



Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

MAY 28 2025

Advisory No. 036, s. 2025

May 28, 2025

In compliance with DepEd Order (DO) No. 8, S. 2013
This advisory is issued for the information of DepEd officials,
personnel/staff, as well as the concerned public.

4th PHILIPPINE POSITIVE PSYCHOLOGY CONFERENCE

Attached is a letter from Dr. Merimee Tampus-Siena, LPT, RGC, RPsy, Conference Convenor, Philippine Positive Psychology Conference, on the above-mentioned title, contents of which are self-explanatory, for the information and guidance of all concerned.

Participation of public and private schools shall be subject to the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s. 2005 entitled "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith."

Moreover, schools are reminded of the "No Collection and No Selling of Tickets Policy" stipulated in DepEd Order Nos. 19 and 40, s. 2008 and RA Nos. 4206 and 5546.

036

AD-2025-036




Student Center for Life Skills Bldg., Centennial Ave, Brgy Tunasan,
Muntinlupa City
(02) 8805 - 9935, (02) 8805 - 9940
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Psychological Association of the Philippines
Positive Psychology
Special Interest Group

 Positivepsychph.sig@gmail.com

 [Positive Psychology - PAP SIG](#)

MAY 10, 2025

Dr. Violeta M. Gonzales, CESO VI
OIC-Office of the Schools Division Superintendent
Schools Division of Muntinlupa

Dear Dr. Gonzales

Warm greetings from the **Positive Psychology Special Interest Group of the Psychological Association of the Philippines (PAP)**

We are writing this letter to invite your faculty, staff, and students to join the upcoming **4th Philippine Positive Psychology Conference** to be held on **July 18–19, 2025, at Miriam College**, with the theme, *“Flourishing Together: Understanding the Role of Positive Psychology in Bridging Cultures.”*

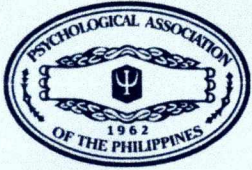
This national conference brings together **three renowned international speakers, ten hands-on workshops**, and a **special book launch** on positive psychology in the local context. It also offers a valuable opportunity for teachers, school leaders, and mental health professionals to engage with a growing community of scholars and practitioners in the field.

Designed to be highly relevant to educators and guidance personnel, the sessions will include evidence-based strategies for **promoting student well-being, positive parenting, supporting adolescents toward flourishing, and applying strength-based approaches inside the classroom**. These insights will be particularly useful in addressing the socio-emotional and developmental needs of Filipino learners.


CPD units have been applied for Psychologists, Psychometricians, Guidance Counselors, and Licensed Professional Teachers, further underscoring the program’s alignment with professional development goals.


Below are the registration fees for the conference:

- **₱4,000.00** – Early Bird & Student Discount (until June 17, 2025)
- **₱4,800.00** – Regular Fee (June 17 – July 17, 2025)
- **₱4,500.00** – Group of 3
- **₱3,200.00** – PPPA Members, MC students & employees, PWDs/Seniors
- **₱5,500.00** – Onsite Registration



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Included in this registration fee are (1) Access to all plenary sessions, (2) a choice of joining two workshops (1 per day), (3) a conference kit, and (4) snacks and lunch for the duration of the conference.

Attached to this letter is the conference program for your perusal. Interested participants may register through this link. Details for the payment can also be found in this link.

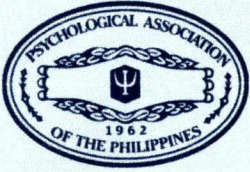
https://docs.google.com/forms/d/e/1FAIpQLSf3fgvrtjUmPrTBHupZu1i-opak0xRBixYtt1mkHpFq7_rABg/viewform

We believe that this conference would support the growth of our attendees as it would help deepen the understanding and application of positive wellbeing and mental health. The workshop topics are designed to tap into the applications of various positive psychology applications.

