



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
Schools Division Office – Muntinlupa City

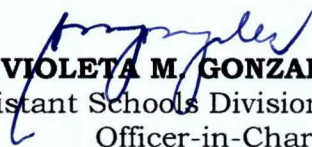
Office of the Schools Division
Superintendent

MEMORANDUM

GIRL SCOUTS OF THE PHILIPPINES (GSP) WORLD THINKING DAY

To: OIC – Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads
All Others Concerned

1. Girl Scouts of the Philippines' "World Thinking Day (WTD) 2026, is a globally recognized occasion celebrated by Girl Guides and Girl Scouts across the world to promote international friendship, solidarity, and global awareness.
2. Relative to this, GSP Troop Leaders are encouraged to conduct the suggested activities for the girls to earn the WTD badge. Attention is invited to paragraph 6 of the attached GSP NHQ Circular No. 42 s 2026, for the suggested activities.
3. Submit the report directly to the National Headquarters, Program Division at email address nhqprogram@gmail.co by using the World Thinking Day Celebration 2026 Report Form(Attachment B) along with action photos and narrative report on or before March 27, 2026.
4. WTD badge will be available at the National Equipment Service. Fill out the attached WTD badge pre-order form (attachment C) and submit the form at email address gspnhqnes@gmail.com.
5. Immediate and wide dissemination of this Memorandum is desired.


VIOLETA M. GONZALES CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent

Encl: As Stated
To be indicated in the Perpetual Index
under the following subjects:
GSP ACTIVITY

MMA/ GIRL SCOUTS OF THE PHILIPPINES (GSP) WORLD THINKING DAY
_____/ February 11, 2026



GIRL SCOUTS OF THE PHILIPPINES

National Headquarters

Manila

NHQ CIRCULAR No. 42 Series of 2026

TO : REGIONAL EXECUTIVE DIRECTORS, OFFICER-IN-CHARGE,
AND COUNCIL EXECUTIVES

RE : WORLD THINKING DAY (WTD) 2026

DATE : JANUARY 14, 2026

World Thinking Day celebration observed every February 22 of each year is a globally recognized occasion celebrated by Girl Guides and Girl Scouts across the world to promote international friendship, solidarity, and global awareness.

The **World Thinking Day 2026** celebration is especially meaningful, as it marks its 100th anniversary. The activities will focus on the theme **“Our Friendship”**, highlighting the significance of building meaningful connections and nurturing relationships that reach across cultures and borders.

This year’s activities will provide members the chance to reflect on the importance of friendship, strengthen bonds within their own communities, and honor the shared experiences that unite them within a global movement committed to leadership, service, and personal growth.

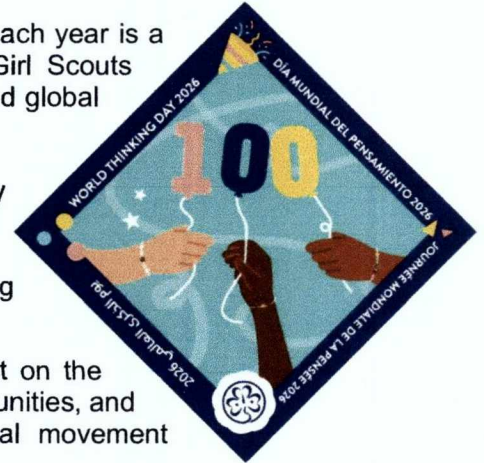
World Thinking Day 2026 promises to be an occasion filled with learning, cooperation, and joyful connections, inspiring Girl Guides and Girl Scouts everywhere to celebrate friendship and solidarity across the world.

The WTD activity pack can be adapted to suit delivery in an online environment. If you will not be able to hold a face-to-face meeting, you can either select activities that have been labeled as online friendly or adapt the activity to suit your needs in the online space. There is also an information to support those who will be holding activities predominantly offline or who will not be able to use some online tools.

In this regard, we encourage Girl Scouts from Regions and Councils to celebrate the joint birthday of our founders Lord Robert Baden Powell and Lady Olave Baden Powell by holding a WTD Ceremony (attached is the sample WTD Ceremony) and participate in the WTD activities to earn the WTD badge by adapting the attached suggested activities (Attachment A) and materials. Digital copy of the WTD Activity is also available for download through this link <https://campfire.wagggg.org/system/files/2025-10/EN%20-%20WTD%202026%20-%20Activity%20Pack.pdf>.

