



Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION  
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division  
Superintendent

MAR 12 2025

**MEMORANDUM**


No. 122, s. 2025

**ENSURING LEARNING CONTINUITY IN CASE OF EXTREME HEAT CONDITIONS**

To: OIC-Assistant Schools Division Superintendent  
Chief Education Supervisor, Curriculum Implementation Division  
OIC-Chief Education Supervisor, School Governance and Operations Division  
All Public and Private Elementary and Secondary School Heads  
Administrative Officer V  
All Others Concerned

1. Pursuant to DepEd Order No. 22, s. 2024 titled, "Revised Guidelines on Class and Work Suspension in Schools during Disasters and Emergencies," SDO-Muntinlupa issues the implementation scheme to ensure learning continuity amid the high heat index, while prioritizing the health and safety of learners and personnel.
2. The decision models for learning continuity shall consider any of the following scenarios:
  - a. If the heat index reaches 38°C - 40°C (Extreme Caution Level) or 41°C and above (Danger Level)
  - b. If the heat index is below 38°C, but the classroom environment is no longer conducive to learning and poses health risks to learners and teachers
3. In view of item 7 of DO 22 s., 2024, School Heads are enjoined to prepare/update their Learning and Service Continuity Plan (LSCP) using the template accessible through this link <https://tinyurl.com/97kphxvz> and submit a printed copy to this Office, attention to *Mr. Eduardo L. Kondo, DRRM-PDO*, on or before **March 17, 2025**.
4. All schools are directed to conduct continuous surveillance of local heat index levels and implement necessary precautionary measures indicated in Joint Memorandum OM-OSEC-OUOPS-2025-01-01456 titled, "Reiteration of DO 22, s. 2024 on Class Suspension and Strengthened Monitoring Amid Increased Heat Index Levels." Heightened monitoring and granular assessment must be done in all schools to determine the sufficiency of heat mitigation measures.
5. Likewise, School Heads shall take the lead in ensuring the quality conduct of synchronous and asynchronous classes in case of the suspension of in-person classes. Available printed modules must be given to learners in advance. For other learning resources, learners may access the Division Learning Resource Portal through this link: <https://sites.google.com/depd.gov.ph/depd-lrportal/home>.

6. The Public Schools District Supervisors (PSDS) in charge of the schools shall accomplish and submit the attached ADM Monitoring Tool in case of shifting to Distance Learning.
7. Health and safety protocols to mitigate the effects of high heat index must be strictly followed. Additionally, school nurses shall closely monitor and report heat-related illnesses to the School Health and Nutrition Section using the attached tracking form.
8. To alleviate discomfort caused by elevated temperatures, alternate uniform for teaching and non-teaching personnel is permitted in accordance with DepEd Memorandum No. DM-OUHROD 2024-0662 titled, "Alternate Uniform for Teaching and Non-Teaching Personnel."
9. Attached with this Memorandum are the following enclosures:
  - a. Decision Models in Case of Extreme Heat Conditions
  - b. Alternative Delivery Mode (ADM) Monitoring Tool
  - c. Mitigating Measures for High Heat Index
  - d. Annex A of DepEd Order No. 22, s. 2024, to be used in the case of Decision Model No. 2
  - e. Heat-Related Illness Tracking Form
9. Private school administrators have the discretion to decide whether to adopt the decision models for class suspension and ADM implementation.
10. For further inquiries, please contact *Ms. Ma. Regaele A. Olarte*, OIC-Chief of the School Governance and Operations Division, at telephone no. (02) 8423-7560.
11. Immediate and wide dissemination of this Memorandum is desired.

  
**VIOLETA M. GONZALES**  
Assistant Schools Division Superintendent  
Officer-In-Charge  
Office of the Schools Division Superintendent

Encl: As stated

Reference: As stated

To be indicated in the Perpetual Index  
under the following subjects:

