



Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION  
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

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FEB 23 2023

**Advisory No. 069, s. 2023**

February 23, 2023,

In compliance with DepEd Order No. 8, s. 2013  
This advisory is issued for the information of DepEd officials,  
personnel/staff, as well the concerned public.

**2023 NATIONAL MILO MARATHON**

Attached is a Letter from CARLO SAMPAN, AVP-Head of MILO Sports, dated February 17, 2023, re: 2023 NATIONAL MILO MARATHON, the contents of which are self-explanatory, for the information and guidance of all concerned.

Participation of public and private schools shall be subject to the No-Disruption-of-Class Policy of the Department, stipulated in DepEd Order No. 9, s. 2005, entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

Moreover, schools are reminded of the "No Collection and No selling of Tickets Policy" stipulated in DepEd Order Nos. 19 and 40, s. 2008 and RA Nos. 4206 and 5546.

**NERISSA ROXAS-LOMEDA PhD**  
OIC-Assistant Schools Division Superintendent

ECE/ 2023 NATIONAL MILO MARATHON  
February 23, 2023 /069

AD-2023-069



🏠 Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,  
Muntinlupa City  
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✉️ sdo.muntinlupa@gmail.com



Nestlé Philippines, Inc.

ADMINISTRATIVE OFFICE:

NESTLÉ CENTER  
31 PLAZA DRIVE  
ROCKWELL CENTER  
MAKATI CITY 1200

PHONE : (632) 756-30-01; (632) 898-00-01  
FAX :



YOUR REF:

OUR REF:

**Date: February 17, 2023**

**Name: Ms. Carleen S. Sedilla, CESO V**  
**Schools Division Superintendent**

Through

**Name: Edison Enerlas**  
**Education Program Supervisor – MAPEH**

**Department of Education**  
**Muntinlupa City**



**Dear Ms. Sedilla,**

Greetings in the name of building next generation Champions!

It is with honor to present to your good office a partnership opportunity for health, fitness and physical welfare of Filipino families, including our learners. As MILO celebrates its 59th year in the Philippines, the most trusted name in nutritious drink shares its heritage and success with you as we renew our commitment to build a strong nation of champions through our line-up of sports programs. It is for this reason that we are requesting once again DepEd's endorsement for our sports programs in 2023 detailed below.

**National MILO® Marathon**

Starting nearly four decades ago, the MILO Marathon made its mark in the Philippines by being the first marathon to be considered a major national sports event. To this day, it remains the grandest, most prestigious running competition in the country.

Now on its 44thth edition, the MILO Marathon will be running the qualifying races in seventeen (13) cities nationwide with one. There will be four categories for the regional races (3K, 5K, 10K and 21K) and five (3K, 5K, 10K, 21K and 42K) categories for the Manila. We are expecting a total of 30,000 runners where about seventy percent (70%) are student runners. The MILO Marathon will kick-off on March 26, 2023 at the Mall of Asia Complex in Pasay City, and will be followed by the two other races in Batangas on May 28, 2023 and in Cagayan de Oro on Oct. 29, 2023.

**MILO Champ Camp**

A program co-created with DepEd where teachers and coaches prepare sports modules to help students without disrupting classes. Student engagement includes sports module on fundamentals in different sports, in partnership with our sports clinics partners. Parents are also invited to a nutritional talk with registered nutritionists for added learning and appreciation of the . This program is set to be implemented from June to November.

For more details, please log-on to [www.milo.com.ph](http://www.milo.com.ph) or you may contact any of the following contact details:

**Daniel Pascual**

MILO Sports Regional Coordinator  
Ace Promotion Marketing Corporation  
0991-3573002  
[danielpascual.milo.ph@gmail.com](mailto:danielpascual.milo.ph@gmail.com)

**Carlo Sampan**

MILO Sports Executive  
NESTLE Philippines Inc.  
0917-5323626  
[Johncarlo.sampan@ph.nestle.com](mailto:Johncarlo.sampan@ph.nestle.com)

We hope to gain your support for our programs as we continue to help build champions through the promotion of sports and a healthy, active lifestyle.

