



Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

APR 04 2024

MEMORANDUM

**NATIONAL TRYOUT INVITATION FOR ATHLETICS AND
SWIMMING FOR THR 13TH ASEAN SCHOOLS GAMES(ASG)**

To: OIC – Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public/Private Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. Attached is DepEd-NCR Memorandum No. 277 s. 2024, dated March 26, 2024, on the above-captioned title, the contents of which are self-explanatory, for the information and guidance of all concerned.
2. Particular attention is invited to paragraphs 3 and 4 of the said Memorandum.
3. Please see the attached list of recommended student-athletes and technical officials.
4. Immediate and wide dissemination of this Memorandum is desired.


EVANGELINE P. LADINES, CESO V
Schools Division Superintendent

Encl: As stated
Reference:
To be indicated in the Perpetual Index
under the following subjects

/TRAININGS	SCHOOLS	TEACHERS	ACTIVITY
E C E/ NATIONAL TRYOUT INVITATION FOR ATHLETICS AND SWIMMING FOR THR 13 TH ASEAN SCHOOLS GAMES(ASG)			

114
April 2, 2024

UN-2024-114

114



Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,
Muntinlupa City
(02) 805-9935, (02) 805 - 9940
sdomuntinlupa@gmail.com





Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION

DEPARTMENT OF EDUCATION
RELEASED
 RECORDS SECTION, REGIONAL OFFICE-NCR
 APR 01 2024
 SDO - NCR - PASIG CITY
 DATE:

RECEIVED
 4-2-24
 BY: EVELYN N. DINGAL
 TIME: 7:30am

REGIONAL MEMORANDUM
 ORD-2024- 277

TO : SCHOOLS DIVISION SUPERINTENDENTS CONCERNED
 DIVISION SPORTS OFFICERS

FROM : OFFICE OF THE REGIONAL DIRECTOR

SUBJECT : NATIONAL TRYOUT INVITATION FOR ATHLETICS AND
 SWIMMING FOR THE 13th ASEAN SCHOOLS GAMES (ASG)

DATE : March 26, 2024

1. In reference to the attached Memorandum OUOPS 2024-10-01889 dated March 6, 2024 from Atty. Revsee A. Escobedo, Undersecretary for Operations, the Schools Divisions concerned are hereby informed of the participation of the Philippines through the Department of Education in the **13th ASEAN Schools Games (ASG) from May 31 to June 9, 2024 in Da Nang Vietnam.**

2. The ASG is an annual sports competition organized under the ASEAN Schools Sports Council and participated in by secondary school students from its ten (10) member-countries. It aims to promote ASEAN solidarity in our youth through school sports and provide opportunities for student-athletes to showcase their talents and skills in sports.

3. In this connection, the DepEd Bureau of Learner Support Services – School Sports Division, will conduct a **National Try-Out Invitation for Athletics and Swimming** for the **13th ASG** from **April 9-11, 2024** in **PHILSPORTS Ultra Track and Field Oval and Swimming Pool, Pasig City**. The qualifications for the participating student-athletes and other related information are contained in the General Information of the attached Memorandum.

4. The Division Sports Officers concerned shall submit its entries by accomplishing the application e-forms which can be accessed thru the link bit.ly/asg2024tryoutregform (Microsoft Account Required) on or before **April 4, 2024**. Likewise, the entries for the Swimming event may be submitted to Danilo Anore at email dannvanore@gmail.com on or before **April 4, 2024**.

5. Participation of selected student-athletes and technical officials are subject to the existing DepEd policies, rules and regulations. Attached are the List of Student-Athletes and Technical Officials, for reference.





Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

6. Expenses to be incurred for food and accommodation of participants including travel expenses of technical officials, schools sports selection group and members of the working committees shall be charged to the 2023 Physical Fitness and School Sports (PFSS) continuing funds, while the traveling expenses of the regional sports officer, division sports officers and student-athletes, coaches/chaperons shall be charged to their respective local funds subject to the usual accounting rules and regulations.
7. For more information, please contact the Bureau of Learner Support Services School Sports Division (BLSS-SSD) at telephone number 8-6320260 or through email address blss.ssd@deped.gov.ph.
8. Immediate and wide dissemination of this Memorandum is desired.

JOCELYN DR ANDAYA
Director IV

Encl:
As stated

ESSD/joan



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION



REGIONAL MEMORANDUM
ORD-2024- 277

TO : SCHOOLS DIVISION SUPERINTENDENTS CONCERNED
DIVISION SPORTS OFFICERS

FROM : OFFICE OF THE REGIONAL DIRECTOR

SUBJECT : NATIONAL TRYOUT INVITATION FOR ATHLETICS AND
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Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

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8. Immediate and wide dissemination of this Memorandum is desired.

JOCELYN DR ANDAYA
✍ Director IV

Encl.:
As stated

ESSD/joan



Republika ng Pilipinas
Department of Education
 OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

OUOPS-2024-10- 01889

MEMORANDUM

TO : REGIONAL DIRECTORS CONCERNED
 SCHOOLS DIVISION SUPERINTENDENTS CONCERNED
 REGIONAL SPORTS OFFICERS AND DIVISION SPORTS
 OFFICERS CONCERNED
 ALL OTHER CONCERNED

FROM : *[Signature]*
 ATTY. REVSEE A. ESCOBEDO
 Undersecretary for Operations

SUBJECT : NATIONAL TRY-OUT INVITATION FOR ATHLETICS AND
 SWIMMING FOR THE 13TH ASEAN SCHOOLS GAMES (ASG)

DATE : March 6, 2024

Pursuant to the Philippines' international commitment as a member of the ASEAN Schools Sports Council, the Philippines, through the Department of Education (DepEd) will participate in the 13th ASEAN Schools Games (ASG) scheduled from May 31 to June 9, 2023 in Da Nang, Vietnam.

The ASG is an annual sports competition organized under the ASSC and participated in by secondary school students from its ten (10) member-countries. Its aim is to promote ASEAN solidarity in our youth through school sports and provide opportunities for student-athletes to benchmark their sporting talents. ASG also serves as a venue to interact and engage in cultural exchange within ASEAN counterparts.