The activity pack is separated into 3 sections which explore:

- **Section 1: Friendship across Time and Traditions** – This section celebrates the global sisterhood, connection with other Guides and Scouts globally and our common vision as a Movement.
- **Section 2: Growing Together** – This section will give participants a chance to grow and understand themselves better, understand the importance of healthy friendship, and feel empowered to create connections.
- **Section 3: 100 Years of World Thinking Day** – This section is a chance to reflect on the history of World Thinking Day from its origins in 1926 to the impactful day it has become.



In order to earn the 2026 WTD badge, please follow these three-simple steps:

- 1) Create a brave space– follow the steps on the previous page to create an environment where everyone is valued and able to fully participate. Everyone should feel included, respected, and heard as they bravely stand up for what they believe in and tackle difficult issues.
- 2) Choose one activity from each section (3 sections total).
- 3) Take part in the final activity and share your amazing messages to the future on your Facebook Account and tag GSP Official Facebook Page at <https://www.facebook.com/girlscoutsofthephilippines> using the hashtag **#WTD2026**, **#OurFriendship**, and **#WTDIs100**.

By nurturing friendship and supporting one another, we can build a brighter future where every girl has the opportunity to shape a better world.

Please submit your report to the National Headquarters, Program Division at email address nhqprogram@gmail.com by using the World Thinking Day Celebration Report Form (Attachment B) along with the action photos and narrative report on or before **March 27, 2026**.

WTD badge will be made available at the National Equipment Service. Please fill out the attached WTD badge pre-order form (Attachment C) and submit the form at email address gspnhqnes@gmail.com.

We look forward to your active participation in this year's WTD 100th Anniversary celebration.

Happy World Thinking Day!



ROSELYN B. DAVADILLA
National Executive Director

cc: Central Board Members
Program Committee Members
Council Presidents
Council Vice President for International Participation
National Program and Training Centers
NHQ Senior Staff



GIRL SCOUTS OF THE PHILIPPINES

National Headquarters
Manila

WORLD THINKING DAY CEREMONY



- Setting : GSP Josefa Llanes Escoda Hall
A table placed at the center with picture of Lord and Lady Baden Powell, Thinking Day symbol, flowers, candles and thinking day basket.
- Formation : Line Formation
- Entrance Song : **THINKING DAY SONG**

Hey, hey, hey it's Thinking Day! (3x)
All over the world it's Thinking Day.

All over the world it's Thinking Day.

In Mexico, it's Thinking Day,
In Switzerland, it's Thinking Day,
In Canada, it's Thinking Day,
All over the world it's Thinking Day.

Refrain:
Hey, hey, hey it's Thinking Day! (3x)
All over the world it's Thinking Day.

Refrain:
Hey, hey, hey it's Thinking Day! (3x)
All over the world it's Thinking Day.

In Bangladesh, it's Thinking Day,
In Maldives, it's Thinking Day,
In Monaco, It's Thinking Day!
All over the world it's Thinking Day.

In Singapore, it's Thinking Day,
In USA, it's Thinking Day,
In the Philippines, it's Thinking Day!

Refrain:
Hey, hey, hey it's Thinking Day! (3x)
All over the world it's Thinking Day.

(1st 3 speakers come forward, lights a candle and reads the following)

1st Speaker

Girl Scouts all over the world celebrate Thinking Day on February 22 of every year, to signify the great efforts and vital contribution made by the Scouting Movement towards promoting world fellowship and peace.

2nd Speaker

Thinking Day commemorates the joint birthdays of the Founder of the Scouting Movement, Lord Robert and her wife Lady Olave Baden Powell. It is especially designated as international day to symbolize the unity of members of the World Family of Scouting, a day for "thinking of each other and for circling the world with a chain of warm, and friendly thoughts."

3rd Speaker

In 1912, Lord BADEN POWELL met OLAVE St. Clare Soames on a cruise. OLAVE and BADEN POWELL not only shared the same birthdays, but by the end of the cruise, they were secretly engaged! Although born 32 years apart, Olave and Robert found out that they had much in common: love of the outdoors, sports and music. They were married later that year, and OLAVE became Lady BADEN POWELL and World Chief Guide.