Thank you very much for your continued support of educational and mental health initiatives. We look forward to your favorable response as we work together toward building flourishing schools for every Filipino learner.

Sincerely,

Dr. Merimee Tampus-Siena, LPT, RGC, RPsy
Conference Convenor
Philippine Positive Psychology Conference



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Special Interest Group

✉ Positivepsychph.sig@gmail.com

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4th Philippine Positive Psychology Conference at a Glance


Schedule for Conference:


Day 1: July 18, 2025:

Time	Activity
7:00 - 8:00 AM	Registration
8:00 - 8:10 AM	Conference Opening 1. Opening Prayer 2. Philippine National Anthem 3. Welcome Remarks (President of Miriam College)
8:10 - 8:15 AM	Positive Psychology Conference over the Years: A Rationale and Appreciation Ms. Rosario Punzalan Founding Director Philippine Positive Psychology Association
8:15 - 8:20 AM	Introduction of Plenary Speaker #1 Mr. Gabriel Sebastian N. Lizada, Rpm, RPsy Chairperson, Positive Psychology SIG
8:20 - 10:20 AM	Plenary Speaker #1: <i>Culture and Wellbeing</i> Dr. Mohsen Joshanloo Keimyung University, South Korea
10: 20 - 10:30 AM	Open Forum and Q&A



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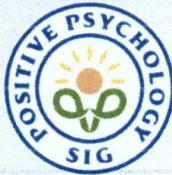
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 **Positive Psychology - PAP SIG**

10:30 - 10:35 AM	Awarding of Certificates
10:35 - 11:00 AM	Health Break
11:00 - 12:00 NN	Launching of Positive Psychology Book and Conversations with the authors
12:00 - 1:00	Lunch Break
1:00 - 4:00	Workshops Set A: <ol style="list-style-type: none">Laughter Yoga <i>Mr. Paolo Trinidad</i>Implementing Positive Workplace: <i>Mr. John Baluyot and Ms. Nikki Vergara</i>Cultivating Your Own Finding Strengths <i>Ms. Jana Dawon</i>Positive Parenting <i>Mr. and Mrs. King and Joy Filart</i>The Courage To Do What Is Difficult <i>MJ Busa</i>


Day 2: July 19, 2025:

Time	Activity
8:00 - 8:10 AM	Opening Activity:
8:10 - 8:20 AM	Recap and Reaction for Day 1
8:20 - 8:25 AM	Introduction of Plenary Speaker #2 Ms. Rosario Punzalan Founding Director



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	Philippine Positive Psychology Association
8:25 - 10:00 AM	Plenary Speaker #2: The Strengths and Collective Resilience Jana Dawson Director of Academic and Training Development The School of Positive Psychology Singapore
10:00 - 10:10 AM	Open Forum
10:10 - 10:15 AM	Awarding of Certificates
10:15 - 10:30 AM	Health Break
10:30 - 10:35 AM	Introduction of Plenary Speaker #3 Dr. Merimee Tampus -Siena Co-Chair, Positive Psychology SIG
10:35 - 12:05 PM	Plenary Speaker #3: Volunteering, Kapwa, and Wellbeing Dr. Grace Aguilung -Dalisay Professorial Lecturer, Department of Psychology University of the Philippines - Diliman
12:05 - 12:15 PM	Open Forum
12:15 - 12:20 PM	Awarding of Certificates
12:20 - 1:30 PM	Lunch Break
1:30 - 4:30 PM	Workshops Set B: 1. Identifying your Strengths

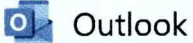


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	<p><i>Ms. Anne Bernice Atienza Dy</i></p> <ol style="list-style-type: none">2. Thriving with adolescents: a workshop on positive parenting <i>Dr. Teresita Rungduin</i>3. Culture and Wellbeing <i>Dr. Mohsen Joshanloo</i>4. Establishing Wellbeing Programs in Schools <i>Dr. Ma. Cristina Esquivel-Saldivar</i>5. Cultivating Flourishing through Gratitude & Generosity: A Workshop Rooted in Ancient Wisdom <i>Dr. Sam Sumaoang</i>
4:30 - 5:00 PM	<p>Closing Program</p> <ol style="list-style-type: none">1. PPPA Future Activities of the Positive Psych SIG, Invite to SIG and PAP2. Diploma in Applied Positive Psychology3. Closing Remarks4. Showing of Conference Highlights (Video Presentation)5. Community Picture taking



