



Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

NOV 09 2022

MEMORANDUM

**OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION KICK- OFF:
SHOWCASING OF OK SA DEPED PROGRAMS**

To: OIC-Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. Pursuant to DepEd Order No. 28 s. 2018 or the Policy and Guidelines on the Oplan Kalusugan sa Department of Education (OK sa DepEd), the Department of Education, through the Bureau of Learner Support Services- School Health Division (BLSS- SHD), aims to promote and provide learners and DepEd personnel with a sustainable holistic school health and nutrition program towards a healthier behaviour and better learning outcome.
2. Relative to this, the SGOD- School Health and Nutrition Section will conduct the above mentioned activity on November 11, 2022, 8:30 to 11:00 a.m. at Alabang Elementary School Covered Court. The ingress will be scheduled on November 10, 2022, 1:00 to 5:00 p.m.
3. Participation of the schools shall be subject to the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s. 2005, titled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.
4. Attached is the list of participants for your reference.
5. Immediate and wide dissemination of this Memorandum is desired..


CARLEEN S. SEDILLA CESO V
Schools Division Superintendent

Encl.: As stated
References: As stated
To be indicated in the Perpetual Index
Under the following subjects:

HEALTH EDUCATION

PROGRAMS

CAMPAIGN

MRS / OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION KICK- OFF: SHOWCASING OF OK SA DEPED PROGRAMS
380 / November 11, 2022



 Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,
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SDO Officials

Ms. Carleen S. Sedilla, CESO V	Schools Division Superintendent	Office of the SDS
Dr. Nerissa R. Lomeda	Asst. Schools Division Superintendent	Office of the ASDS
Ma. Regalele A. Olarte	EPS- SGOD	SDO
Ms. Mariel Eugene L. Luna	EPS	SDO
Dr. Ma. Theresa C. Dela Rosa	Public Schools District Supervisor	SDO
Cecilia Teresa C. Claudel	EPS II	SDO
Chelo DG. Rongavilla	EPS II	SDO
Mrs. Jinky D Santos	Asst. Principal II	Cupang Senior HS
Dr. Rosendo E. Sangalang	Principal IV	Lakeview Integrated School
Mrs. Vilma S. Vilorio	Principal II	Muntinlupa Business HS - Main
Dr. Yaledegler C. Maligaya	Public Schools District Supervisor/ Officer-in-Charge	Muntinlupa Business HS - Sucat Annex
Dr. Antonio B. Rocha	Principal IV	Muntinlupa National HS - Junior
		Muntinlupa National HS - Senior
Dr. Florante C. Marmeto	Principal IV	Muntinlupa Science HS
Mrs. Eden B. Binaday	Principal III	Pedro E. Diaz HS
Mr. David T. Libao	Principal II	Poblacion NHS
Dr. Ador B. Querubin	Principal IV	Tunasan NHS
Dr. Shella C. Navarro	Principal IV	Alabang ES
Mrs. Eden G. Cado	Master Teacher II Officer-in-Charge	Bagong Silang ES
Mr. Edizer S. Laqueo	Principal II	Bayanan ES - Main
Dr. Buena C. Dela Cruz	Principal II	Bayanan ES - Unit I
Mr. Hilario G. Canasa	Principal I	Buli ES
Mrs. Marie Ann R. Esmeria	Asst. Principal II	Cupang ES - Annex

Mrs. Rhodora V. Mandap	Principal III	Cupang ES - Main
Mr. Reynaldo O. Comisario	Principal I	F. De Mesa ES
Mrs. Olivia G. Elloso	Principal II	Filinvest Alabang ES
Dr. Antonio C. Gagala	Principal III	Itaas ES
Dr. Ma Aurora S. Bartolaba	Principal IV	Muntinlupa ES
Dr. Raul T. Felix	Principal IV	Poblacion ES
Mr. Felipe W. Marapao	Asst. Principal II	Putatan ES
Mrs. Noemi B. Zarate	Principal II	Soldiers Hills ES
Dr. Jane May C. Valbuena	Principal IV	Sucat ES - Main
Dr. Ma. Theresa C. Dela Rosa	Public Schools District Supervisor/ Officer-in-Charge	Sucat ES Sitio Pagkakaisa Zone 3 Annex
Ms. Alma O. Bituin	Officer-in-Charge Teacher I	Sucat ES Sitio Pagkakaisa Zone 4 Annex
Dr. Jennifer S. Joson	Principal II	Tunasan ES
Mrs. Maria Hazel B. Hernandez	Principal II	Victoria Homes ES

