



Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

MAR 10 2025

MEMORANDUM

TRAINING ON PSYCHOLOGICAL FIRST AID AND SUICIDE PREVENTION

To: OIC-Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
OIC-Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. As stipulated in the Republic Act No. 11036 or the Mental Health Act of 2018, the Department of Education is mandated to develop and implement mental health programs to promote and protect the mental health and general welfare of all learners and personnel.
2. In line with this, the Division will conduct a training to strengthen and intensify the mental health and psychosocial support services in all public schools. One (1) Guidance Counselor/Teacher/Advocate and School Nurse per school are enjoined to participate in the training on March 24, 2025, 8:00 a.m. to 5 p.m. at Parque España Residence Hotel Filinvest Corporate City, Alabang, Muntinlupa City.
3. Attached are the list of participants and the program matrix.
4. Immediate and wide dissemination of this Memorandum is desired.


VIOLETA M. GONZALES

Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl.: As stated

References: As stated

To be indicated in the Perpetual Index
Under the following subjects:

HEALTH EDUCATION

PROGRAMS

CAMPAIGN

MRS / TRAINING ON PSYCHOLOGICAL FIRST AID AND SUICIDE INTERVENTION
103 / March 7, 2025



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

LIST OF PARTICIPANTS (SCHOOL NURSES)

NO.	NAME	SCHOOL
1		ITAAS ES
2	STELLA MARIZ V. GUZMAN	MUNTINLUPA ES
3	ROCHELLE LYN R. DE VILLA	TUNASAN ES
4	JAN ROSSAM A. ALABADO	PUTATAN ES
5	RHODA A. AUSTRIA	LAKEVIEW INTEGRATED SCHOOL
6	ANALYN D. POLO	SOLDIERS' HILLS ES
7	EFFIE B. REYES	F. DE MESA ES
8	ARMIDA L. MARCELINO	BAYANAN ES- MAIN
9	LILY MAE M. PIADOZO	POBLACION ES
10	AVERILL F. SANJUAN	VICTORIA HOMES ES
11	ROSE MARIE C. FLORES	BAYANAN ES - UNIT I
12	JAMES JOSEPH R. ULEP	ALABANG ES
13	LANIE C. MANGULABNAN	CUPANG ES- MAIN
14	ANA CRISTINA B. DOMINGO	BULI ES
15	VIOLETA I. ARCITA	SUCAT ES- MAIN
16	MARIFE C. REYEL	SUCAT ES - SITIO PAGKAKAISA ZONE 3 ANNEX
17	MA. CECILIA R. LEONARDO	SUCAT ES - SITIO PAGKAKAISA ZONE 4 ANNEX
18	GRACE D. YUTOB	FILINVEST ALABANG ES
19	LOURDES A. LATCHICA	CUPANG ES – ANNEX
20	ROSALIE F. TAIPAN	BAGONG SILANG ES
21	CECILIA B. CIPRES	MUNTINLUPA NATIONAL HS
22	AMOR M. CASCALLA	TUNASAN NHS
23	ANALYN P. MANGUSSAD	MUNTINLUPA SCIENCE HS
24	MARIA FAY A. PEATMAN	POBLACION NATIONAL HS
25	MYRA B. SIBULO	PEDRO E. DIAZ HS
26	REALYN L. RIGOS	MUNTINLUPA BUSINESS HS - SUCAT ANNEX
27	ELAINE JOY BELARO	MUNTINLUPA BUSINESS HS -MAIN
28	LYRA G. LUCENA	CUPANG SHS
29	GERALDINE C. ELLAZO	TUNASAN NATIONAL HS
30	MERCEDITA A. SALVO	MUNTINLUPA NATIONAL HS



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LIST OF PARTICIPANTS (GUIDANCE COUNSELOR/TEACHERS/ADVOCATES)

NO.	NAME	SCHOOL
1	CYNTHIA B. BALLA	ITAAS ES
2	FE V. MALAHITO	MUNTINLUPA ES
3	DONESEL P. BAHIAN	TUNASAN ES
4	MA. DULCE AMOR L. ECHAGUE	PUTATAN ES
5	SALOME J. PEREZ	LAKEVIEW INTEGRATED SCHOOL- Elementary
6	ANGELICA I. RECIDO	LAKEVIEW INTEGRATED SCHOOL- Secondary
7	MARYBETH T. VALDIVIA	SOLDIERS' HILLS ES
8	MARICEL R. MUNCADA	F. DE MESA ES
9	AMIELYN A. DIG	BAYANAN ES- MAIN
10	ELLAINE C. BALBERONA	POBLACION ES
11	EDEN LOTHO	VICTORIA HOMES ES
12	CECILIA A. PONCE	BAYANAN ES - UNIT I
13	MARYLEN F. REMPILLO	ALABANG ES
14	CHARITO C. NANDWANI	CUPANG ES- MAIN
15	MARY ROSE NASALGA	BULI ES
16	DARREN BOY B. MARINO	SUCAT ES- MAIN
17	MAYDELYN N. ZAIDE	SUCAT ES - SITIO PAGKAKAISA ZONE 3 ANNEX
18	EDA E. CIPRES	SUCAT ES - SITIO PAGKAKAISA ZONE 4 ANNEX
19	RHEA LYN R. DEL ROSARIO	FILINVEST ALABANG ES
20	CHERMAINE R. CALLANTA	CUPANG ES – ANNEX
21	GENO E. AMARIO	BAGONG SILANG ES
22	VERNA LIZA R. RAMORAN	MUNTINLUPA NATIONAL HS
23	JULIUS V. MACARANAS	TUNASAN NHS
24	LINDSAY T. MARANAN	MUNTINLUPA SCIENCE HS
25	AGNES T. GUBATAN	POBLACION NATIONAL HS
26	PHERNIE E. ABARCA	PEDRO E. DIAZ HS
27	IVY M. VIBORA	MUNTINLUPA BUSINESS HS - SUCAT ANNEX
28	MERIAM A. ROA	MUNTINLUPA BUSINESS HS -MAIN
29	GINA LONDRES RODRIGUEZ	CUPANG SHS
30	JORGE T. ENDOZO	SUCAT SHS



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TRAINING ON PSYCHOLOGICAL FIRST AID AND SUICIDE PREVENTION
March 24, 2025, Parque España Residence Hotel
Program Matrix

Time	Activity	Responsible Person
9:00 – 9:30 a.m.	Opening Program - National Anthem - Prayer	AVP
	Presentation of Participants	Dr. Maricel R. Subida Division Dentist II
	Statement of Purpose	Mrs. Ma. Regaele A. Olarte OIC-Chief Education Supervisor, SGOD
	Message	Violeta M. Gonzales Asst. Schools Division Superintendent Officer-In-Charge Office of the Schools Division Superintendent
9:31– 11:30 a.m.	“Reorientation on Psychological First Aid”	Mr. Constancio C. Paubsanon Jr. Psychologist II/ Project Manager
11:31 a.m.– 12:00 nn	Open Forum	
12:00 nn- 1:00 p.m.	LUNCH	
1:01- 1:30 p.m.	Icebreaker	
1:31-4:00 p.m.	“Suicide Prevention”	Maria Cecilia A. Cunanan Nurse II/ Training Coordinator
4:31- 4:31 p.m.	“Project C.A.R.E.”	Dr. Maricel R. Subida Division Dentist II
4:31- 5:00 p.m.	Open Forum Closing	
Emcee:	Ms. Maripaz M. Lavin	