Very truly yours,



**CARLO SAMPAN**  
AVP-Head of MILO Sports

# 2023 NATIONAL MILO MARATHON

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ACTIVE  
PILIPINAS



# NATIONAL MARATHON



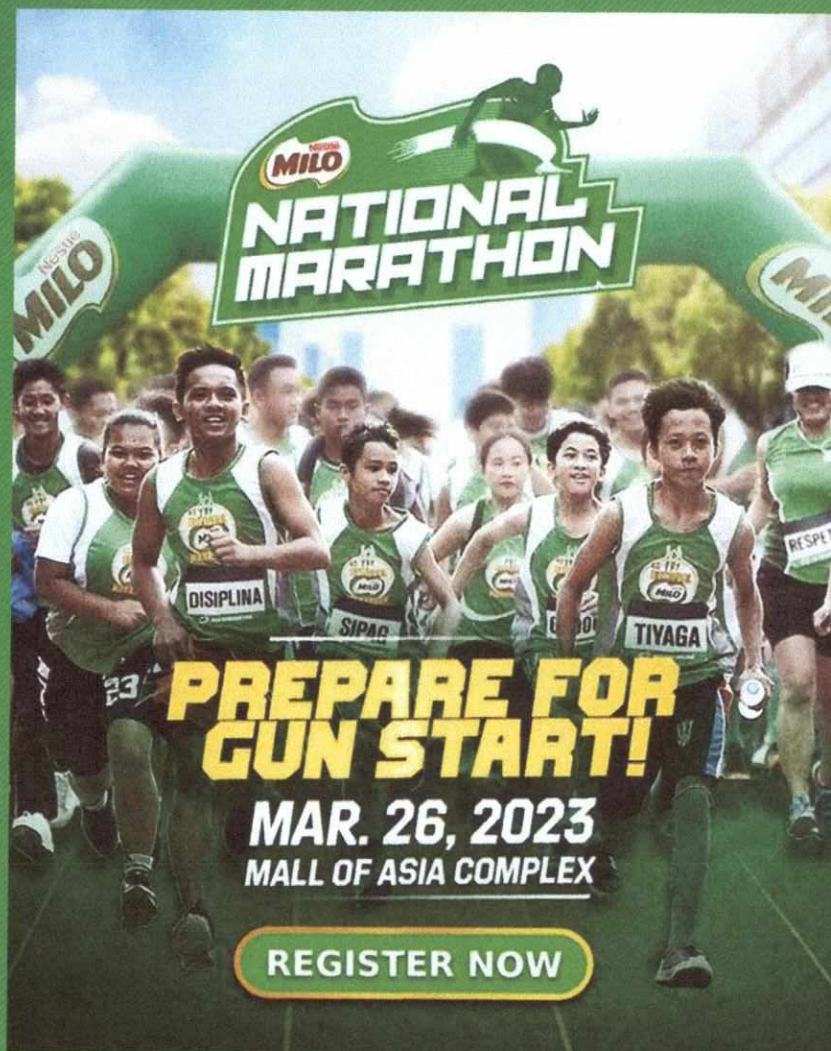


# RACE DETAILS





## MANILA RACE



March 26, 2023



Block 16 Mall of Asia



3K/5K/10K//21K/42K



# GUNSTART & CUT OFF TIMES



CATEGORY	GUNSTART	CUT OFF TIME
3K	5:30 AM	1 Hour
5K	5:35 AM	1 Hour
10K	5:00 AM	2 Hours
21K	3:30 AM	4 Hours
42K	2:00 AM	7 Hours







# RACE MATERIALS



# RACE BIBS



# RACE SINGLET



42K



21K

# RACE SINGLET



10K



5K

# RACE SINGLET



3K

# CERTIFICATES

**FINISHER'S CERTIFICATE**

**ACTIVE RUNNING NATIONAL MARATHON**

This is to certify that \_\_\_\_\_

finished \_\_\_\_\_ overall, with a time of \_\_\_\_\_ in the 42.195KM run of the 2023 National MILO® Marathon.

Given this \_\_\_\_\_ day of \_\_\_\_\_ 2023.

**42.195 KM**  
FULL MARATHON

**MILO**

*Rio de la Cruz*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

*Carlo Sampan*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

**FINISHER'S CERTIFICATE**

**ACTIVE RUNNING NATIONAL MARATHON**

This is to certify that \_\_\_\_\_

finished \_\_\_\_\_ overall, with a time of \_\_\_\_\_ in the 21KM run of the 2023 National MILO® Marathon.

Given this \_\_\_\_\_ day of \_\_\_\_\_ 2023.