To ensure the effective selection of the best and finest student-athletes, specifically for athletics and swimming, the Bureau of Learner Support Services – School Sports Division (BLSS-SSD) intends to conduct a **National Try-Out Invitation for Athletics and Swimming for the 13th ASG** from April 9-11, 2024, at PHILSPORTS Ultra Track and Field Oval and Swimming pool, Pasig City.

Participants for athletics shall be billeted at NEAP, Marikina City, while swimming participants shall be housed in the DepEd PASS Dormitory, DepEd Complex, Meralco Avenue, Pasig City.

The National Try-Out Invitation shall be extended to all student-athletes from across the 17 regions who will meet the qualifying standards based on the 2019 ASG podium finish results for Athletics and Swimming. The qualifications for the participating student-athletes and other related information are contained in the enclosed *General*



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Doc. Ref. Code	IPAWM-F-026	Rev	01
Effectivity	09/20/21	Page	1 of 3



Complies to ISO 9001

Information on the national Try-Out Invitation for Athletics and Swimming for the 13th ASG.

All concerned are enjoined to authorize the participation of the identified student-athletes and DepEd personnel to the National Try -Out Invitation, as contained in the enclosed *List of Participating Student-Athletes, Technical Officials, and Members of Various Working Committees to the National Try-Out Invitation for Athletics and Swimming for the 13th ASG.*

DepEd teaching personnel who will serve as technical officials during the said activity shall be entitled to service credits in accordance to DepEd Order (DO) No. 53, s. 2003 entitled *Updated Guidelines on Grant of Vacation Service Credits to Teachers.*

In observance of and in compliance to DepEd Order No. 34, s. 2022 entitled School Calendar and Activities for the School Year 2022-2023, the concerned schools division offices, through the school heads shall ensure that a substitute teacher will take over the classes in the absence of their respective teaching personnel who will participate to the National Try-Out Invitation to prevent disruption of classes.

Expenses to be incurred for food and accommodation of participants, including travel expenses of technical officials, school sports selection group and members of the working committees shall be charged against the 2023 Physical Fitness and School Sports (PFSS) continuing funds while the traveling expenses of the delegation (regional and division sports officials, student-athletes, coaches/chaperons, etc.) shall be charged against their respective local funds, subject to the usual accounting and auditing rules and regulations.

For more information, you may contact the Bureau of Learner Support Services-School Sports Division (BLSS-SSD) at telephone number (02) 8632-02-60 or through email address blss.ssd@deped.gov.ph.

Immediate and wide dissemination of this Memorandum is desired.



Republic of the Philippines
Department of Education
BUREAU OF LEARNER SUPPORT SERVICES

School Sports Division

ENCLOSURE 1

**NATIONAL TRY-OUT INVITATION FOR ATHLETICS AND SWIMMING
FOR THE 13TH ASEAN SCHOOLS GAMES**

GENERAL INFORMATION

I. BACKGROUND

As part of the Philippines's international commitment to the ASEAN School Sports Council (ASSC) being one of its member-countries, the Department of Education (DepEd) shall participate to the 13th ASEAN Schools Games (ASG) scheduled May 31 – June 9, 2024, in **Da Nang, Vietnam**.

The ASG is an annual sports competition organized under the ASSC and participated in by secondary school students from its ten (10) member-countries. Its aim is to promote ASEAN solidarity in our youth through school sports and provide opportunities for student-athletes to benchmark their sporting talents. ASG also serves as a venue to interact and engage in cultural exchanges within the ASEAN counterparts.

Aside from the Philippines, the participating countries are Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Singapore, Thailand, and Vietnam.

The Philippines shall compete in five (5) sports disciplines in the 13th ASG namely, Athletics (boys/girls), Badminton (boys/girls), Basketball (boys/girls), Pencak Silat (boys/ girls), and Swimming (boys/girls).

The DepEd, through the Bureau of Learner Support Services – School Sports Division (BLSS-SSD), shall spearhead the constitution of the Philippine delegation particularly the student-athletes who will be competing in the five (5) sports in the 13th ASG.

II. SELECTION OF STUDENT-ATHLETES FOR THE 13TH ASG

To ensure the effective selection of the best and finest student-athletes, specifically for Athletics and Swimming, who shall form part of the Philippine delegation and compete to the 13th ASG, the DepEd, a **National Try-out Invitation for Athletics and Swimming for the 13th ASG** shall be conducted.

The National Try-Out Invitation shall be extended to the best and finest student-athletes in the country who will meet the qualifying standards from the 2019 ASG podium finish results for Athletics and Swimming based on their current record in recent competitions, such as the Palarong Pambansa, Batang Pinoy and other local, national, international, and national sports association (NSA) sanctioned competitions.

A Technical Working Committee (TWC), shall composed of distinguished experts in the field of Athletics and Swimming and select personnel from the BLSS-SSD. They shall formulate guidelines and rules on the conduct of the most appropriate, efficient, and effective manner of identification and selection of the best student-athletes for Athletics and Swimming that will form part of the Philippine delegation.

III. PARTICIPATION

A. STUDENT-ATHLETES

1. Participants shall be by invitation only. Participants may comprise of student-athletes who competed in the recently concluded Palarong Pambansa, Batang Pinoy and other local, national, international and national sports association (NSA) sanctioned competitions or those athletes selected, evaluated and assessed by the Selection Team;
2. In compliance with the ASSC eligibility requirement, the student-athlete must be 18 years old or younger as of 1st January in the year of the ASG will be conducted. (i.e. players born in 2006 or later will be eligible for the 13th ASG);
3. Student-athletes must be a bonafide student enrolled in a public or private school at the time of the competition; and
4. Student-athletes must meet the qualifying standards from the 2019 ASG podium finish results for Athletics and Swimming in order to be considered for the National Try-out.

B. TECHNICAL OFFICIALS

1. DepEd personnel who will serve in the National Try-out Invitation as technical officials shall come from the National Capital Region (NCR) and shall be selected by the TWC.

C. PLAYING VENUES, SUPPLIES AND EQUIPMENT

1. The tentative playing venue will be at Marikina Sports Center and PHILSPORTS Ultra, Pasig City. Supplies and equipment shall be borrowed from the Philippine Sports Commission (PSC), PHILSPORTS Ultra, and Philippine Athletics Track and Field Association (PATAFA).