SCHOOLS          LEARNERS          TEACHERS

**MRAO / ENSURING LEARNING CONTINUITY IN CASE OF EXTREME HEAT CONDITIONS**  
**122/3/11/2025**

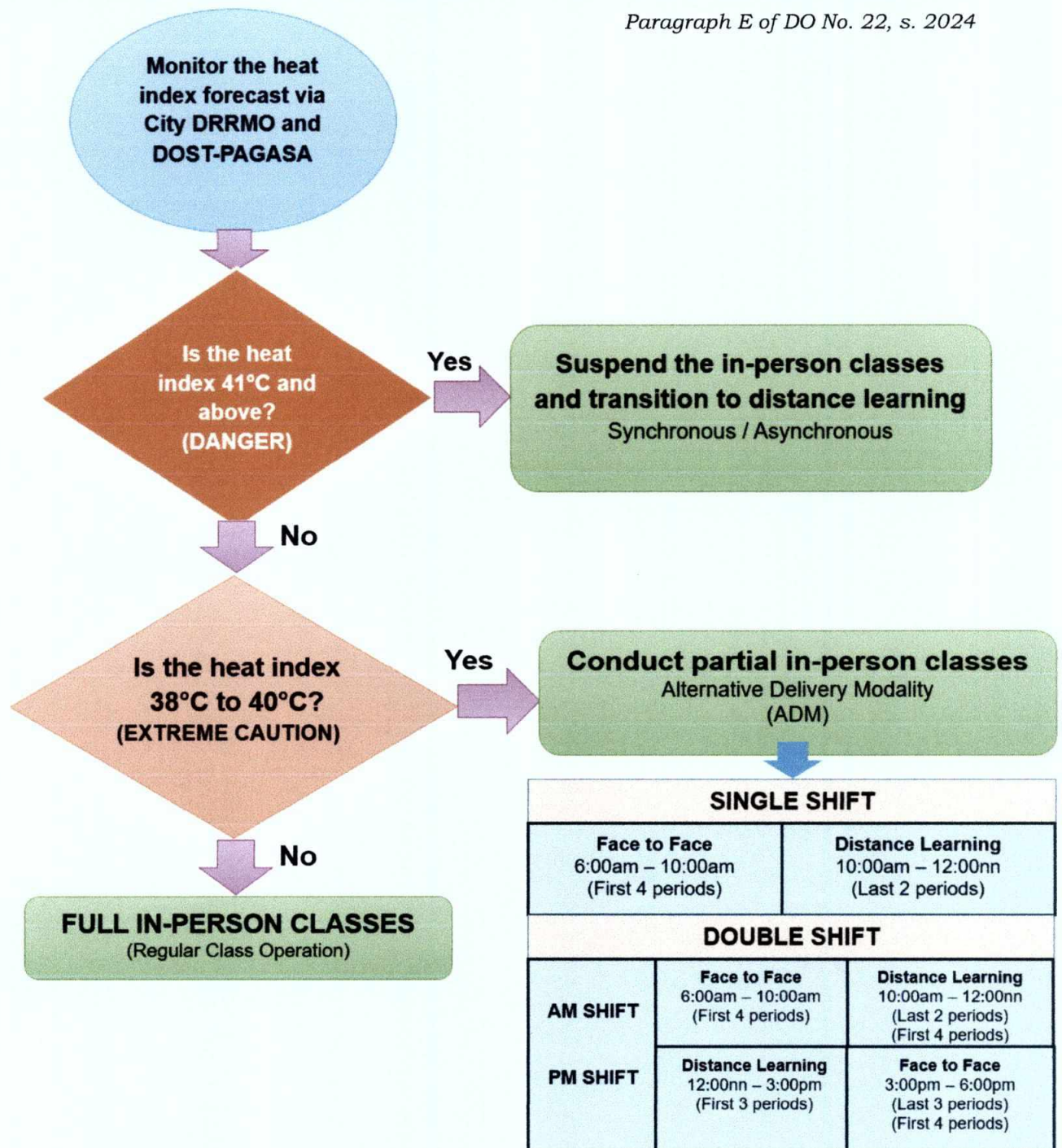
## DECISION MODELS IN CASE OF EXTREME HEAT CONDITIONS

### **Model 1: Announcement by LCE**

*"There will be no automatic suspension of classes due to Extreme Heat Conditions. However, in case of the unbearable heat, the Local Chief Executive (City Mayor) may still exercise its authority to facilitate localized class suspension based on the situation in their localities. The SDS shall coordinate with the LGU for localized school suspensions, provided that schools will shift to modular distance learning, performance tasks, projects, or make-up classes to ensure that learning competencies are met." (DO No. 22, s. 2024)*

