



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent



MAR 31 2025

MEMORANDUM

MENTAL HEALTH ORIENTATION FOR GUIDANCE TEACHERS / DESIGNATES

To: OIC – Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads / OICs
All Others Concerned

1. Attached is a letter of invitation from Paul Kenneth M. Benavidez, MAP-CP, RPsy, Rpm, for all Guidance teachers/designates on the above-mentioned title, on **April 4, 2025, from 8:00am to 12:00nn** at the *2nd floor Conference Room, Putatan Health Center, National Road, Brgy. Putatan, Muntinlupa City.*
2. Participants to the said activity are encouraged to make necessary arrangements to avoid disruption of classes as stipulated in DepEd Order No. 9, s, 2005 entitled “Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.”
3. Please see the attached list of the official participants.
4. For immediate dissemination and strict compliance.


VIOLETA M. GONZALES
Asst. Schools Division Superintendent
Officer In-charge
Office of the Schools Division Superintendent


Encl:
Reference: none
To be indicated in the Perpetual Index
under the following subjects:

GUIDANCE TEACHERS/DESIGNATES

MENTAL HEALTH

lbp/ Mental Health Orientation for Guidance Teachers/Designates

146/March 30, 2025

UN-2025-146



Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,
Muntinlupa City
(02) 8805 - 9935, (02) 8805 - 9940
sdo.muntinlupa@gmail.com



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Republic of the Philippines
Department of Education
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SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

OFFICIAL PARTICIPANTS

NAMES	SCHOOL
1. Marian Muyot	PEDHS
2. Lindsay Maranan	MSHS
3. Jose Jericho Joson	MSHS, SHS
4. Meriam A. ROA	MBHS Main
5. Ellaine C. Balberona	POBES
6. Verna Liza Ramoran	MNHS JHS
7. Jorge T. Endozo	Sucacat SHS
8. Ivy M. Vibora	MBHS SA
9. Rhea Lyn R. Del Rosario	FAES
10. Cecilia A. Ponce	BES 1
11. Fe V. Malahito	MES
12. Edwina Arong	PEDHS
13. Lolita Orlanda	PEDHS
14. Geno E. Armario	BSES
15. Maricel R. Muncada	FDMES
16. Cynthia B. Balla	IES
17. Ma. Luisa C. Parraba	TNHS/JHS
18. Darren Boy B. Marino	SESM
19. Julius Macaranas	TNHS-SHS
20. Ma. Loise Parraba	TNHS-JHS
21. Gina L. Rodriguez	CSHS
22. Marybeth Valdivia	SHES
23. Donesel Bahian	TES
24. Eden Lotho	VHES
25. Junjie B. Talatayod	MNHS-SHS
26. Amielyn Dig	BESM
27. Salome J. Perez	LIS
28. MARYLEN F. Rempillo	AES






Republika ng Pilipinas
Pamahalaang Lungsod ng Muntinlupa
TANGGAPAN NG PANGKALUSUGAN
*Community-Based Mental Health &
Wellness Program*



March 20, 2025

DR. VIOLETA M. GONZALES, CESO VI
Officer-in-Charge
Office of the Schools Division Superintendent
Muntinlupa City

Received by: 
IRIS M. RAYOS
SDO-Muntinlupa (Records Unit)
3/24/25 8:20 AM

THRU: **DR. LILIOSA B. PALCE**
Education Program Supervisor for SPED/ EsP/ Guidance

Dear Dr. Gonzales:

In line with our continuous efforts to promote mental health and wellness of our students in Muntinlupa, the City Health Office will be conducting the activity entitled **Mental Health Orientation for Guidance Counselors**. The said activity will be conducted on April 4, 2025 which will be held at 2nd Floor Conference Room, Putatan Super Health Center, National Road, Brgy. Putatan, Muntinlupa City.

This initiative aims to equip guidance counselors with the necessary knowledge and skills to identify early signs of mental health conditions, understanding and applying evidence-based interventions to support students facing mental health challenges, and facilitate appropriate referrals to the Community-Based Mental Health Program and other relevant government offices providing mental health services. The orientation is designed as a half-day face-to-face seminar which will provide in-depth discussions on the following key areas:

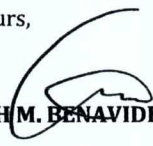
- Recognizing red flags of mental health conditions among students and adolescents.
- Understanding and applying evidence-based interventions to support students facing mental health challenges.
- Strengthening referral pathways to the Community-Based Mental Health Program and other relevant government offices to ensure timely and appropriate interventions for our students

In this regard, **we humbly invite 25 Guidance Counselors/Teachers/Staff** of Public Elementary and High Schools within Muntinlupa City to participate in this meaningful initiative.

Should you have any questions or concerns, feel free to message Ms. Eugenie Victoria Escutin on her contact number 0925-379-8217.

Thank you very much and we are hoping for your favorable response to our request.

Respectfully yours,


PAUL KENNETH M. BENAVIDEZ, MAP-CP, RPsy, RPm
Psychologist
Muntinlupa Community-Based Mental Health and Wellness Program

Noted by:


CAROLYN H. MAGALONG, MD
Acting Head
Muntinlupa City Health Office