IV. DOCUMENTARY REQUIREMENTS

A. Student-Athletes

1. Duly accomplished registration form;
2. Certificate of enrollment from the school principal the student-athlete/s is/are currently enrolled;

3. Medical certificate duly signed by the physician stating that the student-athlete is physically fit to participate. The name of the physician should be clearly be printed with Professional Regulatory Commission (PRC) license number; and
4. Parental consent with waiver.

B. Technical Officials

1. Approved travel authority duly signed by their respective head of office.
2. Medical certificate duly signed by physician that he/she is physically fit to perform its task in the national try-out invitation.

V. GENERAL SCHEDULE

DATE	ACTIVITY
April 9, 2024	Arrival of Participants Orientation/Solidarity Meeting Start of Try-Out (Athletics & Swimming)
April 10, 2024	Try-Out (Athletics & Swimming)
April 11, 2024	Post Conference/Meeting Departure of Participants

VI. CONFIRMATION OF SELECTION

Student-athletes who have been finally selected to be part of the Philippine delegation to compete in the 13th ASG Athletic and Swimming competitions shall be notified an official communication two (2) weeks after the National Try-out Invitation.

VII. HEALTH AND SAFETY PROTOCOLS

The minimum health standards and safety protocols shall be observed in the conduct of the National Try-out Invitation for Athletics and Swimming for the 13th ASG and ensure the safety and well-being of all participants, especially the student-athletes.


VIII. AVAILABILITY OF FUNDS

Funds for the conduct of the National Try-out Invitation for Athletics and Swimming for the 13th ASEAN Schools Games amounting to P 1,538,798.00 shall be charged against the FY 2023 Physical Fitness and School Sports (Continuing fund), subject to the usual government accounting and auditing rules and regulations.

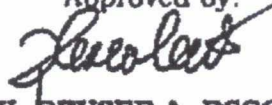
Prepared by :


CESAR S. ABALON
Chief

Recommended by :


ATTY. SUZETTE T. GANNABAN-MEDINA
Officer-in-Charge, Director IV
Bureau of Learner Support Services,
Learner Rights and Protection Office
and Office of the Assistant Secretary for
Operations

Approved by:


ATTY. REVSEE A. ESCOBEDO
Undersecretary for Operations

ENCLOSURE 2A

NATIONAL TRY-OUT INVITATION FOR ATHLETICS AND SWIMMING FOR THE 13th ASEAN SCHOOLS GAMES (ASG)

GUIDELINES FOR ATHLETICS

EVENT DESCRIPTION:

This event shall be known as the ASG Tryout for Athletics to be conducted by the School Sports Division - BLSS with assistance from the DepEd Regional Offices and Schools Division Offices.

Its main objective is to conduct a track and field competition for high school boys and girls in order to identify and select best athletes that would form part of the Philippine delegation that the Department of Education will be sending to participate in the 13th ASEAN Schools Games on May 31 – June 9, 2024 in Da Nang, Vietnam.

Only those athletes who have been given consideration and have met the qualifying standard shall be invited to participate in this competition.

COMPETITION RULES:

1. Sports shall be played in accordance with the current World Athletic international rules and regulations 2024, However, the tournament director may modify, amend, or revise some of the technical rules and regulations for justifiable or compelling reasons.
2. Competitors are advised to wear the proper competition attire or its official team uniform.
3. Starting height and increment for high jump will be decided at during the coaches technical meeting.
4. Competing athletes and designated technical official are only allowed at the competition area.
5. Only those student-athletes who have been selected/invited shall be allowed to participate/compete.

ENTRIES:

1. Participants may enter three (3) individual events.
2. Entries per event are limited to two (2) participants per team.
3. Participants will register their school where he/she is currently enrolled as their team.
4. All participants will abide by the protocol for competition required by IATF.

QUALIFYING STANDARD:

Table below prescribed the qualifying standard that the TWG considered as one of the criteria in selecting athletes for the 13th ASG.

EVENT	BOYS	GIRLS
100m	10.92	12.12
200m	21.76	25.39
400m	48.86	57.60
800m	1:56.29	2:19.60
1500m	4:01.42	4:40.82
3000m	8:54.27	10:49.97
110mh (0.91 m)/100mh (0.76m)	14.01	14.58
400mh	53.59	63.85
Long jump	7.15	5.69
Triple Jump	14.48	11.87
High Jump	1.90	1.66
Shot put (B-5 kg G-3 kg)	17.31	14.10
Discus Throw (B-1.5 kg G-1 kg)	46.95	38.70
Javelin Throw (B-700gr G-500gr)	59.18	45.84
2000m Steeplechase	0.762 m	0.762m
4 x 100 Relay	-	-
4 x 400 Relay	-	-
4 x 100m Relay mix	-	-
4 x 400m Relay mix	-	-

DATE, VENUE AND BILLETING QUARTERS:

The national try-out for Athletics shall be held at PHILSPORTS Ultra, Pasig City on April 9 – 11, 2024. Participants for Athletics shall be billeted at NEAP, Marikina City.

SCHEDULE OF ACTIVITIES:

DATE	TIME		VENUE
April 9	Morning (first meal am snacks)	Arrival and Registration of Participants	NEAP, Marikina
	1:00 pm – 2:00 pm	Coaches and Technical Officials Meeting	PHILSPORT Ultra, Pasig City
	3:00 pm – 6:00 pm	Try-out	PHILSPORTS Ultra, Pasig City
April 10	7:00 am – 6:00 pm	Try-out	
April 11	Breakfast	Departure	

SCHEDULE OF EVENTS:

DATE and TIME	EVENTS	GENDER
Day 1 - April 9		
3:00 pm	200 m	Girls
	Long jump	Boys
	Shot put	Girls
3:30	200 m	Boys
3:45	3,000m	Girls
4:00	Long Jump	Girls

