



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

MEMORANDUM

**PARTICIPANTS TO THE NATIONAL REFRESHER COURSE FOR DEPED
COACHES ON THE RETURN TO SPORTS**

To: OIC – Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. Attached is DepEd-NCR Memorandum No. 777, dated November 25, 2022, on the above-captioned title, the contents of which are self-explanatory, for the information and guidance of all concerned.
2. Particular attention is invited to paragraph 2 of the said Memorandum.
3. Immediate and wide dissemination of this Memorandum is desired.


CARLEEN S. SEDILLA CESO V
Schools Division Superintendent

Encl: As stated

Reference:

To be indicated in the Perpetual Index
under the following subjects

/TRAININGS

SCHOOLS

TEACHERS

E C E / PARTICIPANTS TO THE NATIONAL REFRESHER COURSE FOR DEPED COACHES ON THE
RETURN TO SPORTS
December 2, 2022

424



 Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,
Muntinlupa City
 (02) 805-9935, (02) 805 - 9940
 sdomuntinlupa@gmail.com



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Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

NOV 28 2022

DNCR-F-ORD-057/RO/07282019

MEMORANDUM

No. **777** s. 2022

To : **Schools Division Superintendents**

FROM : **WILFREDO E. CABRAL, CESO III**
Regional Director

SUBJECT : **Participants to the National Refresher Course for DepEd Coaches on the Return to Sports**

DATE : November 25, 2022

SDO-CITY OF MUNTINLUPA
Received _____
Date 12-1-22
Time 9:00am

Relative to Palarong Pambansa Memorandum dated November 9, 2022 entitled conduct of the National Refresher Course for DepEd Coaches on the return to sports (Batch 1 Luzon Cluster) to be held on December 18-22, 2022 at Teachers Camp, Baguio City. Attached is the list of participants of DepEd-NCR for the aforesaid activity.

Board and Lodging shall be shouldered by the Palarong Pambansa Secretariat Physical Fitness and School Sports fund, while transportation and other miscellaneous expenses shall be charged to local funds, subject to the usual accounting and auditing rules and regulations.

Immediate dissemination of this Memorandum is desired.

essd/lto/22



National Capital Region
NATIONAL REFRESHER COURSE
December 18-22, 2022

ELEMENTARY	Event	Name	Division	Email Address	Contact No.
Swimming		Fe A. Menciano	DSC-Paranaque	fe.menciano001@deped.gov.ph	9173059919
		Danilo Manansala	Muntinlupa	danilo.manansala003@deped.gov.ph	9089049556
		Reggie E. Pascual	Caloocan	reggie.pascual001@deped.gov.ph	9299575032
Athletics		Efleda F. Enerlas	Muntinlupa	efleda.enerlas001@deped.gov.ph	9218700351
		Rudito B. Cagatin	Quezon City	rudito.cagatin001@deped.gov.ph	9192870480
		ARVIN LARK SANTIAGO	Marikina	arvinlark.santiago@deped.gov.ph	9459819571
Football		Marben D. Jordan	Makati	marben.jordan@deped.gov.ph	9257133979
		Frankie R. Guardian	Mandaluyong	frankie.gurdian@deped.gov.ph	9293496611
		Glenn L. Guediano	Pasig	glenn.guardiano001@deped.gov.ph	9425973345
Badminton		ROBERT M. GAMIER	Marikina	robert.gamier@deped.gov.ph	9190992883
		ANRILO RUIZ	Navotas	anrilo.ruiz@deped.gov.ph	9217156513
		ROY DAN R. PIDO	DSO-San Juan	roydan.pido@deped.gov.ph	9672248885
Arnis		CYENDY S. MANDAPAT	Malabon	cyendy.mandapat@deped.gov.ph	9171326396
		SEDRICK NATALIO	Navotas	sedrickmark.natalio@deped.gov.ph	9281755974
		ALBERTO D. VILLAMOR	DSO-Marikina	alberto.dvillamor@deped.gov.ph	9175809755
Tennis		RALPH EMERSON S. PASCUA	Las Pinas	ralph.pascua@deped.gov.ph	9165489254
		MARIBETH L. FULO	Valenzuela	maribeth.fulo@deped.gov.ph	9338202684
		DESIREE C. DIDULO	Pasig	desiree.didulo@deped.gov.ph	9272751628
Basketball		BEATRIZ M. ACADEMIA	Malabon	beatriz.academia@deped.gov.ph	9260597824
		MARV ANGEL REYES	Navotas		9606539011
		Jay T.M. Inocencio	Mandaluyong	jayt.inocencio@deped.gov.ph	9322840768
Softball		ALVIN B. ESPLANADA	Valenzuela	alvin.esplanada001@deped.gov.ph	9284798219
		VIRGILIO A. CRUZ JR.	Pasig	virgilioa.cruz@deped.gov.ph	9182235097
		Ruby F. Ronda	TaPat	ruby.ronda001@deped.gov.ph	9217727661
Taekwondo		Maria Leanne P. Dullesco	Makati	leannedullesco@deped.gov.ph	9171078718
		REVEL B. ROSARIO	Pasig	revel.rosario001@deped.gov.ph	9555810126
		Lawrence Jay Secilla	DSO-Makati	lawrence.secilla@deped.gov.ph	9998876095

