



Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

SEP 19 2025

MEMORANDUM

**SCHEDULE OF PRACTICES FOR THE UPCOMING REGIONAL
WELLNESS DANCE MASTERS COMPETITION**

To: OIC – Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. In preparation for our participation in the Regional Wellness Dance Masters Competition, all dancers are hereby advised of the official schedule of practices.
2. Enclosed with this Memorandum is the schedule of practices along with the selected Division Wellness Dancers for reference.
3. Teacher dancers are entitled to service credits, while non-teaching personnel will be granted Compensatory Time-Off (CTO) credits for the days participated during the practices on weekends as stipulated in DepEd Order No. 30, s. 2016 and Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 1 s. 2015.
4. Immediate and wide dissemination of this Memorandum is desired.

VIOLETA M. GONZALES CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl: As stated

Reference:

To be indicated in the Perpetual Index
under the following subjects

	/TRAINING	SCHOOL	TEACHERS	ACTIVITY
E C E/	SCHEDULE OF PRACTICES FOR THE UPCOMING REGIONAL WELLNESS HATAW SAYAW COMPETITION			

September 17, 2025

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List of Division Wellness Dancers

NO.	NAME	SCHOOL	SCHEDULE/ VENUE
1	Amiel Batohinog	BESM	September 20, 2025 Alabang Elementary School 8:00 am – 4:00 pm
2	Charlene Alcantara	LIS	
3	Queen Manabat	LIS	
4	John Daryl Elichicon	SSHS	
5	Argel Hek-	MBHSM	
6	Paolo Tesorero	TNHS	
7	JC Recaña	AES	
8	Jako Manikan	LIS	September 27, 2025 Alabang Elementary School 8:00 am – 4:00 pm
9	Joyce Encarnacion	MBHSSA	
10	Merry Apple Tenorio	FAES	
11	Maria Luisa Rodio	TNHS	
12	Zoe Nadia	MBHSM	
13	Anton Bandilla	MBHSM	
14	Jasper Diaz	MBHSM	
15	Enen Medina	MBHSM	October 4, 2025 Alabang Elementary School 8:00 am – 4:00 pm
16	Jopai Dariagan	MBHSM	
17	Jeperson Itulid	MBHSM	
18	Almarie Morales	CESM	
19	Jayson Manikan	AES	
20	Lab Leya Sison	VHES	
21	Abby Palafox	LIS	
22	Charlene Abat Medina	MES	
23	Baby jane Penascosas	VHES	
24	Sara T. Palaganas	VHES	
25	Hedrick Seda	PEDHS	