Patrol 1

As we celebrate Thinking Day, we should remember that in the fellowship of Girl Guides and Girl Scouts we have sisters from 150 countries around the world; that we owe a debt of love and gratitude to our Founder and World Chief Guide; that our dearest debt is to our Heavenly Father who has inspired our leaders with such vision of the unity of mankind.

Patrol 2

On Thinking Day, distances shrink, age differences vanish, nationalities, cultures and creeds blend, people stand united as kind thoughts, love and understanding circle the world. It is also a special time for our-reaffirmation of the PROMISE made and

rededication to the challenges and tasks ahead. As the lines in our World Song go...
“We must unite for what is right... To give to all both great and small all we can give.”

SONG:

THE WORLD SONG

Our way is clear as we march on,
And see our flag on high!
It’s never furled,
Throughout the world,
For hope shall never die!

All those who love the true and good,
Who’s promises were kept,
With humble minds,
Whose acts were kind,
Whose honour never slept!

We must unite for what is right,
In friendship true and strong,
Until the earth,
In its rebirth,
Shall sing our song,
Shall sing our song.

These were the free,
And we must be,
Prepared like them to live,
To give to all,
Both great and small,
All we can give.
All we can give.

(At this point, we pass the light from person to person, with each saying the line below when they light the candle)

Patrol 3

World Thinking Day 2026 embraces the theme “*Our Friendship*,” highlighting the importance of building meaningful connections and nurturing relationships among Girl Guides and Girl Scouts around the world. It offers an opportunity to reflect on what it means to be a Girl Guide or Girl Scout, while celebrating the shared journey we have taken together as a global sisterhood that reaches across cultures and borders.

Patrol 4

The World Association of Girl Guides and Girl Scouts (WAGGGS) continues to provide quality Girl Guiding and Girl Scouting experiences that are **Inclusive** – where everyone can meaningfully participate and feels an equal part of the space; **Empowering** - Where everyone feels confident to be themselves and **Safe** – where everyone is respected and free from discrimination and harm.

Patrol 5

Lady Baden Powell in one of her Thinking Day messages said and we quote, “*Our kind thoughts take wings, and fly from country to country, far and wide across the seven seas and, as our members increase each year, so the strength of our feelings of friendship are expanding and all thoughts of goodwill are unstilted value in this disturbed world in which we live today.*”

Young Adult

World Thinking Day gives us a major opportunity to help each other through our voluntary efforts. Every centavo that we share will go a long way to support Girl Guiding/Girl Scouting programs all over the world. The World Thinking Day Fund also helps girls’ voices to be heard globally, have access to unique and empowering non-formal educational experiences, and delivers leadership training to young women. Our contributions will strengthen our existence as a World Association.

(Participants drop their Thinking Day contributions in the Thinking Day basket while singing “Thinking Day Is Giving Day”)

SONG: THINKING DAY IS GIVING DAY

I’m thinking of you today, you know it’s a special day
As we share our joys, our fears and woes across the land and seas

It is Thinking Day today! Thinking Day is giving Day.
From Africa and Europe, the Western Hemisphere
Asia Pacific and the Arab Region group
All join hands in singing on this our thinking day
And let our thoughts encompass, our feelings, hopes and dreams.

I’m thinking of you today, you know it’s a special day
As we share our joys, our fears and woes across the land and seas
It is thinking day today, thinking day is giving day!





GIRL SCOUTS OF THE PHILIPPINES
National Headquarters
Manila

WORLD THINKING DAY CELEBRATION 2026
February 22, 2026



Council: _____

REPORT FORM

| ACTIVITIES UNDERTAKEN | TROOP NO. | AGE LEVEL | NO. OF GIRLS |
|---|-----------|-----------|--------------|
| February 22 - | | | |
| Activities: | | | |
| <i>Section 1: Friendship across Time and Traditions</i> | | | |
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| <i>Section 2: Growing Together</i> | | | |
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| <i>Section 3: 100 Years of World Thinking Day</i> | | | |
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GIRL SCOUTS OF THE PHILIPPINES

National Headquarters

Manila

**WORLD THINKING DAY (WTD) 2026
BADGE PRE-ORDER FORM**

| | |
|-----------------|--|
| Region | |
| Council | |
| Quantity | |

Submitted by:

Council Executive
(Signature over printed name)

Date

Note: This form must be submitted at GSP National Headquarters at email address gspnhqnes@gmail.com.



