



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

MAR 19 2025

MEMORANDUM

No. 139 s. 2025

**SAVE A LIFE: A PWD AND SENIOR CITIZENS TRAINING
OF SDO MUNTINLUPA**

TO: OIC – Assistant Schools Division Superintendent
Chief, Curriculum Implementation Division
Chief, School Governance and Operations Division
Public Schools Supervisors and Education Program Supervisors, Unit Heads
All Others Concerned

1. This is to inform the field of the conduct of SAVE A LIFE: A PWD AND SENIOR CITIZENS TRAINING OF SDO MUNTINLUPA on March 27 and 28, 2025 at FarmKo, Dolores, Quezon.
2. Participants to this training are advised on the following:
 - a. Bus will be provided and will leave at 5:00 AM, meeting place is at SDO Muntinlupa
 - b. Bring appropriate swimwear for the water training. Participants with maintenance medication are advised to bring their medication/s.
3. Enclosed are the Training Matrix and list of participants.
4. Immediate and wide dissemination of this Memorandum is desired.

For:

VIOLETA M. GONZALES

Assistant Schools Division Superintendent
OIC- Schools Division Superintendent

By:

LILIA A. RICERO

OIC- Office of the Assistant Schools Division Superintendent
OIC – Office of the Schools Division Superintendent

Encl.: As stated,
To be indicated in the Perpetual Index
under the following subjects:

PROGRAMS SCHOOL TRAININGS

ATT/Memo_SAVE A LIFE: A PWD AND SENIOR CITIZENS TRAINING
OF SDO MUNTINLUPA

139 March 18, 2025

UN-2025-139



Student Center for Life Skills Bldg., Centennial Ave, Brgy. Tunasan, Muntinlupa City
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Enclosure 1: Matrix of Activities

SAVE A LIFE: A PWD AND SENIOR CITIZEN TRAINING

FarmKo, Dolores, Quezon
March 27-28, 2025

Day 1: **March 27, 2025**

Time	Activity	Person/s Responsible
7:45 – 8:15 AM	Registration	PMT
8:15 – 8:45 AM	Opening Program National Anthem Prayer DepEd Quality Policy Statement Galaw Pilipinas Attendance Check Statement of Purpose Inspirational Message	Ms. Ada Trinidad A. Tagle Dr. Violeta M. Gonzales
8:45 – 12:00 PM	FDA Advisory 2024-0429, and RA 11228	Atty Erness Faith Regacho- Espanto
12:00 – 1:00 PM	Lunch Break	
1:00 – 2:30 PM	Water Survival and Safety	Dr. Evangeline M. Aman and Mr. Eduardo Kondo
2:30 – 2:45PM	Health Break	
2:45 – 5:00 PM	Simulation of Water Survival and Safety Mechanism	Mr. Edison Enerlas and Mr. Eduardo Kondo
5:00 – 5:30 PM	End-of-the-Day Evaluation and Session Synthesis	PMT

Day 2: **March 28, 2025**

Time	Activity	Person Responsible
7:00 – 8:00 AM	Breakfast	PMT
8:00 – 8:30 AM	Management of Learning	PMT
8:30 – 9:45 AM	Basic Navigation and Communication in Emergencies	Ms. Ada Trinidad A. Tagle & Mr. Eduardo Kondo
9:45 – 10:00 AM	Health Break	
10:00 – 12:00 PM	Workshop 1: Situational Analysis	Ms. Ada Trinidad A. Tagle
12:00 – 1:00 PM	Lunch Break	
1:00 – 2:00 PM	Presentation of Outputs	
2:00 – 4:00 PM	Focus Group Discussion – Learning from Others’ Experiences	
4:00 – 5:00 PM	Closing Program and End- of-the-Day Evaluation	PMT



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List of participants to SAVE A LIFE: A PWD AND SENIOR CITIZENS TRAINING OF SDO MUNTINLUPA at FarmKo, Dolores, Quezon, March 27 and 28,2025

NO.	NAME	UNIT	CATEGORY
1	DR. VIOLETA M. GONZALES	SDS Office	Senior Citizen
2	DR. LILIA RICERO	ASDS	
3	DR. FLORANTE C. MARMETO	CID Office	
4	MA. REGAELE OLARTE	SGOD Office	PWD
5	NOEMI A. VALDEZ	ADMIN Office	Senior Citizen
6	ANGELA M. CACHUELA	HRMO	PWD
7	MARK ANTHONY ANDOR	SUPPLY Office	PWD
8	VILMA MARQUEZ	CASHIER Office	PWD
9	DR. EVANGELINE M. AMAN	CID Office	PWD/Trainer
10	PHOEBE R. ARROYO	SGOD Office	PWD
11	CLARISA C. AVILA	CID Office	Senior Citizen
12	YZAH DE GARCIA	RECORDS Office	PWD
13	SHEILA DELOS REYES	ADMIN Office	PWD
14	PAUL DELA VEGA	SGOD Office	PWD
15	DR. MA. CARMEN D. SOLAYAO	CID	PWD
16	LERMA L. GALANG	CID Office	Senior Citizen
17	DR. ZOREN PEPITO L. GUBALANE	SGOD Office	PWD
18	CECILE ILARDE	CID Office	Senior Citizen
19	MA. TERESA S. INDAP	SGOD Office	PWD
20	FERNANDO G. JACLA	SUPPLY Office	PWD
21	JOICHE I. LUNA	SUPPLY Office	PWD
22	JOSEPH C. NILO	SGOD Office	PWD
23	VINA ANGELA A. PADLAN	CID Office	PWD
24	LOURDES V. RODILLA	RECORDS Office	PWD
25	ATTY. ERNESS FAITH J. REGACHO-ESPANTO	LEGAL Office	PWD/SPEAKER
26	AIRA G. PARILLA	HRMO	PWD
27	ADA TRINIDAD A. TAGLE	CID Office	PWD/PMT
28	JERICO B. YLEN	HRMO	PWD
29	DR. MA. MYRA E. NAMIT	CID Office	PWD
30	IVY M. ROMANO	SGOD Office	TWG
31	RHEA P. GARCIA	CID Office	TWG
32	ZARA GABA	LEGAL Office	TWG
33	EDUARDO KONDO	SGOD Office	TRAINER
34	ROGELIO DAIS	Driver	Senior Citizen
35	ARIEL ARCIAGA	Driver	
36	WARREN ABADIANO	Driver	
37	ARIEL BILOLO	Driver	