



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

MEMORANDUM

**TRAINING-WORKSHOP ON MENTAL HEALTH AND
PSYCHOSOCIAL SUPPORT SERVICES**

To: Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
OIC-Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. As stipulated in the Republic Act No. 11036 or the Mental Health Act of 2018, the Department of Education is mandated to develop and implement mental health programs to promote and protect the mental health and general welfare of all learners and personnel.
2. In line with this, the Division will conduct a 2-day training-workshop to strengthen and intensify the Mental Health and Psychosocial Support Services in all schools. One (1) Guidance Counselor/ Advocate and School Nurse per school shall enjoined to participate in the workshop on October 8-9, 2024, 8:00 am to 5 p.m. at the Schools Division Office Conference Room.
3. Immediate and wide dissemination of this Memorandum is desired.


VIOLETA M. GONZALES

Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl.: As stated
References: As stated
To be indicated in the Perpetual Index
Under the following subjects:

HEALTH EDUCATION

PROGRAMS

CAMPAIGN

MRS / TRAINING-WORKSHOP ON MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES

UN-2024-346 / September 17, 2024



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**TRAINING-WORKSHOP ON MENTAL HEALTH AND
PSYCHOSOCIAL SUPPORT SERVICES
PROGRAM MATRIX**

DAY 1 October 8, 2024

Time	Activity	Responsible Person
9:00 – 9:30 a.m.	Opening Program - National Anthem - Prayer	AVP
	Presentation of Participants	Dr. Maricel R. Subida Division Dentist II
	Statement of Purpose	Ms. Ma. Regaele A. Olarte OIC, Chief Education Supervisor, SGOD
	Message	Dr. Violeta M. Gonzales CESO VI Asst. Schools Division Superintendent Officer-In-Charge Office of the Schools Division Superintendent
9:31– 11:30 a.m.	“School Mental Health” “Mental Health Crisis Response and Management”	Dr. Maricel R. Subida Division Dentist II Mr. Eduardo L. Kondo PDO II, DRRM
11:31 a.m.– 12:00 nn	Open Forum	
12:00 nn- 1:00 p.m.	LUNCH	
1:01- 1:30 p.m.	Icebreaker	
1:31-3:30 p.m.	““Mental Health First Aid””	Dr. Noell Langit Medical Officer III, SDO Caloocan
3:31- 4:30 p.m.	“Health Programs Related to Mental Health”	Dr. May Anne L. Ayudtud Maripaz M. Lavin
4:31- 5:00 p.m.	Open Forum Closing	
Emcee: Ms. Maripaz M. Lavin		



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DAY 2 October 9, 2024

Time	Activity	Responsible Person
9:00 – 9:30 a.m.	Opening Program - Makabayan Song - Prayer	
9:31– 11:30 a.m.	“Race Against Suicide”	Ms. Aleen Gara RGC Former Guidance Counselor, MNHS
11:31 a.m.- 12:00 nn	Open Forum	
12:00 nn- 1:00 p.m.	LUNCH	
1:01- 4:30 p.m.	WORKSHOP	PMT
4:31- 5:00 p.m.	Closing Program	
Emcee: Ms. Maripaz M. Lavin		



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