GIRL SCOUTS OF THE PHILIPPINES

National Headquarters

Manila

WORLD THINKING DAY (WTD) 2026

BADGE PRE-ORDER FORM

| | |
|-----------------|--|
| Region | |
| Council | |
| Quantity | |

Submitted by:

Council Executive
(Signature over printed name)

Date

Note: This form must be submitted at GSP National Headquarters at email address gspnhqnes@gmail.com.



GIRLSCOOUTSOF THE PHILIPPINES

Central Luzon Region

RIZAL COUNCIL

ANTIPOLO, LAS PIÑAS, MALABON, MARIKINA, MUNTINLUPA,
NAVOTAS, PARAÑAQUE, RIZAL, SAN JUAN & TAGUIG-PATEROS

LC Circular No. 03
Series 2026

WORLD THINKING DAY (WTD) 2026

TO : Schools Division Superintendents
Division GSP Coordinators/Public Schools District Supervisors
Principal Consultants/School Principals/Field Advisers
Secondary/Private Schools Principals/Heads/
GSP Coordinators Trainers, Troop Leaders
Twinkler, Star, Junior, Senior, Cadet Girl Scouts/Parents

FROM: Council Executive and Council President

Date : February 4

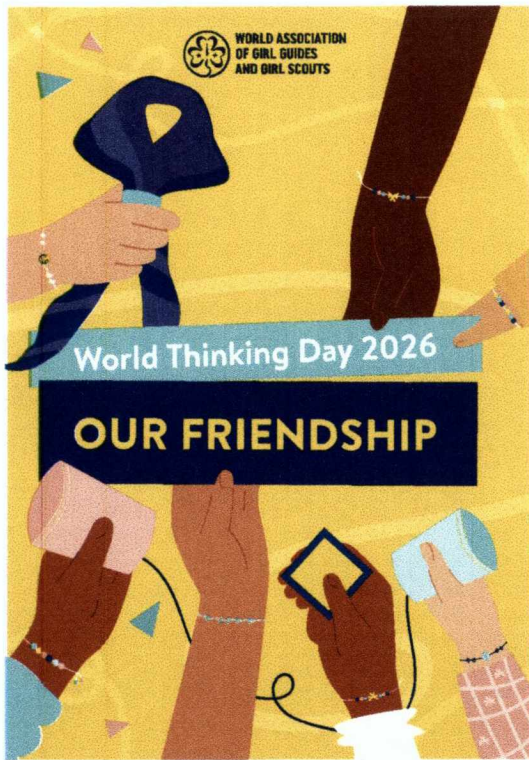
We are glad to share with you details of the 2026 World Thinking Day (WTD) Celebration through NHQ Circular No. 42, dated January 14, 2026 which we hope to be programmed in your activities this February 22 or even later within the month.

Please submit your Thinking Day Report using World Thinking Day Celebration Report Form (attachment B) along with action photos and narrative report soonest through our facebook account or email them.

Have a significant WTD Celebration.

MA. JESUSAS. SAMPANG

CARMELITA L. PALABAY, EdD



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Our Activity Pack**
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Acknowledgements

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Curated by Marley Shaw.

Designed by Silvana Somoza DC.

Additional thanks to all the five amazing WAGGGS World Centre teams, the ISS 2025 participants and to our staff and volunteers: Andri Vithereven, alongside Lynna Salinas and Gemma Owen for your contributions.

Special thanks to Nefeli Themaki, Danni Nuge, Hattie Hkeshali, Liz Tanzer and Mariana Soto.

World Association of Girl Guides and Girl Scouts

World Office
12, Hyde Park Road - London NW3 5PQ
United Kingdom Telephone
+44 (0)20 7794 1181
Email: world@wagggs.org
Website: www.wagggs.org
www.worldthinkingday.org

WAGGGS FOR HER WORLD

**Welcome to
World Thinking Day**

On February 22nd every year, World Thinking Day is celebrated. It is a time when Girl Guides and Girl Scouts around the world celebrate the global movement of the World Association of Girl Guides and Girl Scouts (WAGGGS) by highlighting international friendships and connecting with one another globally to celebrate together. It is an opportunity to learn and take action on global issues by supporting local communities alongside fundraising to support over 10 million Girl Guides and Girl Scouts around the world.