SCHOOL NURSES

1	James Joseph R. Ulep	Alabang ES
2	Rose Taipan	Bagong Silang ES
3	Armida L. Marcelino	Bayanan ES
4	Rose Marie C. Flores	Bayanan ES- Unit I
5	Celistine L. Rongavilla	Buli ES
6	Lanie C. Mangulabnan	Cupang ES
7	Effie B. Reyes	F. De Mesa ES
8	Desiree Gay M. Canares	Itaas ES
9	Rhoda A. Austria	Lakeview Integrated School
10	Stella Mariz C.Vivo	Muntinlupa ES
11	Lily Mae M. Piadozo	Poblacion ES
12	Sam Anastacio	Putatan ES
13	Analyn D. Polo	Soldiers' Hills ES
14	Violeta I. Arcita	Sucacat ES- Main
15	Ma. Cecilia R. Leonardo	Sucacat ES- Annex Zone 4
16	Averill F. San Juan	Victoria Homes ES
17	Cecilia B. Cipres	Muntinlupa National HS (JHS)
18	Mercedita A. Salvo	Muntinlupa National HS (SHS)
19	Elaine Joy M. Belaro	Muntinlupa Business HS- Main
20	Realyn L. Rigos	Muntinlupa Business HS- SA
21	Analyn P. Mangussad	Muntinlupa Science HS
22	Myra B. Sibulo	Pedro E. Diaz HS
23	Maria Fay B. Ador	Poblacion National HS
24	Amor M. Cascalla	Tunasan National HS (SHS)
25	Geraldine Ellazo	Tunasan National HS (JHS)

Clinic Teacher

1	Tessie Q. Celestino	Tunasan ES
2	Marife Reyel	Sucacat ES- Annex Zone 3
3	Bathsheba	Filinvest Alabang ES

WINS COORDINATOR

1	Maridel R. Gonzales	Alabang ES
2	Cherrylou C. Ramos	Filinvest Alabang ES
3	Maryrose B. Quijano	Bagong Silang ES
4	Michelle Ann L. Vela	Bayanan Unit I ES
5	Vivian A. Viado	Bayanan ES-Main
6	Jevilyn D. Velmonte	Buli ES
7	Erwin Sales	Cupang ES-Main
8	Claudin R. Drilon	Cupang ES-Annex
9	Jeca Faye R. Cabatac	F. De Mesa ES
10	Grace P. Panolino	Itaas ES
11	Chona M. Bahil	Lakeview Integrated School
12	Hynah R. Centeno	Lakeview Integrated School
13	Bryan A. Arao	Muntinlupa ES
14	Joana E. Nugoy	Pobalcion ES
15	Ronald Q. Cortez	Putatan ES
16	Sunday L. Gallego	Soldiers' Hills ES
17	Janette J. Calba	Sucac ES-Main
18	Najean Octavio	Sucac ES-Annex Zone 3
19	Ma. Cecilia R. Leonardo	Sucac ES-Annex Zone 4
20	Mellanie S. Ibay	Tunasan ES
21	Noemi E. Arcanio	Victoria Homes ES
22	Cecilia B. Cipres	Muntinlupa National HS-Main
23	Julie Ann B. Santos	Muntinlupa Science HS
24	Edward R. Montojo	Muntinlupa Business HS-Main
25	Arturo C. Guim Jr.	Muntinlupa Business HS-Sucac Annex
26	Brigida A. Blanco	Pedro E. Diaz HS
27	Jojit C. De Rama	Poblacion National HS
28	Zealea Jean N. Sabile	Tunasan National HS
29		Cupang SHS

SBFP Feeding Coordinators

No.	Name	School
1	Mrs. Tessie O. Celestino	Tunasan Elementary School
2	Mrs. Nesona E. Odvina	Muntinlupa Elementary School
3	Mrs. Maribel G. Palmera	Putatan Elementary School
4	Mrs. Jean G. Cabil	Bayanan Elementary School-Main
5	Mrs.Cristina C. Mendoza	Bayanan Elementary School – Unit I
6	Mrs. Evelyn T. Llacuna	Cupang Elementary School - Main
7	Mrs. Batsheba Belen D. Limbanganon	Cupang Elementary School - Annes
8	Mrs. Marlene S. Rongavilla	Buli Elementary School
9	Ms. Marilou S. Antipado	Bagong Silang Elementary School
10	Mrs. Marife C. Reyel	Sucat Elementary School – Zone 3
11	Mrs. Lorena E. Estigoy	Sucat Elementary School – Zone 4
12	Mrs. Karent N. Pelarco	Victoria Homes Elementary School
13	Mrs. Sevilla Jalandoni	Poblacion Elementary School
14	Ms.Joshilla O. Juanico	Itaas Elementary School -Main
15	Mrs. Luzviminda P. Azcarraga	Muntinlupa Elementary School
16	Ms. Sujen E. Barrato Mrs. Mariz C. Malle	Lakeview Integrated School
17	Mrs. Jovy A. Benito	F. De Mesa Elementary School
18	Ms. Feninna Christine Mae M. Arciaga	Soldiers Hills Elementary School
	Mrs. Criselda Melanie B. Santiago	Alabang Elementary School - Main
19	Mrs. Joan B. Gay	Filinvest Alabang Elementary School - Main
20	Ms. Mary Anne A. Nofuente	Sucat Elementary School - Main