	Shot put	Boys
4:00	3,000m	Boys
4:30	4x100 m Relay	Mix
Day 2 - April 10		
7:00 am	1,500m	Girls
	Triple Jump	Boys
	Discus Throw	Girls
7:30	1,500m	Boys
8:00	100m	Girls
	Triple Jump	Girls
	Discuss Throw	Boys
8:30	100m	Boys
9:00	400h	Girls
9:15	400h	Boys
9:30	800m	Girls
9:45	800m	Boys
LUNCH BREAK		
2:00 pm	4x100m Relay	Girls
	High Jump	Girls
	Javelin Throw	Boys
2:30	4x100m Relay	Boys
2:45	400m	Girls
2:55	400m	Boys
3:00	High Jump	Boys
	Javelin Throw	Girls
	2,000msc	Girls
3:15	2,000msc	Boys
3:30	110h	Girls
3:40	110h	Boys
4:00	4x400m Relay	Girls
4:10	4x100m Relay	Boys

PARTICIPATION PROCEDURE:

1. As a rule, only those athletes who were invited and/or met the qualifying standard and eligibility requirement (including invitation) established by the Track and Field Selection Group, shall be allowed to join in the ASG Athletics Tryout.
2. The Sports Selection Group (SSG) for Athletics primary role is to come up with a list of names of track and field athletes whom upon their assessment and evaluation of the athlete's performances can be a candidate to participate in the said Athletics try out. It shall refer these athletes to the concerned DepEd Regional Delegation for consideration to become a member of its delegation.
3. Participating Delegation shall be limited only to those DepEd Regional Offices that have been found to have student-athletes that were invited and/or met the qualifying time.

4. DepEd Regional Office may issue the necessary memorandum with regards to the participation to the National Try Out Invitation for Athletics and Swimming or whatever manner it deemed necessary.
5. Having finalized its regional delegation composition, the Division Sports Officer shall submit its entries by accomplishing the application e-forms which can be access thru the link bit.ly/asg2024tryoutregform (Microsoft Account Required) on or before March 20, 2024.
6. The Schools Division office thru its School Governance and Operation Division or its authorized sports officer shall assist in this endeavor. It shall also assist the coach and the student athletes comply with the documentary requirement as provided in this Memorandum.

**** NOTHING FOLLOWS****

ENCLOSURE 2B

NATIONAL TRY-OUT INVITATION FOR ATHLETICS AND SWIMMING FOR THE 13th ASEAN SCHOOLS GAMES (ASG)

GUIDELINES FOR SWIMMING

EVENT DESCRIPTION:

This event shall be known as the ASG Tryout for Swimming to be conducted by the School Sports Division - BLSS with assistance from the DepEd Regional Offices and Schools Division Offices.

Its main objective is to conduct a swimming competition for boys and girls to identify and select the best athletes that would form part of the Philippine delegation that the Department of Education will be sending to participate in the 13th ASEAN Schools Games on May 31- June 9, 2024, in Da Nang, Vietnam.

Only those athletes who have been given consideration and have met the qualifying standard shall be invited to participate in this competition.

ELIGIBILITY:

1. Student-athletes must be officially invited and recommended by the DepEd and Private Schools officials.
2. Students-athletes must meet the qualifying entry times in each event or have been considered and invited to participate.
3. Student-athletes must only be 18 years of age or younger for the year of the games (i.e., Student-athletes born in 2006 or later will be eligible for the 13th ASG in 2024).
4. Must be officially enrolled in the current school year.
5. Must be at least Grade 12 and below during the 13th ASG in June 2024.

DATE AND VENUE:

The Competition shall be held at Philsports ULTRA Swimming Pool, Pasig City on April 9 (3:00-6:00 P.M.) and April 10, 2024 (8:30 A.M. onwards).

Registration will be held on April 9, 2024, from 7:30 am to 9:30 am while Coaches and Athletes briefing shall start at 9:30 am at the same venue.

Pass Dorm shall be the official billeting quarters of the Competition.

COMPETITION RULES:

1. The rules of the DepEd ASG Swimming Tryout and the Swimming Rules of the World Aquatics (WA) will be applied. Ground rules which have been agreed upon shall be implemented.
2. In matters not provided for, decisions shall rest with the Technical and/or the

Organizing Committee.

3. The competition will be in Timed Finals Format.
4. A Swimmer who qualified for a single event, is allowed to swim an additional 2 events for a maximum of 3 events.
5. A swimmer who qualified for 2 events, is allowed to swim 1 additional event for a maximum of 3 events.
6. Each swimmer is allowed to swim in as many individual events as they wish provided, they meet the Qualifying Standard provided or were given consideration in each event. An athlete may add additional events provided that their times must be very close to the qualifying standard and times submitted must be verifiable from a 50 M long course swimming competition from the past month and must be approved by the Organizing and Selection Committee.
7. Only athletes, coaches, and Delegation Officials with official identification tags will be allowed in areas designated for delegates.

ORDER OF EVENTS:

DAY 1 TUESDAY - 9 APRIL 2024		
3:00 P.M. START OF COMPETITION		
EVENT NO.	EVENT	GENDER
1	100M BACKSTROKE	BOYS
2	100M BACKSTROKE	GIRLS
3	200M BREASTSTROKE	BOYS
4	200M BREASTSTROKE	GIRLS
5	50M BUTTERFLY	BOYS
6	50M BUTTERFLY	GIRLS
7	200M INDIVIDUAL MEDLEY	BOYS
8	200M INDIVIDUAL MEDLEY	GIRLS
9	1500M FREESTYLE	BOYS

DAY 2 WEDNESDAY - 10 APRIL 2024		
8:30 A.M. START OF COMPETITION		
EVENT NO.	EVENT	GENDER
1	800M FREESTYLE	GIRLS
2	200M BUTTERFLY	BOYS
3	200M BUTTERFLY	GIRLS
	BREAK	
4	100M FREESTYLE	BOYS
5	100M FREESTYLE	GIRLS
6	50M BACKSTROKE	BOYS
7	50M BACKSTROKE	GIRLS
	BREAK	
8	400M INDIVIDUAL MEDLEY	BOYS
9	400M INDIVIDUAL MEDLEY	GIRLS
10	200M FREESTYLE	BOYS
11	200M FREESTYLE	GIRLS
	BREAK	

12	50M BREASTSTROKE	BOYS
13	50M BREASTSTROKE	GIRLS
14	100M BUTTERFLY	BOYS
15	100M BUTTERFLY	GIRLS
BREAK		
16	400M FREESTYLE	BOYS
17	400M FREESTYLE	GIRLS
18	200M BACKSTROKE	BOYS
19	200M BACKSTROKE	GIRLS
BREAK		
20	100M BREASTSTROKE	BOYS
21	100M BREASTSTROKE	GIRLS
22	50M FREESTYLE	BOYS
23	50M FREESTYLE	GIRLS