This year marks **100 years** of World Thinking Day as we have been celebrating this special day since 1926 when it was selected to be a day of international friendship at the fourth WAGGGS World Conference in the USA. February 22nd was chosen because it is the birthday of two key figures in Girl Guiding and Girl Scouting history: Olave Baden-Powell, the first World Chief Guide and Robert Baden-Powell, founder of the Boy Scout Movement.

To find out more about the history of World Thinking Day, [click here!](#)

Last year we celebrated **'Our Story'**, reflecting on the symbols and values of WAGGGS, exploring what it meant to be a Girl Guide, and Girl Scout over the years.

This year, we are exploring **'Our Friendship'** celebrating 100 years of World Thinking Day. It highlights the importance of friendship and connections to encourage and empower us to work together to continue to build our amazing global community.

**Over the next 2 years
we will celebrate:**

2025: Our Story

2026: Our Friendship

Celebrating 100 years of World Thinking Day. This is a chance to be curious, be creative by forming meaningful connections with our sisters in Girl Guiding and Girl Scouting and beyond.

2027: Our People

Highlighting the changemakers of the Movement. We will look at the inspiring members of our Movement and explore how we can learn more about to ensure we can all grow and thrive together.

2028: Our Future

Marking 100 years of WAGGGS - lets celebrate! Explore our vision and ready to create and create the future of WAGGGS together.

FRIENDSHIP

**Our Friendship
Our Activity Pack**

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The World Thinking Day Fund

A Tradition Since 1932

This Fund has existed since 1932, when a Belgian delegate at the 7th World Conference pointed out that a birthday (World Thinking Day) involves giving gifts. Since then, this tradition has continued. These donations provide **life-changing experiences** for Girl Guides and Girl Scouts around the world, such as the **Gifts of Service**, helping them grow as leaders and make a positive impact in their communities. Learn more about this in the historical impact reports [here](#).

The Challenge We Face

Unfortunately, contributions have been declining year after year, making it harder to continue producing these valued resources. The chart below shows how donations to the World Thinking Day Fund have changed over the past several years:



To safeguard the future of the activity pack and ensure that it remains freely available for everyone, **we need your help.**

How You Can Help

As we mark the **100th anniversary of World Thinking Day**, if you use this pack, take part in the activities and celebrations, and enjoy being part of this global tradition, we encourage you to **make giving part of the experience**. Organisations that support our work can help. Your support will help ensure the availability of the activity packs so the meaningful day can continue to inspire for the next 100 years and beyond.



The World Thinking Day Fund

Why Your Support Matters

Each year, the World Thinking Day activity pack is created with care, creativity, and collaboration; but it also requires significant time, energy, and resources to develop, translate, and share with Girl Guides and Girl Scouts across the world. This is only possible thanks to generous support to the World Thinking Day Fund.

WAGGGS has **11.2 million Members in 153 countries and territories**, and your support of the Fund ensures that World Thinking Day continues to be a celebration of friendship, leadership, and action for everyone, everywhere.

By donating, you help:

- Provide free and accessible **World Thinking Day activity packs** in multiple languages
- Support **national and local celebrations** around the world
- Fund **programmes, advocacy, and events** that empower girls and young women to make a difference in their communities
- Strengthen **WAGGGS' ability to plan** for the future and respond to the needs of our global Movement

How to Donate to the World Thinking Day Fund

Once you have collected your donations, you have a few options for sending them to WAGGGS:

- 1 **Your Member Organisation (MO):** Many MOs collect donations and forward them to WAGGGS on your behalf.
- 2 **Directly to WAGGGS online:** Donate easily [here](#) – this is our preferred option!
- 3 **By cheque or bank transfer:** Complete our [donation form](#) and send it with a cheque in the post, or make a bank transfer and email your completed form to hattie.henshall@waggs.org.
- 4 **QR Code:** also a preferred option!



Once we receive your generous gift, you'll receive a special World Thinking Day 'thank you'. If you are donating as part of a troop or unit, we'll also send you a certificate to celebrate your efforts and show our appreciation. Don't forget to check out page 8 for the different individual donation levels!

If you need any support with donating to the World Thinking Day Fund, please email hattie.henshall@waggs.org. You can also share with Hattie a photo or scan of your donation form, or a screenshot of your bank transfer, to help us process your contribution even faster!