### Decision Model in the Event of Heat Index 38°C and above (Extreme Caution to Danger Levels)

*Paragraph E of DO No. 22, s. 2024*

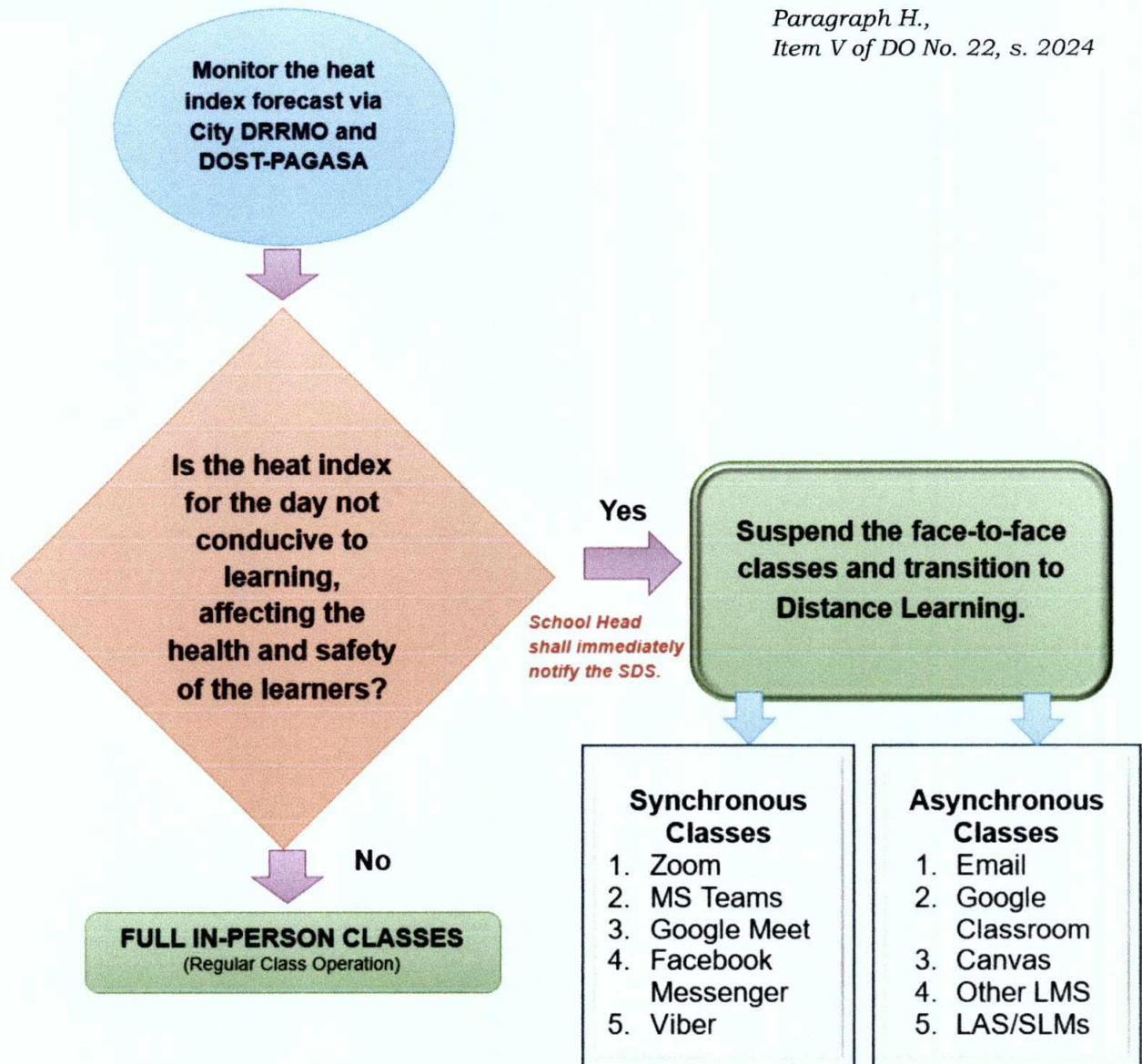


**Model 2: Localized/Granular Suspension by School Head for Affected Classes Only**

*“In case there is no automatic suspension of classes and in the absence of a declaration from the LGU, the School Heads or the Division ALS coordinator may suspend classes and work, provided that there is the necessary coordination with the LCE and SDS, and when applicable, schools will shift to modular distance learning, performance tasks, projects, or make-up classes on their LSCP to ensure that learning competencies are met.” (DO No. 22, s. 2024)*

**Decision Model in the Event of a Non-Conductive Classroom Environment Posing Health Risks to Learners and Teachers**

*Paragraph H.,  
Item V of DO No. 22, s. 2024*



**NOTE:**

1. This model applies when learners are already in school and classes are in session, but the learning environment is no longer conducive and poses health risks.
2. If suspension of face-to-face classes is necessary, the School Head must closely coordinate with the SDS through the Division Learning and Service Continuity Task Force for immediate validation and submit a report (Annex A of DO No. 22, s. 2024) to the SDS through the SGOD.

## MITIGATING MEASURES FOR HIGH HEAT INDEX

Due to extreme heat, it is important to take precautions to stay safe and healthy. Here are some reminders:

### 1. Stay Hydrated

- Drink plenty of water throughout the day. (*Schools must ensure the availability of safe drinking water.*)
- Bring a reusable water bottle to school.
- Avoid sugary, caffeinated, and alcoholic drinks, as they can cause dehydration.