MENTAL HEALTH COORDINATOR

No.	Name	School
1	MARY LEN F. REMPILLO	Alabang ES
2	ROSALEI R. BINGAYEN	Bagong Silang ES
3	AMIELYN A. DIG	Bayanan ES
4	DESIREE B. ROBLE	Bayanan ES- Unit I
5	MARILOU T. BELLECA	Buli ES
6	CHARITO C. NANDWANI	Cupang ES
7	CHERMAINE R. CALLANTA	Cupang ES- Annex
8	MARICEL R. MUNCADA	F. De Mesa ES
9	RHEA LYN R. DEL ROSARIO	Filinvest Alabang ES
10	CYNTHIA B. BALLA	Itaas ES
11	ANGELICA A. IMPERIAL	Lakeview Integrated School
12	FE V. MALAHITO	Muntinlupa ES
13	JENNIBETH A. MARIANO	Poblacion ES
14	REGGIE L. BITALAC	Putatan ES
15	MARYBETH T. VALDIVIA	Soldiers' Hills ES
16	DARREN BOY B. MARINO	Sucacat ES- Main
17	MAYDELYN N. ZAIDE	Sucacat ES- Annex Zone 3
18	EDA E. CIPRES	Sucacat ES- Annex Zone 4
19	DONESEL P. BAHIAN	Tunasan ES
20	ROWENA L. ACUÑA	Victoria Homes ES
21	CYNTHIA T. MARCA	Muntinlupa National HS- Main
22	BENILDA N. COLLADO	Muntinlupa Business HS- Main
23	IVY M. VIBORA	Muntinlupa Business HS- SA
24	MARICEL G. LUMIO	Muntinlupa Science HS
25	PHERNIE E. ABARCA	Pedro E. Diaz HS
26	AGNES T. GUBATAN	Poblacion National HS
27	MA. LUISA C. PARRABA	Tunasan National HS
28	GINA L. RODRIGUEZ	Cupang SHS

NDEP Coordinator

No.	Name	School
1	Maryjane N. Maldecir	Bayanan Elem. School.- Main
2	Jo-an B. Batoleño	F. De Mesa Elem. School
3	Lydia Terrado	Itaas Integrated School
4	Geovannie Medina	Muntinlupa Elem. School
5	Rhea Rendal	Poblacion Elem. School
6	Catherine Vasol	Putatan Elem. School
8	Jennifer Geronimo	Soldier's Hills Elem. School
9	Rafael Luis Traquiña	Tunasan Elem. School
10	Ma. Diana B. Carmona	Victoria Homes Elem. School
11	Rowena O. Paez	Alabang Elem. School
12	Marife Prado	Bagong Silang Elem School
13	Nennette E. Tanasan	Bayanan Elem. School Unit 1
14	Charmine De Mesa	Buli Elem. School
15	Diona Lyne P. Nava	Cupang Elem. School Main
16	Aireen G. Pablo	Cupang Elem. School Annex
17	Lito T. Evangelista	Filinvest Alabang Elem. School
18	Joel Mendez	Sucac Elem. School Main
19	Jesrael A. Samolde	Sucac Elem. School Zone 3
20	Cresilda L. Catbagan	Sucac Elem. School Zone 4
21	Rea Estiller/Edz Coloma	Lakeview Integrated School
22	Teddy Natividad	Muntinlupa Business HS Main
23	Edilberto Arguelles	Muntinlupa Business HS Main
24	Charlotte Ferrer/Cesca Roquero	Muntinlupa National HS
25	Zyra Nikka Indap	Tunasan National HS
26	Joan Carquez	Pedro E. Diaz HS
27	Aiza Montana	Poblacion National HS
28	Grace Cemanes	Muntinlupa Science HS