Basketball	Adrian B Verano	Manila	adrian.verano001@deped.gov.ph	9656300947
	Ferdinand Joseph S. Fabia	Quezon City	ferdinand.fabia001@deped.gov.ph	9223726781
	Amalia F. Beldia	TaPat	amalia.beldia003@deped.gov.ph	9694287204
	Luisito DJ Macablog	Marikina	luisito.macablog@deped.gov.ph	9179040297
Softball	Edison C. Enerlas	DSO-Muntinlupa	edison.enerlas001@deped.gov.ph	9125099143
	Emmanuelito A. Llave	Manila	Emmanuelito.Llave@deped001.gov.ph	9125445124
	Jennifer Fajardo	Quezon City	jennifer.fajardo001@deped.gov.ph	9357819036
	Michael James D. Darlag	Valenzuela	michael.darlag@deped.gov.ph	9434664535
Wrestling	Salvador A. Gaban Jr	DSO-Valenzuela	salvador.gaban01@deped.gov.ph	9233720460
	Alvin Dimaculangan	Muntinlupa	alvin.dimaculangan@deped.gov.ph	9275323769
	Gemma Silverio	Mandaluyong	gemma.silverio001@deped.gov.ph	9155207305
	Elsie D. Panganiban	Paranaque	elsie.panganiban001@deped.gov.ph	9694867486
Taekwondo	Mary Mae N. Enriquez	Paranaque	marymae.enriquez@deped.gov.ph	9177311764
	Junbeth B. Santos	Pasey	junbeth.santos001@deped.gov.ph	9557332082
	Rex A. Ado	DSO-Mandaluyong	rex.ado@deped.gov.ph	9173287329
	Catherine T. Galvez	Caloocan	catherine.galvez009@deped.gov.ph	9952592063
Archery	Rosellito A. Queja	Manila	rosellito.queja@deped.gov.ph	9613731245
	Jose Orlando Balaoro	Paranaque	joseorlando.balaoro@deped.gov.ph	9703223639
	Loida T. Selga	QC	loida.selga002@deped.gov.ph	9613118942
	MA. MAGDALENA B. TENGSON	Malabon	mamagdalena.tengson@deped.gov.ph	9603431392
Archery	Marianne Kristine N. Arana	QC	mariannekristine.arana@deped.gov.ph	9334954584
	Crispin c Glimena	Manila	crispin.glimena001@deped.gov.ph	9197183447
	Analisa Canales Delos Santos	TaPat	analisa.cales@deped.gov.ph	9994873803
	Ma. Lourdes M. Bacerra	Makati	malourdes.bacerra@deped.gov.ph	9999982668
Archery	Lorena F. Sayo	Las Pinas	lorena.sayo@deped.gov.ph	9477427566
	Amel M. Peralta	DSO-Quezon City	amel.peralta001@deped.gov.ph	9674673755