Fundraising Activities

100

Friendship Gathering: 100 Years of Friendship

| | |
|---|---|
| Outcome | <ul style="list-style-type: none"> • Celebrate 100 years of World Thinking Day with a global gathering of Girl Guides and Girl Scouts. Invite friends old and new, near or far to join you online or in person. • Share stories, songs and sweet treats, build connections and relive old friendships and make new memories together. |
| Fundraising Ideas | <ul style="list-style-type: none"> • Give what you can to attend the gathering. • Share homemade or locally inspired food and drink. • Host a prize draw with friendship-themed prizes around the world. |
| Group Donations | <p>When you take part in a Friendship Gathering your only donation plus any money you raise from prize draws, raffles or other activities will be protected by your leaders and sent to WAGGGS.</p> <p>You can do this online via QR code or by cheque, credit, card or bank transfer.</p> |
| Group Certificates | Your group will receive a certificate to thank you for your fundraising efforts. |
| Buying your Badge | <p>You can buy your World Thinking Day badge separately through the WAGGGS shop, either individually or through your group.</p>  <p>SHOP NOW</p> |
| Individual Donations | <p>You can also make your own personal donation to the World Thinking Day Fund, separate from your group's fundraising and badge purchases.</p>  <p>DONATE</p> |
| Suggested Individual Donation Levels | <ul style="list-style-type: none"> • Supporter (£5 / €5.75 / US\$6.50 / AU\$6.50): Covers the cost of a badge for one person and makes a small donation to the Fund. • Champion (£12 / €13.50 / US\$15 / AU\$15): Covers the cost of a badge for one person and helps another member join World Thinking Day activities. • Friendship Hero (£50+ / €58+ / US\$65+ / AU\$65+): Covers the cost of a badge for one person and supports other groups and WAGGGS projects worldwide. <p><small>Note: we will never request the cost of goods or postage for our direct purchases.</small></p> |
| Certificates for Individual Donors | <p>Every donor receives a personalised digital certificate recognising you as a Supporter, Champion or Friendship Hero.</p> <p>You can print your certificate and display it on the Friendship Chain Wall at your event, or share it digitally, to help the planet.</p> |
| Set-up Tips | <ul style="list-style-type: none"> • Celebrate your space with global flags, Friendship quotes, and WAGGGS history facts from 1926 to today. |

How to use this pack

As leaders and facilitators, we encourage you to take time to read, reflect, and actively embed the following guidance as a conscious practice when facilitating activities.

Growing and Learning Together

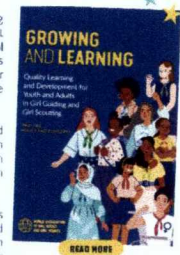
The Growing and Learning (GAL) framework is a learning and development framework we use at WAGGGS that brings together key aspects of our shared educational purpose. Through the growth outcomes, GAL helps us put into words all the magic and positive impact our Movement strives to have on the world around us and the young people we work with.

World Thinking Day is the perfect moment to remind ourselves that our Non-Formal educational approach (supporting members to grow and learn) is firmly rooted in our values (friendship, integrity and spirituality) and driven by those same growth outcomes.

The World Thinking Day activity pack is built around this framework, inviting every Girl Guide, and Girl Scout around the world to feel connected with something bigger than herself (Outcome 8), to care about the world and know how she can make a difference (Outcome 7) and most of all, celebrating Our Friendship will be able to form meaningful connections with all (Outcome 6).

We encourage you as leaders and facilitators of this activity pack to implement the Growing and Learning Framework into the WTD celebrations. As you guide participants through these activities, remember to:

1. Identify the relevant Growth Outcome(s) for each activity
2. Utilise the Leadership Mindsets and Girl Guide and Girl Scout Method to create learner-led experiences
3. Keep it R.E.A.L. Ensure your activities are relevant, exciting, accessible and learner-led so that everyone feels empowered to connect and grow.
4. Create space to grow and learn where young people can be themselves, feel safe and empowered to fully participate.



How to use this pack

We recognise that some topics that are explored in this resource may be complex, therefore we want to ensure leaders feel supported and empowered to facilitate these activities. It is important to create a girl-focused, engaging and brave space. This brave space should be a supportive and safe environment where every participant feels confident to learn, develop and challenge themselves.

