



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division Superintendent

MEMORANDUM

No. 072 s. 2026

SKILLS TO THRIVE: LIVELIHOOD TRAINING FOR PWD AND SENIOR CITIZENS PERSONNEL OF SDO MUNTINLUPA

TO: Assistant Schools Division Superintendent
Chief, Curriculum Implementation Division
Chief, School Governance and Operations Division
Public Schools Supervisors and Education Program Supervisors, Unit Heads
All Others Concerned

1. This is to inform the field of the conduct of **SKILLS TO THRIVE: LIVELIHOOD TRAINING FOR PWD AND SENIOR CITIZENS PERSONNEL OF SDO MUNTINLUPA** on February 20, 2026 at Parque Espana, East Asia Drive, Filinvest Corporate City, Alabang, Muntinlupa City.
2. Enclosed are the Training Matrix and list of participants.
3. Immediate and wide dissemination of this Memorandum is desired.


VIOLETA M. GONZALES CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl.: As stated,
To be indicated in the Perpetual Index
under the following subjects:

PROGRAMS SCHOOL TRAININGS

ATT/Memo_ SAVE A LIFE: A PWD AND SENIOR CITIZENS TRAINING
OF SDO MUNTINLUPA
072 Feb.11,2026

NUM-2026-072



Student Center for Life Skills Bldg., Centennial Ave, Brgy. Tunasan, Muntinlupa City
8805-9935, 8805-9940
sdo.muntinlupa@gmail.com
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Time	Activity	Person Responsible
7:45 AM – 8 :15 AM	Registration and Preliminaries/Presentation of Participants	PMT/TWG
8:16 AM – 8:20 AM	Welcome Remarks	Dr. Florante C. Marmeto
8:21 AM - 8:25 AM	Presentation of Objectives	Mrs. Ada Trinidad A. Tagle
8 :26AM – 8:36 AM	Inspirational Message	Violeta M. Gonzales CESO V
8:36 AM – 8:40 AM	Introduction of the Speaker	Mrs. Ada Trinidad A. Tagle
8:15AM – 9:15 AM	Proper Hygiene and Food Handling	Ms. Marie Lavin
9:16 AM- 10:15 AM	Developing a simple business plan and pricing strategy	Ms. Virma U. Amistoso
10:16 AM -10:30 AM	Snacks and Health Break	PMT/TWG
10:30 AM -12:00 NN	Chicken Tocino and Longanisa Making	Teacher/ Trainer
12:00NN-1:00 PM	Lunch Break	PMT/TWG
1:01 PM-2:30 PM	Soap Making	City Agriculture Extension Officer/ Trainer
2:31 PM-2:45 PM	PM Snacks	PMT/TWG
2:46 PM- 4:00 PM 4:00 PM-5:00 PM	Product Packaging and Costing Closing	City Agriculture Extension Office Ada Trinidad A. Tagle Dr. Lilia A. Ricero



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**SKILLS TO THRIVE: LIVELIHOOD TRAINING FOR PWD AND SENIOR
CITIZENS PERSONNEL OF SDO MUNTINLUPA**

List of Participants

NO.	NAME	UNIT	CATEGORY
1	DR. VIOLETA M. GONZALES	SDS Office	Senior Citizen
2	DR. LILIA A. RICERO	ASDS Office	
3	DR. FLORANTE C. MARMETO	CID Office	
4	MA. REGAELE A. OLARTE	SGOD	PWD
5	NOEMI A. VALDEZ	ADMIN Office	Senior Citizen
6	MARK ANTHONY E. ANDOR	SUPPLY Office	PWD
7	VILMA A. MARQUEZ	CASHIER Office	PWD
8	DR. EVANGELINE M. AMAN	CID	PWD
9	PHOEBE R. ARROYO	SGOD	PWD
10	CLARISA C. AVILA	CID	Senior Citizen
11	ATTY. ERNESS FAITH J. REGACHO-ESPANTO	LEGAL Office	PWD
12	DR. MA. THERESA C. DELA ROSA	CID	Senior Citizen
13	CHRISTIAN PAUL L. DELA VEGA	SGOD	PWD
14	KATLEEN F. FABONAN	BUDGET	PWD
15	LERMA L. GALANG	CID	Senior Citizen
16	DR. ZOREN PEPITO L. GUBALANE	SGOD	PWD
17	CECILE A. ILARDE	CID	Senior Citizen
18	MA. TERESA S. INDAP	SGOD	PWD
19	JOICHE I. LUNA	SUPPLY Office	PWD
20	CHELO DG. RONGAVILLA	SGOD	PWD
21	DR. MA. MYRA E. NAMIT	CID	PWD
22	JOSEPH C. NILO	SGOD	PWD
23	DR. LILIOSA B. PALCE	CID	PWD
24	AIRA G. PARILLA	HRMO	PWD
25	LOURDES V. RODILLA	RECORDS Office	PWD
26	ADA TRINIDAD A. TAGLE	CID	PWD/PMT
27	JERICO B. YLEN	HRMO	PWD
28	DR. ARMIDA S. OBLINADA	CID	PWD
29	ARIEL ARCIAGA	Driver	Senior Citizen
30	ROGELIO DAUIS	Driver	Senior Citizen
31	MANOLO V. TALOSIG	Driver	Senior Citizen
32	VIRMA U. AMISTOSO	BUDGET Office	Trainer
33	JESUSA M. PALMA	TIII-PEDHS	Trainer
34	MARIE M. LAVIN	Nurse SDO	Trainer
35	VINA ANGELA A. PADLAN	CID	TWG
36	IVY M. ROMANO	SGOD	TWG
37	JHEMSON C. ELIS	CID	PMT
38	MENIANO D. EBORA	CID	PMT