SECONDARY				
Event	Name	Division	Email Address	Contact No.
Swimming	Maricar A. Convencido	Quezon city	maricar.convencido@deped.gov.ph	9175464252
	JOSEPH G. GALLOS	San Juan	joseph.gallos@deped.gov.ph	9183963187
	Jessy Sulapas	Manila	jessy.sulapas@deped.gov.ph	9753021731
	Michael Kumayingking	Las Pinas	michael.kumayingking@deped.gov.ph	
Boxing	Juanito Mortega	Mandaluyong	juanito.mortega@deped.gov.ph	9606216780
	Dwyne Domingo	Muntinlupa	dwyne.domingo@deped.gov.ph	9088819374
	EMMANUEL A. ABONAL	Paranaque	emmanuel.abonal001@deped.gov.ph	9177330156
	JUANITO A. PAREDES JR	PASIG	juanito.paredesjr@deped.gov.ph	9184051187
Athletics	Brecilda M. Delosa	TaPat	brecilda.delosa@deped.gov.ph	9566989733
	Pedro D. Gloriani	Pasay/DSO	pedro.gloriani@deped.gov.ph	9472815930
	Ariel P. Villar	DSO-Caloocan	ariel.villar@deped.gov.ph	9276328570
	Randy F. Tilbe	Mandaluyong	randy.tilbe001@deped.gov.ph	9171490799
Football	Ruben F. Roque	TaPat	ruben.roque005@deped.gov.ph	9958874478
	LOURIVIE NABUAB	Navotas	lourivie.nabuab001@deped.gov.ph	9434253409
	Rodel C. Magsino	DSO-TaPat	rodel.magsino001@deped.gov.ph	9486128778
	Jeanie Rose G. Celi	Manila	jeanierose.celi@deped.gov.ph	9456101770
Badminton	Joel Viana	QC	joel.viana@deped.gov.ph	9326329968
	Edilberto Arguelles	Muntinlupa	edilberto.arguelles@deped.gov.ph	9166442903
	Fatima F. Yusingbo	DSO-Las Pinas	fatima.yusingbo@deped.gov.ph	9266849901
	Ericson S. Caddauan	TaPat	ericson.caddauan@deped.gov.ph	9275292650
Arnis	Karl Eddie T. Malabanan	Manila	karlddie.malabanan@deped.gov.ph	9606877528
	Jesrick M. Esto	Malabon	estojesrick@gmail.com	9062043065
	Jerry D. Lazaro	Sa Juan	jerry.lazaro001@deped.gov.ph	9213143360
	Edison M. Advincula	Valenzuela	edison.advincula@deped.gov.ph	9322600425
Tennis	Reignerose M. Esquierra	Pasig	reignerose.esquierra001@deped.gov.ph	9776261650
	Teresa C. Arias	Navotas	teresa.arias001@deped.gov.ph	9255141331
	Jonathan M. Mejerito	Mandaluyong	jonathan.mejerito@deped.gov.ph	9218942950
	Rodley U. Perez	Manila	rodley.perez001@deped.gov.ph	9773045451
Tennis	Leah S. Cayetano	Marikina	leah.cayetano@deped.gov.ph	9156238795
	Ma. Rosario T. Catorce	Quezon City	rosario.catorce@deped.gov.p	9213239624
	Rhonald Rey M. De Vera	DSC-Manila	rhonald.devera@deped.gov.ph	9178221238



PALARONG PAMBANSA SECRETARIAT

Department of Education
Philippine Sports Commission
Department of Interior and Local Government



PALARONG PAMBANSA MEMORANDUM

PPS 2022-001

TO : **Regional Directors**
Schools Division Superintendents
Regional/Division Sports Officers
School Heads
All others concerned

FROM : **FRANCIS CESAR B. BRINGAS**
Assistant Secretary, Governance and Field Operations
Secretary-General, Palarong Pambansa

SUBJECT : **CONDUCT OF THE NATIONAL REFRESHER COURSE FOR DEPED COACHES ON THE RETURN TO SPORTS (BATCHES 1 AND 2)**

DATE : **09 November 2022**

Pursuant to DepEd Order No. 43, s. 2016 entitled *Implementing Rules and Regulations of the Republic Act 10588 or the Palarong Pambansa Act of 2013*, the Palarong Pambansa Secretariat shall provide support services to the Palarong Pambansa Board and shall perform other sports-related activities leading to the Palarong Pambansa, as provided in Section 10, Rule II of the therein enclosed IRR of the Palarong Pambansa Act of 2013.

