



Republic of the Philippines
Department of Education
National Capital Region
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

APR 17 2024

Advisory No. 086, s. 2024
April 11, 2024

In compliance with DepEd Order (DO) No. 8, s. 2013
This advisory is issued not for endorsement per (DO) 28, s. 2001,
but only for the information of DepEd officials,
personnel/ staff, as well as the concerned public.
(Visit www.depedmuntinlupa.ph)

PERCEPTIONS OF PRIMARY CARERS, SPECIAL EDUCATION TEACHERS AND ADMINISTRATORS ON THE PROMOTION OF ACTIVE HEALTHY LIFESTYLE AMONG FILIPINO CHILDREN WITH DISABILITIES: A MIXED METHODS STUDY

Attached is an invitation letter from University of the Philippines Manila, College of Allied Medical Professions, dated March 15, 2024, re: **Perceptions of Primary Carers, Special Education Teachers and Administrators on the Promotion of Active Healthy Lifestyle Among Filipino Children with Disabilities: A Mixed Methods Study**, contents of which are self-explanatory, for the information and guidance of all concerned.

The target participants are SPED teachers, teachers with Learners with Special Education Needs, (LSEN) and administrators from public and private schools.

Participation of public and private schools shall be subject to the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s. 2005 entitled Instituting Measures to increase Engaged Time-on-Task and Ensuring Compliance Therewith.

Moreover, schools are reminded of the “No Collection and No Selling of Tickets Policy” stipulated in DepEd Order Nos. 19 and 40, s. 2008 and RA Nos. 4206 and 5546.


EVANGELINE R. LADINES CESO V
Schools Division Superintendent

GAA / Perceptions of Primary Carers, Special Education Teachers and Administrators on the Promotion of Active Healthy Lifestyle Among Filipino Children with Disabilities: A Mixed Methods Study
086 April 11, 2024

AD-2024-086



🏠 Student Center for Life Skills Bldg., Centennial Ave, Brgy. Tunasan,
Muntinlupa City
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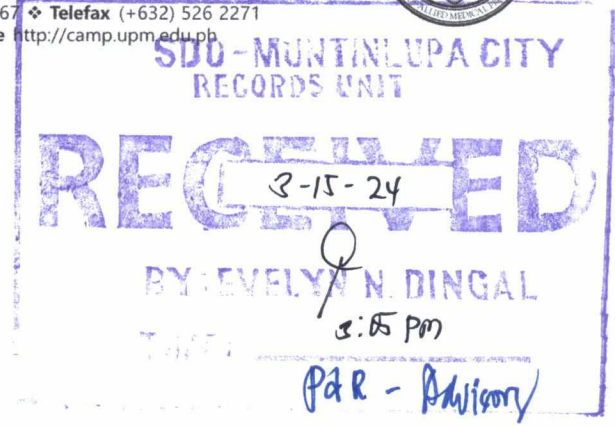
University of the Philippines Manila
The Health Sciences Center
COLLEGE OF ALLIED MEDICAL PROFESSIONS



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15 March 2024

Evangeline P. Ladines, CESO V
Schools Division Superintendent
Department of Education - Muntinlupa City



Dear Ma'am Ladines,

Greetings!

We are a team from the College of Allied Medical Professions, University of the Philippines Manila (UP CAMP) currently conducting research entitled "Perceptions of primary carers, special education teachers and administrators on the promotion of active healthy lifestyle among Filipino children with disabilities: A mixed methods study." The purpose of this study is to explore the perceptions of key sources of influence (i.e., primary carers and special education [SPED] teachers and administrators) regarding the importance of and their behavior in promoting active lifestyle among CWD.

We hope to recruit teachers and school administrators who attend to the learning needs of CWD, particularly through SPED or inclusive education. Recruited participants will answer a survey tool and consenting survey respondents will be invited for a focus group discussion. Data gathered will be made available only to the researchers of the study. It will be kept private and confidential by securing the data in a passcode-protected computer drive accessible only to the researchers and possibly a research assistant.

In line with this, may we ask for your permission to post our participant recruitment advertisement in your school/organization bulletin/social media accounts?

