



Republic of the Philippines  
Department of Education  
National Capital Region  
Schools Division Office – Muntinlupa City

Office of the Schools Division Superintendent

MEMORANDUM

MAR 07 2024

**LESSON EXEMPLARS FOR CATCH-UP FRIDAYS**


To: Assistant Schools Division Superintendent  
Chief Education Supervisor, CID  
OIC-Chief Education Supervisor, SGOD  
Public Schools Heads/ OICs  
All Others Concerned

1. Attached is Regional Memorandum No. 154, s. 2024, on the above-captioned title, the contents of which are self-explanatory for the information and guidance of all concerned.
2. List of SDO assignments is attached, for your reference.
3. Immediate dissemination of this Memorandum is desired.

For:

**EVANGELINE P. LADINES, CESO V**  
Schools Division Superintendent

By:

  
**VIOLETA M. GONZALES, CESO VI**  
Asst. Schools Division Superintendent  
Officer-inCharge  
Office of the Schools Division Superintendent

Enclosure: As stated  
Reference: RM-2024-154  
To be indicated in the Perpetual Index  
under the following subjects:  
RESOURCES TEACHERS  
EFF/DM/Lesson Exemplars for Catch-Up Fridays

UN-2024-077



Student Center for Life Skills Bldg., Centennial Ave, Brgy. Tunasan, Muntinlupa City

8805-9935, 8805-9940



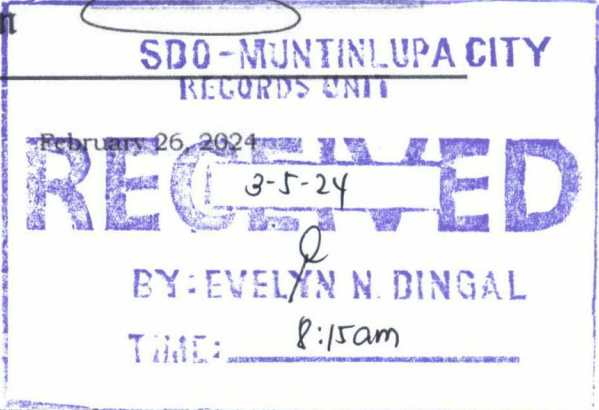
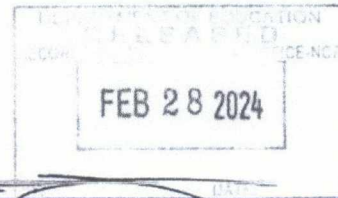
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Republic of the Philippines  
**Department of Education**  
 NATIONAL CAPITAL REGION



**REGIONAL MEMORANDUM**  
 No. 154, s. 2024

**To:** Schools Division Superintendents  
 Division Chiefs  
 All Others Concerned

**LESSON EXEMPLARS FOR CATCH- UP FRIDAYS**

1. In support of the MATATAG Agenda, the Department of Education - National Capital Region (DepEd- NCR) is committed to providing technical assistance to the teachers in the effective execution of Catch-Up Fridays. To facilitate this, the Region will engage in the development and distribution of lesson exemplars (LEs).
2. The lesson exemplars are designed for teachers' use and serve as a guide for lesson preparation. Teachers are strongly encouraged to contextualize the materials based on the diverse needs of their learners.
3. In view of this, School Division Offices (SDOs) are tasked with developing lesson exemplars for designated grade levels, following the provided format. These exemplars should include links to accessible resources for teachers. Regional and Division Supervisors of the learning areas shall review and check the lesson exemplars before submitting it to their respective Chiefs for approval. The SDO Learning Resource Management Section (LRMS) Supervisors shall upload the LEs to the link provided every Monday and shall also facilitate the distribution for utilization. The Regional LRMS Supervisor on the other hand, shall provide regular updates on the availability of the materials in the drive.
4. Discussions on the utilization of the provided lesson exemplars shall take place during collaborative expertise sessions, allowing for modifications and adjustments to enhance lesson delivery.
5. Attached is the list of SDO assignments, for your reference.
6. For feedback and suggestions re: improvement of the prepared lesson exemplars, kindly email [clmd.ncr@deped.gov.ph](mailto:clmd.ncr@deped.gov.ph).
7. Immediate dissemination of this Memorandum is desired.

**JOCELYN DR ANDAYA**  
 Director IV

Encl.: As stated  
 Reference:  
 To be indicated in the Perpetual Index



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Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION

**SDO ASSIGNMENT**

Grade Level	SDO in-charge
1	Caloocan City
2	Las Piñas City
3	Mandaluyong City
4	Makati City
5	San Juan City
6	Pasig City
7	Quezon City
8	Manila
9	Valenzuela City
10	Paranaque City
11	Muntinlupa City
12	Marikina City

*Note:*

*SDO Taguig City and Pateros, Navotas City, Pasay City and Malabon City are in-charge of providing NAT and PISA- like test to be used as formative assessment and will serve as familiarization materials for the learners in the region.*



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