**21KM**  
HALF MARATHON

**MILO**

*Rio de la Cruz*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

*Carlo Sampan*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

**FINISHER'S CERTIFICATE**

**ACTIVE RUNNING NATIONAL MARATHON**

This is to certify that \_\_\_\_\_

finished \_\_\_\_\_ overall, with a time of \_\_\_\_\_ in the 10KM run of the 2023 National MILO® Marathon.

Given this \_\_\_\_\_ day of \_\_\_\_\_ 2023.

**10KM**

**MILO**

*Rio de la Cruz*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

*Carlo Sampan*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

**FINISHER'S CERTIFICATE**

**ACTIVE RUNNING NATIONAL MARATHON**

This is to certify that \_\_\_\_\_

participated in the 5KM run of the 2023 National MILO® Marathon.

Given this \_\_\_\_\_ day of \_\_\_\_\_ 2023.

**5KM**

**MILO**

*Rio de la Cruz*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

*Carlo Sampan*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

**FINISHER'S CERTIFICATE**

**ACTIVE RUNNING NATIONAL MARATHON**

This is to certify that \_\_\_\_\_

participated in the 3KM run of the 2023 National MILO® Marathon.

Given this \_\_\_\_\_ day of \_\_\_\_\_ 2023.

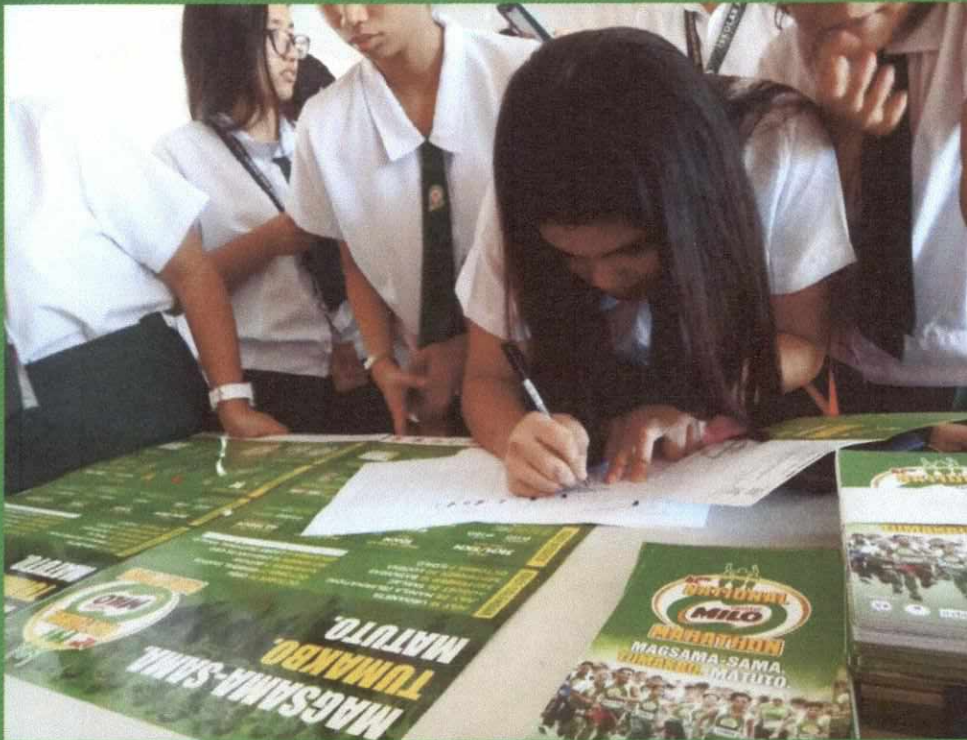
**3KM**

**MILO**

*Rio de la Cruz*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

*Carlo Sampan*  
Head of MILO® Sports  
Nestlé Philippines, Inc.

# SCHOOL REGISTRATION TIMELINE



DATES	ACTION PLAN
Week of February 13	Coordination with DEP ED Briefing of School Team
Feb. 20- March 10	School to School Registration
March 13- 17	Distribution/ Delivery of Race kits

# REGISTRATION JOURNEY (SCHOL TO SCHOOL)



## ONSITE REGISTRATION

Runrio School Team have an onsite registration on the schedule provided by the School Principal or Sports Coordinator.

