



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY


Office of the Schools Division
Superintendent

MEMORANDUM

**MENTAL HEALTH AWARENESS TALK 2025:
STRENGTHENING THE MIND AND SPIRIT OF EVERY SCOUT**

To: Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
OIC-Chief Education Supervisor, School Governance and Operations Division
Public Secondary School Heads / OICs
All Others Concerned

1. Attached is a letter from Mr. Michael N. Padua, Outfit Advisor, of MNHS Main, dated September 19, 2025, on the above-captioned title, the contents of which are self-explanatory, for the information and guidance of all concerned.
2. Please see the attached list of participants, for reference. Likewise, the participants to the said activity shall be subject to the no-disruption of classes policy as stipulated in DepEd Order No.9 s. 2005, titled "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith."
3. Please be guided by DepEd Order No. 09, s. 2024, titled, "Implementing Guidelines on the School Calendar and Activities for the School Year 2024-2025, on the allowable activities that require the participation of learners and teachers that will not result in the disruption of classes.
4. Queries may be directed to the BSP Coordinator, Mr. Eduardo L. Kondo, Project Development Officer II, DRRM, Schools Division Office of Muntinlupa at 0966-524-0873.
5. Immediate and wide dissemination of this Memorandum is desired.


VIOLETA M. GONZALES CESO VI
Asst. Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl.: As stated

References: As stated

To be indicated in the Perpetual Index
Under the following subjects:

COMMUNICATIONS TRAINING ACTIVITIES

ELK/DM/MENTAL HEALTH AWARENESS TALK 2025: STRENGTHENING THE MIND AND SPIRIT OF EVERY
SCOUT

407 /October 2, 2025



Republic of the Philippines
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SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

**LIST OF PARTICIPANTS FOR THE MENTAL HEALTH AWARENESS TALK 2025:
STRENGTHENING THE MIND AND SPIRIT OF EVERY SCOUT**

| | School | BSP Outfit Advisor | Number of BSP Leaders per school |
|----|---------------------------------------|---------------------------|---|
| 1 | Muntinlupa National HS | Jason Abir | 10 |
| 2 | Poblacion National HS | Mark G. Buñales | 10 |
| 3 | Tunasan National HS | Danixa Ann C. Rocha | 10 |
| 4 | Muntinlupa Science HS | Elma Dapulaza | 10 |
| 5 | Lakeview Integrated School | Pamela H. Galvez | 10 |
| 6 | Pedro E. Diaz HS | Rogelio M. Cabanting Jr. | 10 |
| 7 | Muntinlupa Business HS | Enen A. Medina | 10 |
| 8 | Muntinlupa Business Sucat Annex HS | Cherryl Anne Pajarillo | 10 |
| 9 | Cupang Senior HS | Melanie Galut | 10 |
| 10 | Sucate Senior HS | Lyn Mar P. Danugo | 10 |

Note: Wear Type A BSP uniform



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SCHOOLS DIVISION OF MUNTINLUPA CITY
MUNTINLUPA NATIONAL HIGH SCHOOL
NBP RESERVATION, POBLACION, MUNTINLUPA CITY

September 19, 2025

DR. VIOLETA M. GONZALES CESO VI
Schools Division Superintendent
Office of the Schools Division Superintendent
Schools Division Office, Muntinlupa City

Thru: **DR. ROSENDO E. SANGALANG**
School Principal IV

MR. EDUARDO L. KONDO
Division Scouts Coordinator

CARMELITA C. RONGAVILLA LT
Chairperson
BSP City Council Muntinlupa

Received by: 
IRIS M. RAYOS
SDO-Muntinlupa (Records Unit)

9/25/25 10:43 AM

Dear Dr. Gonzales;

Warm greetings!




