU Taft</p>
	Workshop (Plenary)	Core Mindfulness: Dialectical Behavior Therapy	