Invitation to Attend 4th Positive Psychology Conference

From Positive Psychology Ph <positivepsychph.sig@gmail.com>

Date Sat 5/10/2025 1:27 PM

To SDO MUNTINLUPA <sdo.muntinlupa@deped.gov.ph>

📎 1 attachment (1 MB)

Positive-Psychology-Conference-Invite MUNTINLUPA.docx.pdf;

Dr. Violeta M. Gonzales, CESO VI
OIC-Office of the Schools Division Superintendent
Schools Division of Muntinlupa

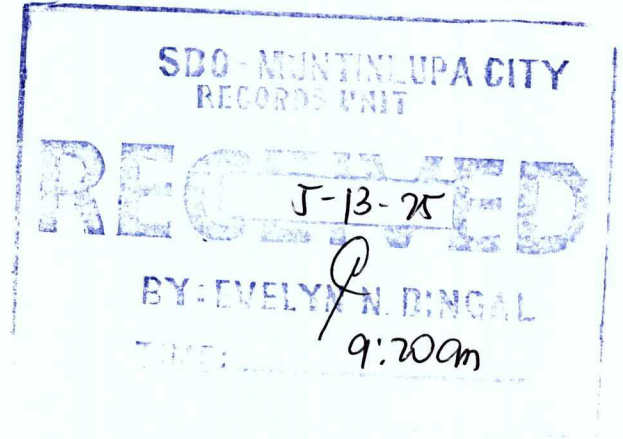
Dear Dr. Gonzales

Greetings of peace and well-being!

The PAP Positive Psychology Special Interest Group is happy to announce the date to our upcoming **4th PHILIPPINE POSITIVE PSYCHOLOGY CONFERENCE** with the theme, "**Flourishing Together: Understanding the Role of Positive Psychology in Bridging Cultures**" on July 18-19, 2025 at Miriam College, Quezon City.

Whether you are a student, a psychology practitioner, a researcher, an educator, or any individual who aims to learn more about Positive Psychology from a global perspective, this event is for you! 🍷

This event is organized by the Psychological Association of the Philippines (PAP) Special Interest Group in Positive Psychology and the Department of Psychology of Miriam College (formerly Maryknoll), co-presented by the Philippine Positive Psychology Association. ✨



The Psychological Association of the Philippines (PAP)
 Special Interest Group (SIG) in Positive Psychology and
 Miriam College, Department of Psychology
 co-presented by
 Philippine Positive Psychology Association (PPPA)
 bring you

**THE 4TH PHILIPPINE
 POSITIVE PSYCHOLOGY CONFERENCE**

Flourishing Together:
**Understanding the Role of Positive
 Psychology in Bridging Cultures**

JULY 18-19, 2025 | MIRIAM COLLEGE, QC

3 International Plenary Speakers **LIMITED SLOTS!**

10 Engaging Workshops

CPD points for RPsy, RPm, RGC, LPT
Application in Progress

Learning Investment:

- Regular Fee **P4,800**
- Group of 3 **P4,500**
- Early Bird and Students **P4,000**
(registration on or before June 17, 2025)
- PWD/ Senior / MC students & employees **P3,200**

REGISTER NOW!

**Includes Snacks, Lunch, Certificates, & Workshop Kit

Scan the QR code to register or go to:

<https://tinyurl.com/4thPPPCReg>

For FAQs, check out:

<https://tinyurl.com/4thPPPCFAQs>

We hope to see you very soon! 🍌



PAP Special Interest Group in Positive Psychology