### 2. Wear Light and Comfortable Clothing

- Learners may opt to wear light-colored, loose-fitting clothes made of breathable fabric. Wearing strapless or spaghetti-strap blouses, crop tops, micro-mini skirts, cycling shorts, leggings, tights, and sando is not allowed inside the school premises.
- Wear a hat or use an umbrella when outdoors.
- Apply sunscreen (SPF 30+) if staying outdoors for a long period.

### 3. Avoid Direct Exposure to Sunlight

- Refrain from outdoor activities such as playing or running during peak heat hours.
- Stay indoors or under the shade between **10:00 AM to 4:00 PM**, when the heat is strongest.

### 4. Be Aware of Heat-Related Illnesses

- Inform the school nurse or clinic teacher if feeling unwell.
- Watch out for signs of **heat cramps, heat exhaustion, and heat stroke**, such as:
  - **Dizziness** (*Pagkahilo*)
  - **Nosebleeding** (*Pagdurugo ng ilong*)
  - **Nausea** (*Pagsusuka*)
  - **Headache** (*Sakit ng ulo*)
  - **Excessive or no sweating** (*Labis o hindi pagpapawis*)
  - **Weakness** (*Panghihina*)

### 5. Stay Updated with Weather Warnings

- Follow advisories regarding class suspensions or alternative learning modalities due to extreme heat.

### 6. Regularly Check Electrical Connections and Wirings

- Inspect electrical outlets, cords, and appliances for any signs of damage or overheating.
- Avoid overloading power outlets and extension cords.
- Ensure that fans and other cooling devices are properly maintained and functioning.
- Report any faulty or exposed wiring to school authorities immediately.

### 7. Ensure Proper Ventilation

- Keep windows and doors open and unobstructed to improve airflow.

### 8. Limit the Use of Heat-Emitting Appliances and Devices

- Reduce the use of lighting, televisions, and other heat-producing devices when necessary.



Enclosure E: Alternative Delivery Mode  
Implementation Monitoring Tool

Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION  
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

**ALTERNATIVE DELIVERY MODE IMPLEMENTATION MONITORING TOOL**

School Year: \_\_\_\_\_ Quarter: \_\_\_\_\_

Monitoring Date: \_\_\_\_\_

Name of School: \_\_\_\_\_ School Head: \_\_\_\_\_

Modality Used: (Please Check): Modular:  Online:  Blended:  OHSP:  School-Based Intervention:

Reason: (Specify the reason for conducting ADM): \_\_\_\_\_

Name of Teacher/ Learning Area/ Grade Level/ Time Covered	Number of Learners Present/ Total Number of Learners	Learning Competency Covered	Task to be Accomplished	Learner Engagement Evidence (e.g., submitted assignments, online participation)	Challenges Faced during ADM Implementation	Remarks
			Specific activity or lesson planned for that day, providing an idea of the intended ADM approach.	Evidence of learner engagement, such as assignment submissions, quiz completion, or online attendance.	Any challenges reported by the teacher, such as lack of internet, low engagement, or resource shortages.	Observations, recommendations, and any follow-up actions needed to support the teacher.

Monitored by: \_\_\_\_\_

Conforme: \_\_\_\_\_



Student Center for Life Skills Bldg., Centennial Ave, Brgy. Tunasan, Muntinlupa City  
8805-9935, 8805-9940  
sdo.muntinlupa@gmail.com  
deped-muntinlupa.com

**ANNEX A**



**Republic of the Philippines**  
**Department of Education**

**School:**  
**Quarter:**

No.	Date	Type of Emergency	Specific Situation	ADM Implemented?	Type	Grade Level

**NAME OF PRINCIPAL**  
POSITION

**HEAT RELATED ILLNESS TRACKING  
SY 2024-2025**

SCHOOL	JANUARY, 2025														Remarks
Grade Level	Cough	Colds	Flu	Dizziness	Headache	LBM	Fever	Epistaxis	HPN	Fainting	Heat Cramps	Heat Exhaustion	Heat Rash	Heat Stroke	
Grade 7															
Grade 8															
Grade 9															
Grade 10															
Grade 11															
Grade 12															
SPED/ ALS															
Teaching															
NTP															

*Prepared by:*

\_\_\_\_\_   
 School Health Personnel

*Noted:*

\_\_\_\_\_   
 School Head



**HEAT RELATED ILLNESS TRACKING  
SY 2024-2025**

SCHOOL	JANUARY, 2025														Remarks
Grade Level	Cough	Colds	Flu	Dizziness	Headache	LBM	Fever	Epistaxis	HPN	Fainting	Heat Cramps	Heat Exhaustion	Heat Rash	Heat Stroke	
Kinder															
Grade 1															
Grade 2															
Grade 3															
Grade 4															
Grade 5															
Grade 6															
SPED/ ALS															
Teaching															
NTP															

Prepared by:

\_\_\_\_\_  
School Health Personnel

Noted:

\_\_\_\_\_  
School Head