In line with the celebration of the National Mental Health Week, we, the Senior Scouts of Muntinlupa National High School, respectfully request your kind permission to conduct the **"Mental Health Awareness Talk 2025 with the theme: Strengthening the Mind and Spirit of Every Scout on October 14, 2025, at SM Tunasan, Muntinlupa City.** This event is expected to gather at least **5 Senior Scouts attendees** from both public and private schools within the Division of Muntinlupa.

This activity is aligned with the Republic Act on Mental Health and pertinent DepEd Orders on youth development and wellness programs. It also forms part of our annual flagship program of activities and is a school-initiated project by the Muntinlupa National High School Senior Scouts.

The purpose of the activity is to provide timely and relevant information on mental health, promote resiliency, and empower our scouts to take proactive roles in caring for their well-being and that of others, in consonance with the goals of the National Mental Health Week celebration.

The talk is being organized in collaboration with the Philippine Air Force Department, the Boy Scouts of the Philippines (BSP) City Council of Muntinlupa, and Junior Chamber International (JCI) Alabang.



 Muntinlupa National High School
 NBP Reservation, Poblacion, Muntinlupa City
Telephone No / Fax No.: 8-850-52-15
 muntnatlhs@yahoo.com



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MUNTINLUPA NATIONAL HIGH SCHOOL
NBP RESERVATION, POBLACION, MUNTINLUPA CITY

We are honored to invite the following esteemed guest speakers:

1. **Dr. Ma. Via Jucille R. Galban**, MBA – Physician, entrepreneur, and sustainable health & business professional, with extensive experience in academic institutions, local government, private sector, NGOs, and civil society. She is the wife of the **Assistant Secretary for Operations at DepEd, Hon. Dexter A. Galban**. She has worked as a research consultant for health policy projects under the Department of Health (DOH) Philippines, USAID, University of the Philippines, and the Global Center for Good Governance in Tobacco Control (GGTC).

2. **Mr. Jerry Bautista** – Registered Guidance Counselor, Mental Health Advocate, and member of the Rotary Club of Alabang.

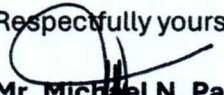
3. **Mr. Eduardo L. Kondo** – Division Scout Coordinator and Social Health Advocate.

4. **Mr. Edward Manuel Albino** – Teacher at MNHS and expert in Sustainable Development Goal 3, Mental Health Advocate.

Through this program, we aim to inspire, educate, and equip our Senior Scouts with knowledge and practices to support mental health, consistent with national and local youth development initiatives.


Thank you very much for your kind consideration and support of this meaningful endeavor.

Respectfully yours,


Mr. Michael N. Padua
Teacher III – Outfit Advisor


Mr. Jayson B. Abir
Teacher I – Schools Scout Coordinator

Noted by:





Rosendo E. Sangalang EdD
Principal IV

Endorsed by:


Carmelita Rongavilla, LT
Council Chairperson


Eduardo L. Kondo
Division Scout Coordinator



 Muntinlupa National High School
 NBP Reservation, Poblacion, Muntinlupa City
Telephone No / Fax No.: 8-850-52-15
 muntnatlhs@yahoo.com

PROGRAM FLOW
“Mental Health Awareness Talk 2025”
October 14,2025
10:00 AM
SM CENTER, TUNASAN, MUNTINLUPA CITY