SWIMWEAR:

1. No athlete shall be permitted to use or wear any device or swimsuit that may aid His/her speed, buoyancy, or endurance during a competition (such as webbed Gloves, flippers, fins, power bands, or adhesive substances, etc.) Goggles may be worn. No kind of tape on the body is permitted.
2. The swimwear (swimsuit, cap, and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol that may be considered offensive.
3. All swimsuits shall be non-transparent.
4. The competitor must wear a swimsuit in one or two pieces. For men, the swimsuit shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials. No additional items, like arm bands or leg bands, shall be regarded as parts of a swimsuit.
5. The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this Rule.
6. Composition/other items: Men's swimsuits are in one piece. Subject to decency rule and observance of limitation in surface covered, Women's swimsuits may be in one or two pieces. Other items covering the body and not part of the swimsuit are prohibited.

PROTEST:

1. Protests are possible if:
 - 1.1. the rules and regulations for the conduct of the competition are not observed.
 - 1.2. if other conditions endanger the competition and/or competitors; or
 - 1.3. it is against the decision of the referee; however, no protest shall be allowed against decisions of fact.

2. Protest must be submitted
 - 2.1. To the referee
 - 2.2. In writing
 - 2.3. By the Head of the Delegation or Official Team Coach only
 - 2.4. Within 30 minutes following the conclusion of the respective event

TIMING:

1. In the case of an error in the electronic timing systems and/or manual timing systems, the official manual time of a swimmer shall be determined as follows:
 - 1.1. If in the case that the time of the first swimmer is higher than the time of the second swimmer, the average time of swimmers involved shall be the official time of both swimmers.
 - 1.2. Official placing will be decided by the referee based on facts and a referee's decision (RD) will be indicated in the official results.

QUALIFYING STANDARD:

The table below prescribes the qualifying standard that athletes should meet or to be considered for them to be allowed to participate:

EVENT	BOYS	GIRLS
400m Freestyle	4:17.20	4:43.30
50m Butterfly	26.80	29.54
100m Backstroke	1:00.80	1:07.90
200m Butterfly	2:10.60	2:25.10
200m Breaststroke	2:29.10	2:46.20
200m Individual Medley	2:16.20	2:30.10
50m Breaststroke	31.07	35.86
100m Freestyle	56.10	1:01.30
1500m Freestyle	17:06.00	
800m Freestyle		9:36.50
200m Backstroke	2:14.50	2:25.40
100m Butterfly	57.86	1:05.20
50m Backstroke	29.19	31.43
400m Individual Medley	4:50.60	5:24.20
50m Freestyle	25.48	28.50
200m Freestyle	2:00.50	2:14.50
100m Breaststroke	1:08.30	1:17.00

SUBMISSION OF ENTRIES:

1. All entries must be on official entry forms.
2. Submission of entries must indicate the latest best time of each swimmer in each

- event for seeding purposes and lane assignments.
3. Entry times submitted must be verifiable and must have been achieved in the Swimming competition being considered by the Swimming Committee. (e.g., National Swimming Competition, etc.)
 4. Entries must be submitted on or before March 27, 2024, Wednesday at noon, properly filled up and signed.
 5. Entries may be submitted by email to Danilo Anore dannyanore@gmail.com / ✓
09293264526
 6. No late entries will be accepted.
 7. The number of participants per Regional Representation is based on the number of qualified/invited Student-athletes.

Selection for qualifiers will be based on the top two (2) best times in each event and have achieved the Qualifying Times (QT). If a tie exists in the Overall Ranking of selected qualifiers due to the limited number of participants in every country in the 13th ASG, breaking of the tie will be based on the following:

1. most number of individuals first place.
2. most number of individuals second place.
3. if a tie still exists, the individual third place.
4. if a tie still exists, the next highest individual placing.

PARTICIPATION PROCEDURE:

1. As a rule, only those athletes who were invited (considered) and/or met the qualifying standard and eligibility requirement established by the Swimming Selection Group, shall be allowed to join in the ASG Swimming Tryout.
2. The Sports Selection Group (SSG) for Swimming primary role is to come up with a list of names of swimming athletes who upon their assessment and evaluation of the athlete's performance can be a candidate to participate in the said Swimming tryout. It shall refer these athletes to the concerned DepEd Regional Delegation for consideration to become a member of its delegation.
3. DepEd Regional Office may contact the Head of the SSG for Swimming Mr. Gavino T. Roxas Jr. (09159669005) for further information and queries.
4. Participating Delegation shall be limited only to those DepEd Regional Offices that have been found to have student-athletes that were invited and/or met the qualifying time.
5. DepEd Regional Office may issue the necessary memorandum with regards to the guidelines on the conduct of the selection process, swimming tryout or competition, or in whatever manner it deemed necessary.
6. Having finalized its regional delegation composition, the Division Sports Officer shall submit its entries by completing the application e-forms which can be accessed through the provided link or before March 27, 2024.

The Schools Division office through its School Governance and Operation Division or its authorized sports officer shall assist in this endeavor. It shall also assist the coach and the student-athletes comply with the documentary requirement as provided in this Memorandum.