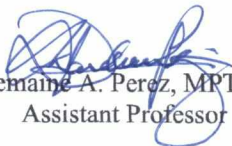
Please find submitted with this letter our recruitment poster, a copy of our survey, and our interview guide for the focus group discussions. You may also access the poster through this [link](#), and the survey through the URL links or QR codes in the poster. The study is approved for implementation by the UP Manila Research Ethics Board [UPMREB 2022-0157-01]. For questions or clarifications, please contact me through any of the following:

Email: yypalad@up.edu.ph
Mobile. and Viber No.: +63 917 630 0407

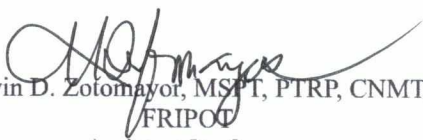
We would greatly appreciate your help in disseminating our advertisement.

Sincerely,


Yves V. Palad, EdD
Assistant Professor


Charlemagne A. Perez, MRT, PTRP
Assistant Professor


Gabriella R. Tablante, PTRP
Instructor


Marvin D. Zolomayor, MSPT, PTRP, CNMT,
FRIPOT
Assistant Professor

2024-3-15-98
MAR-2024-318

Appendix A: Recruitment Posters

CALL FOR SURVEY RESPONDENTS!

Let us know what you think about physical activity for children with disabilities by answering our survey!

PROMOTING ACTIVE LIFESTYLE AMONG CHILDREN WITH DISABILITY (PALS) QUESTIONNAIRE

If you are:

- **18 years of age or older,**
- A **primary carer** (e.g. parent, guardian, hired caregiver) of a child with disability, or
- A **SPED teacher or administrator** who is in **active service,**

We invite you to answer the PALS questionnaire by accessing the link or scanning the QR code that applies to you. Please contact the primary investigator if you would prefer to answer a physical copy of the form.

SPED EMPLOYEE

tinyurl.com/spedsurvey23



PRIMARY CARER

tinyurl.com/primsurvey23



NOTE: You are free to withdraw from the study at any point without consequences to you.

RESEARCH OBJECTIVES

To explore the perceptions of Filipino primary carers and SPED teachers and administrators, about the importance of and their behavior in promoting the active lifestyle of children with disabilities

CONTACT INFORMATION

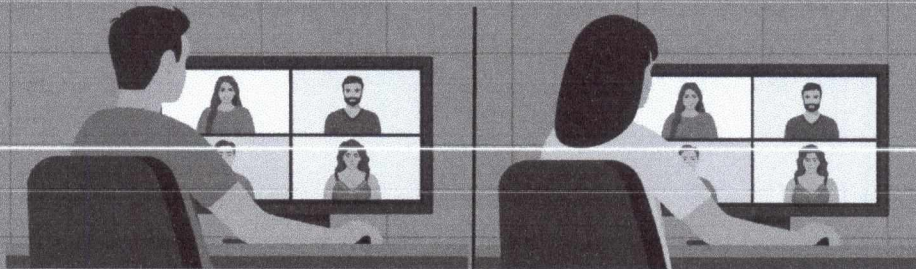
For any questions or concerns, please contact the primary investigator:

Yves Y. Palad
yypalad@up.edu.ph
Tel. No.: 0285267125 / 0285245113
Pedro Gil Street, Malate, Manila




We would like to hear from you!

Join us for a **focus group discussion** on promotion of physical activity for children with disabilities!



QUALIFICATIONS

- 
- **18 years of age or older,**
 - A **primary carer** (e.g. parent, guardian, hired caregiver) of a child with disability, or
 - A **special education teacher or administrator** who is in **active** service

The FGD will be conducted **online** through a secured video conferencing platform and will last for **at most one (1) hour**.

The schedule of the FGD **will be sent to you** through the contact details that you will be providing in the **registration form** below.

CONTACT INFORMATION

For any questions or concerns, please contact the primary investigator:

Yves Y. Palad
yypalad@up.edu.ph
Tel. No.: 0285267125 / 0285245113
Pedro Gil Street, Malate, Manila

REGISTER HERE

tinyurl.com/fgdregister23



Appendix B: List of Participating Schools

1. Alabang Elementary School
2. Muntinlupa Elementary School
3. Soldier Hills Elementary School
4. Public SPED High School
5. Private SPED School
6. Kennedy International School
7. The Birthright Educators Foundation