| Time | Activity | Person In-Charge / Speaker |
|--------------------------|---|--|
| 10:00 – 10:15 AM | Registration | Scribes – JHS/SHS |
| 10:15 – 10:20 AM | Opening Prayer & National Anthem | Scout Host Troop |
| 10:20 – 10:25 AM | Welcome Remarks | Dr. Rosendo E. Sangalang, Principal IV |
| 10:25 – 10:30 AM | Inspirational Message | Dr. Violeta M. Gonzales, CESO VI Assistant Schools Division Superintendent Officer-In-Charge |
| | Statement of Purpose | HON. ROZZANO RUFINO B. BIAZON OFFICE OF THE CITY MAYOR MUNTINLUPA CITY |
| | | Sctr. Carmelita C. Rongavilla, LT BSP Muntinlupa Council Chairperson |
| | | Sctr. Jayson B. Abir MNHS, Institutional School Scout Coordinator |
| 10:30 – 11:30 AM | Talk 1: SDG 3: SELF-ESTEEM & IDENTITY ISSUES | Mr. Edward Manuel Albino Youth Leader and Social Advocate |
| 11:30 – 11:35 AM | Energizer | MNHS Chorale |
| 11:35 – 12:00 NN | LUNCH BREAK | |
| 12:00 – 1:00 PM | Talk 2: Psychosocial Support Program for Scouts: Empowering the Youth to Advocate Mental Health Support | Mr. Jerry Bautista, RGC HR Consultant/Mental Health Advocate |
| 1:00 – 2:00 PM | Talk 3: | Stephanie Angelica S. Naval Founder and Owner of Empath Corporation |
| 2: 00 – 2: 10 | ENERGIZER | MNHS CHorale |
| 2:10 – 3:10 PM | Talk 4: | Dr. Ma. Via Jucille R. Galban, MBA Physician,Entrepreneur, Executive Director – Alliance Improving Health Outcomes Inc. |
| 3:10 PM – 4:10 PM | Talk 5 | Mr. Eduardo L. Kondo Division Scouts Coordinator |
| 4:10 – 4:20 | Acknowledgment | Sctr. Michael N. Padua Teacher III, Outfit Advisor |
| 4:20 – 4:25 | Closing Message | Wine Ebasan Vice President Elect External Affairs |
| 4:25 – 4:30 PM | Awarding of Certificates & Photo Ops | Organizing Committee |

COMMITTEE – IN – CHARGE

The Committee-in-charge shall oversee the preparation and conduct of the event:

| COMMITTEE | LEAD | MEMBERS |
|---|---|---|
| Planning, Monitoring & Approving | Ms. Daife Olaira Head Teacher V JHS MAPEH Department Wine Ebasan Vice President for External Affairs JCI Alabang | Sctr. Jayson Abir Sctr. Michael Padua Officers/Teachers |
| Event Invitation for Participants | Sctr. Pamela H. Galvez WBH Lakeview Integrated School | Volunteer from other Schools |
| Program Flow | Sctr. Michael N. Padua Teacher III Outfit Advisor | JHS/SHS Officers |
| Registration and Attendance | Ms. Bernadette Mabini Teacher III | Ms. Farida D. Soriaga Master Teacher I Ms. Mary Ann Regala Teacher I Mr. Romnick E. Patao Teacher i |
| Ushers and Usherettes | Felicisimo Molina III Teacher III – WBH Ms. Nelia L. Sican Master Teacher I Ms. Leilani M. Tenedero Teacher III | All JHS/SHS Officers |
| Security and Safety | Wine Ebasan Vice President for External Affairs JCI Alabang | Volunteer from JCI Alabang & Philippine Air Force |
| Venue Accommodation | Michae N. Padua Jayson B. Abir | JHS/SHS Officers |
| Foods and Snacks | Wine Ebasan VP Elect, External Affairs | JCI Alabang Philippine Air Force Senior Scouts Volunteers Ms. Marissa A. Inocentes Teacher II Ms. Farida D. Soriaga Master Teacher I |
| Sound System, Technical Team, Video & Program Presentation, Tarpaulin | Brandon Cachapero LSDD – JCI Alabang | C-Jae Capal Renato Abebuag Platilla Jr. |
| Certificates & Token | Brandon Cachapero Michael Padua Jayson B. Abir | Volunteer from JCI Alabang Philippine Air Force Senior Scouts |
| Event Host | Ms. Noerine V. Polo | All SHS Scouts Officers |
| For Dessimination Information Division Memo | Mr. Eduardo L. Kondo Division Scout Coordinator | MNHS Senior Scouts |