**** NOTHING FOLLOWS ****

ENCLOSURE 3A

**NATIONAL TRY-OUT INVITATION FOR THE 13TH ASEAN SCHOOLS GAMES FOR
ATHLETICS AND SWIMMING
PHILSPORTS ULTRA, PASIG CITY
APRIL 9 - 11, 2024**

**LIST OF RECOMMENDED STUDENT ATHLETES FOR
ATHLETICS BOYS**

REGION	#	SURNAME	GIVEN NAME	MIDDLE	EVENTS
CAR	1	TACAY	DENVER JR.	BATUNA	Discuss throw
R1	2	BEDONIO	JASPER	CAMPOS	Long Jump
R3	3	PINEDA	ALFREDO JR	AGUAS	100m 200m
	4	ZARZUELA	BRANDON BRYLE	A.	High Jump
	5	CASTRO	JR	J.	Javelin Throw
	6	DE VERA	JERSSY LEE	P.	1500m
R4A	7	ABETONG	JOHN CLINTON	M.	400
	8	ANGELES	MATTHEW LUIS	GOMEZ	400m
	9	CADAG	JERICO	O.	1500m
NCR	10	TADURAN	ELREB	L.	200
	11	SIMBA	WINDALE	G.	Javelin Throw
	12	RAGUDOS	KURT DAVID	ANDUS	High Jump
R6	13	MASUHOL	JOHN	ATONG	400m
	14	VILLARAN	MICO	FERER	110mh 400mh 200m

15	CATERA	FRANKUN	TERRE	High Jump
16	BURDAN	KENT PAUL		200
17	HUELAR	LYNDON		Shot Put
18	LOPEZ	JORENCE		Discus throw
19	PARIS	KINNITH		Triple Jump
20	GREJALDO	MICHAEL		800m
21	ROGA	QUEM LAURENCE	D.	100M

R8				
22	GABITO	ALDRIN	E	Triple Jump
23	TARIPE JR.	LARY		400m

R10				
24	CABILUNA	MARC ANGELO	L.	Triple Jump
25	NAGAC	WILCRAZ GIL	V.	100m
26	PENSAHAN	ERICK JAY	S.	1500m
27	SOLIJON	JAN ALFIE	L.	100m
28	BAGONGON	JOHN GILBERT WILLIAM		3000m Steeplechase

R11				
29	DATILES	LORENZ	B.	200
30	MISSION	RAINE JAMIE		High Jump
31	DOMINGO	RANDY JR.	T.	Shot Put
32	SABIDOR	MELJUN	M.	Javelin Throw
33	RABAYA	MARK JOSHUA	S.	800m

R12				
34	DEGOLACION	RANDY		1500m
35	ARBOIS	JHOLAN	E.	3000m
36	SISDUERO	JOHN KLENT	R.	5,000 meter
				400 Meter Hurdle

ATHLETICS GIRLS

REGION	#	SURNAME	NAME	MIDDLE	EVENTS
R1	1	RAGUDOS	MARJORIE	RABADON	High Jump

R3

2	BOLDEN	EMMA	T.	Shot Put
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R4A

3	BATALLA	LORAIN AUDREY	PITARGUE	800m 3000m Steeplechase
4	SANTIAGO	JAMICA	GADO	100m 200m
5	HALASAN	JONALYN	OBENZA	Long Jump Triple Jump
6	MALAPIT	GENNAH	ASTORGA	Javelin Throw
7	BELLOSO	EVITA RUTH	L.	High Jump
8	RESMA	HAZEL MAY	G.	200m

NCR

9	MATNOG	JUELLE ALEXA	ESTAR	800m
10	ARANO	JAZEN	M.	Shot Put
11	ORDINARIO	LEA KRISZEDA	R.	200m
12	GENTURALEZ	MICHELLE	T.	400mh
13	SAMONTINA	CHARRLYN	B.	400m
14	MANANGAN	LOUISE VICTORIA	M.	Shot Put
15	TABAD	ASHLEY MECEL	M.	200m
16	NEMI	JANICE	H.	400mh

R5

17	TRANGIA	COURTNEY JEWEL	MACION	Discuss Throw
18	ESPENILLA	ANA BHIANCA	GEBILAGUIN	Javelin Throw
19	COMPUESTO	LEONILYN	B.	200M 400M
20	CAPELLAN	ALLESANDRA NICOLE		100M

R6

21	AGUILLON	KRISHA	DEDOYCO	100m 200m
22	SEROY	BIANCA JULIANA	CABALLERO	Triple Jump
23	VILLAGRACIA	ANGEL	BATAANAN	100mh
24	WILLY	TREXIE JANE		110MH
25	TECSON	CHURYYNTHYA ALEXANDRA		100m
26	LOQUIAS	CLOUIE JOY		400mh

ENCLOSURE 3B

**NATIONAL TRY-OUT INVITATION FOR THE 13TH ASEAN SCHOOLS GAMES FOR
ATHLETICS AND SWIMMING
PHILSPORTS ULTRA, PASIG CITY
APRIL 9 - 11, 2024**

**LIST OF RECOMMENDED STUDENT ATHLETES FOR
SWIMMING BOYS & GIRLS**

REGION	#	ATHLETE	EVENTS	
R1	BOYS			
	1	Della, Anton Paulo Dominick	200 M Individual Medley 1500 M Freestyle 400 M Individual Medley	
	GIRLS			
R1	2	Santamaría, Daren Joy Q.	800 M Freestyle 400 Individual Medley	
	3	Bulaga, Kyla Loïuse	800 M Freestyle 400 M Freestyle	
	R2	BOYS		
4	Taguinod, Joaquin	100 M Breastroke		
R3	BOYS			
	5	Esquivel, Gerard	50 M Freestyle	
	6	Medina, Shan Kervie	50 M. Butterfly	
	GIRLS			
	7	Ortiguera, Trixie	100 M Backstroke 50 M Freestyle 100 M Freestyle 50 M Backstroke 50 M Butterfly	
	8	Cruz, FJ	200 m Backstroke 200 M Freestyle 100 M Freestyle 50 M Backstroke 100 M Backstroke	
		9	Coleman, Rhiannah Chantelle	50 M Breastroke 100 M Breastroke
		R4A	BOYS	
	10	Amaro, Jose Albert III	50 M Freestyle 100 M Freestyle 200 M Freestyle 50 M Butterfly	

			100 M Freestyle 200 Individual Medley
	GIRLS		
	42	Acaín ,Devorah Jean	50 M Freestyle
	43	Lagunay,Margarette	1500 M Freestyle
R11	BOYS		
	44	Labanon,Paolo Miguel	1500 M Freestyle 200 M Butterfly 400 M Freestyle 200 M Freestyle 100 M Butterfly
	45	Requiza ,Peitro Dominic	50 M Freestyle 50 M Butterfly 50 M Backstroke 100 M Backstroke 100 M Freestyle
	GIRLS		
	46	Requiza ,Stacey Bernice	50 M Backstroke
R12	BOYS		
	47	Maniago ,Jaime	50 M Breastroke
	48	Polancos , Evenezir Jr	400 M Individual Medley 400 M Freestyle 200 M Individual Medley 200 M Breastroke
	GIRLS		
	49	Talosig ,Jie Angela	100 M Freestyle 800 M Freestyle 200 M Backstroke 400 M Freestyle 200 M Freestyle
	50	Pabellon,Saira Janelle	50 M Backstroke 200 M Backstroke 400 M Freestyle
NCR	BOYS		
	51	Ajido ,Jamesray Mishael	200 M Individual Medley 50 M Backstroke 100 M Butterfly 50 M Butterfly 100 M Backstroke 200 M Backstroke
	52	Enot ,Ivo Nikolai	200 M Freestyle