## BULK REGISTRATION

Teachers to submit the filled up registration forms on their given deadline. Runrio to collect and schedule a delivery



# 42K ROUTE



# 21K ROUTE



21 KILOMETER



# 10K ROUTE



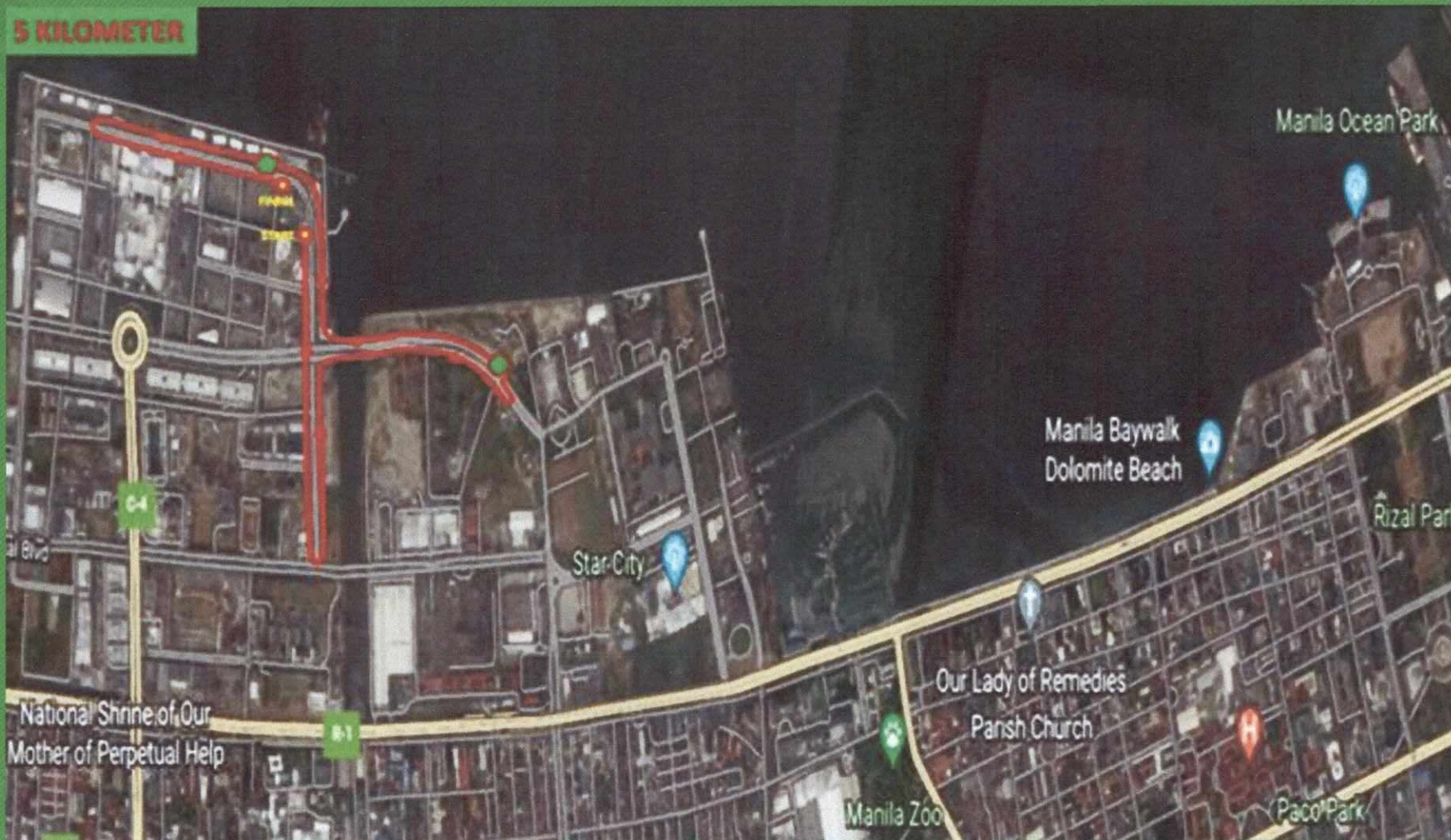
10 KILOMETER



# 5K ROUTE



5 KILOMETER



# 3K ROUTE

3 KILOMETER



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This presentation must be returned to RUNRIO INC. upon request.

Presented on \_\_\_\_\_, 2022



**THANK YOU**

For inquiries, email us at [info@runrio.com](mailto:info@runrio.com)