In view of this, this Office through the Palarong Pambansa Secretariat (PPS), shall conduct the **National Refresher Course for DepEd Coaches on the Return to Sports** on the following clusters, and the corresponding dates and venues:

Cluster	Date & Venue	First Meal	Last Meal
I: Luzon	December 18-22, 2022 Baguio Teachers' Camp, Baguio City	Dinner, December 17	PM Snack, December 22
II: VisMin	December 10-14, 2022 Naga City Division, Cebu	Dinner, December 9	PM Snack, December 14

The Refresher Course aims to orient participants on the new policies and guidelines on the return to sports; apprise them on how to shape safe and healthy playing environment; and provide updates on the current trends in sports coaching.

The target participants are DepEd coaches, department/school heads, sports club coordinators, and sports officers currently handling sports/varsity teams and/or managing sports programs. The participants must meet the following qualifications/requirements to participate to the activity:

- Must be physically fit. Pregnant women are discouraged to participate;
- Equipped with the knowledge and expertise of the sports; and
- Must be handling sports/varsity team and/or managing sports programs.

① Address: M-506 5th flr. Mabini Bldg DepEd Central Office, Meralco Avenue, Pasig City
② Telephone No: (02) 86381790
③ Email Address: palarong.pambansa@deped.gov.ph



PALARONG PAMBANSA SECRETARIAT

Department of Education
Philippine Sports Commission
Department of Interior and Local Government



The regional offices are encouraged to send seven participants each based on the breakdown per sport listed below.

Sports Events	Number of Participants	
	Elementary	Secondary
1. Swimming	3	4
2. Boxing	3	4
3. Athletics	3	4
4. Football	3	4
5. Badminton	3	4
6. Arnis	3	4
7. Tennis	3	4
8. Basketball	3	4
9. Softball	3	4
10. Wrestling	3	4
11. Taekwondo	3	4
12. Archery	3	4

Further, the regional offices shall submit the list of official participants, including their respective school division office and valid email address (preferably official DepEd email address) **on or before November 25, 2022** to the *Palarong Pambansa* Secretariat through email address palorong.pambansa@deped.gov.ph.

Only participants included in the list submitted by the regional offices shall be provided with the online registration link to be sent to their respective email addresses by the *Palarong Pambansa* Secretariat.

The participants are enjoined to actively participate and complete the Refresher Course from the first to the last day of the activity. Failure to complete the course will result to non-issuance of the training certificate.

Participants are likewise encouraged to bring their personal sports equipment/implements such as rackets, arnis sticks, among others.

In observance of and compliance to DepEd Order No. 34, s. 2022 entitled *School Calendar and Activities for the School Year 2022-2023*, the schools division offices, through the school heads, shall ensure that a substitute teacher will take over the class in the absence of their respective teaching personnel who will participate to the Refresher Course to prevent disruption of classes.

Expenses such as food and accommodation, and travel expenses of the personnel of the *Palarong Pambansa* Secretariat and other support staff shall be charged against Physical Fitness and School Sports Fund, while travel expenses of the participants shall be charged against their respective MOOE/local funds, subject to the usual accounting and auditing rules and regulations.

For more information and clarifications, you may contact the *Palarong Pambansa* Secretariat at telephone number (02) 8638-1790 or through email address palorong.pambansa@deped.gov.ph.

For information and guidance.

- 📍 **Address:** M-506 5th flr. Mabini Bldg DepEd Central Office, Meralco Avenue, Pasig City
- ☎ **Telephone No:** (02) 86381790
- ✉ **Email Address:** palorong.pambansa@deped.gov.ph