		100 M Freestyle
		200 M Backstroke
		50 M Backstroke
		100 M Backstroke
53	David, Kristoff Daniel	100 M Backstroke
54	Mirasol , Joaquin	50 M Breastroke
55	Sy, Kaeden Gabrielle	200 M Breastroke
56	Sajise , Admiel Percy	100 M Freestyle
57	Jose ,Ashton Clyde	200 M Individual Medley
		200 M Breastroke
58	Cuison, Jared Ishey C.	200 M Individual Medley
59	Pabalan ,Moire	100 M Breastroke
		50 M Breastroke
		200 M Breastroke
60	Castro ,Shawn Joseph	50 M Breastroke
61	Austria, Jose Emmanuel	100 M Butterfly
62	Rivera, Kobie Briel	100 M Breastroke
		50 M Breastroke
		200 M Breastroke
63	Belen, Ryan Zach Daniel	50 M Freestyle
		100 M Freestyle
		50 M Backstroke
		400 M Freestyle
64	Delizo, Jabrielle Marcus	100 M Freestyle
		50 M Freestyle
65	Dekam, Jullian Louwers	100 M Backstroke
66	Thruleen, Arbeen	100 M Freestyle
		50 M Butterfly
67	Medinilla,Joquin	50 M Breastroke
68	Barraza,Dyllan C.	200 M freestyle
		400 M Freestyle
		200 M Breastroke
		100 M Breastroke
		50 M Breastroke
69	Villanueva,Samuel Leuan M.	200 M Butterfly
		100 M Butterfly
		200 M Breastroke
70	Ramos,Zayden Xavier	50 M Freestyle
71	Evangelista ,Aishel	400 M Freestyle
		1500 M Freestyle
		400 Individual Medley

GIRLS

72	Delos Santos, Clara Ysabelle	50 M Breastroke
		100 M Breastroke
		50 M Freestyle
73	Dolliente ,Ihaizel Fei	400 M Freestyle
		400 M Individual Medley
		200 M Breastroke
		200 M Freestyle

74 Santor, Patricia Mae

75 Napallatan, Kristel Rhey

76 Amoguis, Lora Micah

77 Amoguis, Liaa Margarette

78 David, Krystal Ava

79 Torrico, Angela Claire

80 Cuevas, Sinagtala

81 Villa, Ishaelle Mae

82 Wong, Juliet Ashley F.

200 M Individual Medley

100 M Butterfly

50 M Butterfly

400 M Individual Medley

200 M Butterfly

200 M Individual Medley

100 M Freestyle

50 M Butterfly

50 M Freestyle

50 M Backstroke

200 M Individual Medley

100 M Freestyle

50 M Backstroke

100 M Backstroke

400 M Individual Medley

50 M Breaststroke

100 M Breaststroke

50 M Breaststroke

100 M Freestyle

50 M Butterfly

200 M Butterfly

100 M Butterfly

50 M Backstroke

100 M Backstroke

50 M Freestyle

100 M Freestyle

50 M Backstroke

50 M Butterfly

**** NOTHING FOLLOWS ****

ENCLOSURE 4A

NATIONAL TRY-OUT INVITATION FOR ATHLETICS AND SWIMMING FOR THE 13th ASEAN SCHOOLS GAMES

**PHILSPORTS Ultra, Pasig City
April 9-11, 2024**

**LIST OF TECHNICAL OFFICIALS AND SPORTS SELECTION GROUP
ATHLETICS**

	NAME	TASKS	SCHOOL/ OFFICE	DIVISION
1	Narciso B. Dasigan	Tournament Director	Ramon Magsaysay High School	Manila City
2	Bobby Calikdan	Tournament Nurse	DepEd Central Office	Pasig city
3	Jessica Jane Cabral	Tournament Nurse	DepEd Central Office	Pasig City
4	Gerry Atabay	Chief Timekeeper	Eulogio Rodriguez Vocational High	Manila City
5	Emmanuel Villanueva	Announcer	Phil. Amateur Track and Field Association (PATAFA)	
6	Jobell Peralta	Starter	Phil. Amateur Track and Field Association (PATAFA)	
7	Nerissa Lopez	Track Referee	Marikina High School	Marikina City
8	Ethel Donesa	Field Referee	Pasay City South High School	Pasay City
9	Luzviminda Agpoon	Timekeeper	Pasay City West High School	Pasay City
10	Evelyn Dela Torre	Timekeeper	Jose P. Laurel High School	Manila City
11	Edelyn Gomez	Timekeeper		Manila City
12	Ligaya Arandia	Timekeeper	Claro M. Recto High School	Manila City
13	Ariel Villanueva	Timekeeper	Phil. Amateur Track and Field Association (PATAFA)	
14	Diana Marie Tolin	Timekeeper	Araullo High School	Manila City
15	Maria Vendetta Gacula	Timekeeper	Muntinlupa National High School	Muntinlupa City
16	Aubrie Ann Patdu	Timekeeper	Elpidio Quirino High School	Manila City
17	Ruben Ferrer	Timekeeper	Phil. Amateur Track and Field Association (PATAFA)	
18	Antonino Flores	Timekeeper	Phil. Amateur Track and Field Association (PATAFA)	
19	Richelle Grospe	Recorder	Upper Bicutan National High School	Taguig-Pateros
20	Randy Tilbe	Lane Umpire	Bonifacio Javier National High School	Mandaluyong
21	Raffy Lanza	Lane Umpire	San Rafael Technological and Vocational High School	Manila City
22	Michael Erpe	Lane Umpire	Concepcion Integrated School Secondary Level	Marikina City
23	Estelita Doroteo	Field Judge	Phil. Amateur Track and Field Association (PATAFA)	
24	Antonio Chee	Field Judge	Lagro High School	Quezon City
25	Eleazar Joseph Cena	Field Judge	Jesus Dela Pena National High School	Marikina City
26	Warren Macatubal	Field Judge	Tunasan Elementary School	Muntinlupa City
27	Rodel Magsino	Field Judge	South Daang Hari Elementary	Taguig-Pateros
28	Louella Maricar Cheng	Field Judge	Isabelo Delos Reyes Elementary	Manila City

29	Maria Bianca Camille Fulgencio	Field Judge	Probex School Inc.	Malabon City
30	Mary grace Mondragon	Field Judge	Tugatog National High School	Malabon City
31	Marco Andrada	Venue and Equipment In-charge	Philippine Sports Commission	Ultra, Pasig City
32	Utility (Cleanliness and Sanitation)		Philippine Sports Commission	Ultra, Pasig City
33	Utility (Cleanliness and Sanitation)		Philippine Sports Commission	Ultra, Pasig City
34	TBA			
35	TBA			

	SELECTION GROUP		OFFICE	DIVISION
1	Sean Guevarra	National Coach	Phil. Amateur Track and Field	Pasig City
2	Ma. Jeanette Obiena	Coach	Chiang Kai Shek School	Manila City
3	Ernie Candelario	Coach	Philspada - NPC	Pasig City
4	Miguel Arca	Teacher-Coach	Ramonito Maravilla Sr. National HS	Bacolod City
5	Beverly Villarino	Teacher-Coach	Sto. Tomas National High School	Davao Del Norte

**** NOTHING FOLLOWS ****

ENCLOSURE 4B

**NATIONAL TRY-OUT INVITATION FOR ATHLETICS AND SWIMMING FOR
THE 13th ASEAN SCHOOLS GAMES**

**PHILSPORTS Ultra, Pasig City
April 9-11, 2024**

**LIST OF TECHNICAL OFFICIALS AND SPORTS SELECTION GROUP
SWIMMING**

	NAME	TASK	SCHOOL/ OFFICE	DIVISION
1	Danilo SD Anore	Tournament Director	Morong National High School	Taytay, Rizal
2	Elmer T. Vidas	Referee	Benigno S. Aquino High School	Tarlac Province
3	Gerardo V. Cleofe	Starter	Morong National High School	Taytay Rizal
4	Jessy Salupas	CIT	Ramon Magsaysay High School	Manila
5	Erlinda G. Amparo	Clerk of Course	North Fairview High School	Quezon City
6	Adriel B. Gabriel	Stroke Judge	Benigno S. Aquino High School	Tarlac Province
7	Francia Principe	Timekeeper	Juan Nolasco High School	Manila
8	Glorie Amurao	Timekeeper	Timoteo Paez Integrated School	Manila
9	Reynante Panlaqui	Stroke Judge	Pasay City West School	Pasay City
10	Danica Alvana Salupas	Timekeeper	Laong Laan Elementary School	Manila
11	Maria Rosita Rivero	Timekeeper	Don Carlos Elementary School	Pasay
12	Dave San Juan	Timekeeper	Pasay City West School	Pasay
13	Christine An Basillo	Timekeeper	Bangkal High School	Makati
14	Agrue Arguelles	Timekeeper	Makati High School	Makati
15	Rolando Buce	Timekeeper	San Joaquin Kalawaan High School	Pasig
16	Bernadette Reyes	Timekeeper	Sta. Elena High School	Marikina
17	Rizalito Ordonez	Timekeeper	Sta Elena High School	Marikina
18	Maria Charito Arreglo	Timekeeper	San Juaquin Kalawaan High School	Pasig
19	Alfred Villanueva	Timekeeper	Buting Senior High School	Pasig
20	Racel Rosales	Timekeeper	Imelda Integrated Secondary School	Malabon
21	Jonhlee A. De Jesus	Stroke Judge	Morong National High School	Taytay, Rizal
22	Rex V. Dumaisoc	Stroke Judge	Morong National High School	Taytay, Rizal
23	Marivic L. Santos	Timekeeper	Pasay City National High School	Pasay
24	Twinkle A. Galang	Timekeeper	Pasay City West School	Pasay
25	Paul J. Dizon	Timekeeper	Pasay City West School	Pasay
26	Quilbert P. Mercado	Timekeeper	Pasay City East High School	Pasay
27	Agnes Roque	Timekeeper	Villamor Airbase Elementary School	Pasay
28	Reymart Pucolangas	Timekeeper	Pasay City West School	Pasay
29	Adrian Magbuhos	Timekeeper	Pasay City West School	Pasay
30	Sonia L. Romero	Chief Timekeeper	Joaquin Guido Elem School	Taytay, Rizal
31	Alyssa Kim M. Garcia	Announcer	Bagong Silang High School	Caloocan
32	Michael Comayingking	Timekeeper	Las Pinas City National Senior High	Las Pinas
33	Aileen Fernandez	Timekeeper	Batasan National High School	Quezon City
34	Jeffrey Yuson	Timekeeper	North Fairview High School	Quezon City
35	Jonathan Memoracion	Timekeeper	Florentino Torres High School	Manila
36	Van Dexter S. See	Timekeeper	Eusebio High School	Pasig
37	Pool Attendant		Philippine Sports Commission	Ultra, Pasig
38	Lifeguard		Philippine Sports Commission	Ultra, Pasig
39	Utility (Sanitation)		Philippines Sports Commission	Ultra, Pasig
40	Utility (Cleanliness)		Philippine Sports Commission	Ultra, Pasig

	SELECTION GROUP		OFFICE	DIVISION
1	Gavino T. Roxas Jr	Head	San Beda University	Manila
2	Ronald Alejo G. Guiriba	Member	Polytechnic University of the	Manila
3	Cyrus T.A Alcantara	Member	University of Sto. Tomas	Quezon City
4	Ross Chito A. Palo	Member	PSDS Regional Office, Tagum City	Tagum City
5	Reñold A. Dutchilla	Member	St. Therese-MTC Colleges	Iloilo City

**** NOTHING FOLLOWS ****