- Inclusive** Everyone can meaningfully participate and feels an equal part of the space.
- Safe** Everyone is respected, free from discrimination and harm.
- Empowering** Everyone feels confident to be themselves.

For more information on the Growing and Learning Framework, you can visit [here](#)

Facilitating a Brave Space

Create some clear guidelines as a group to encourage openness and respect, agreeing on how your group will uphold them.

Vocally state that your space is safe for all those who wish to participate.

Be aware and mindful of what is happening in your local community and the wider world that may be impacting your group members, ensuring your approach allows all voices to have space to be heard.

Be ready and willing to adapt the resource to your local context and your group's experiences.

Avoid making generalisations when speaking about different issues.

Create a plan and communicate this clearly with your group to ensure everyone feels supported to speak up or seek support if they do not feel safe.

Stress the importance of confidentiality.



How to use this pack

Keeping it R.E.A.L.

One of the ways in which you can adapt this resource to better suit your group is by utilising the REAL method. To ensure that every girl grows and learns through this programme, the World Thinking Day Activity Pack is designed to offer REAL learning experiences.

| What this means | What it looks like in this pack | Your role as a facilitator |
|----------------------|---|--|
| R Relevant | <p>The activity connects to the lived experience, age, context, and interests of the participants.</p> <ul style="list-style-type: none"> • In Paper Walls the 'You' you get members encourage them to reflect their own opinions and identities, comparing them with those from other countries. • In the Gallery of Gaining Moments, older staff leaders share personal stories of friendship through photos or objects. • In Together we are stronger, groups connect with their wider community and learn from others' perspectives. | <ul style="list-style-type: none"> • List each activity to participants' suitable friends lists and resource lists. • Encourage personal reflection and storytelling. • Adapt examples to local traditions, cultures, and community life. |
| E Exciting | <p>The activity feels fun, creative and sparks curiosity. It includes different types of learning, movement, discussion, hands-on making, and reflection.</p> <ul style="list-style-type: none"> • In Paper Walls, participants problem-solve together through to gather and treasure. • In Sing Out groups create and perform songs, raps or poems to celebrate 100 years of World Thinking Day. • In the Friendship Challenge 1 unit, children actively explore friendship through joyful challenges. | <ul style="list-style-type: none"> • Use music, movement, art, and storytelling to bring energy. • Encourage play, role-play, and experiential learning. • Celebrate participation and creativity, these are no wrong answers. |
| A Accessible | <p>Every learner feels included, supported, and able to participate fully. Activities are designed to be adaptable to different learning needs and local resources.</p> <ul style="list-style-type: none"> • Activities use simple, low-cost or recycled materials. • Open sources, making local gifts items for beauty. • Tips include: for reading to different ages and abilities, for simplifying Golden of Friendship poems for younger girls. | <ul style="list-style-type: none"> • Offer 'double format' digital/physical, get support when needed. • Adapt timing or activity language where needed. • Make time for everyone's voice and contribution. |
| L Learner-led | <ul style="list-style-type: none"> • Participants shape their learning experience through choice, leadership, and action. • In Paper Walls, groups design small collaborative projects in a common yoga studio. • In 100 Acts of Friendship, participants choose and lead acts of kindness. • In Threads of Our Connection, each participant creates a mosaic, symbolising their learning and friendships. | <ul style="list-style-type: none"> • Let participants take the lead in decision-making and planning. • Encourage peer learning, reflection and feedback. • Support action projects that reflect their passions and ideas. |

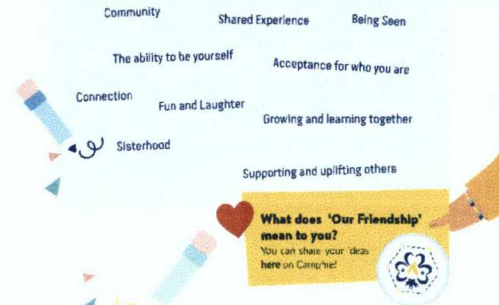
Our Friendship: An Introduction

The theme for World Thinking Day 2026 is 'Our Friendship'. This is a chance for you to explore and celebrate all the incredible friendships built and developed within the Girl Guiding and Girl Scouting Movement as well as those within your own communities. You can explore what it means to be a Girl Guide or Girl Scout, learn more about the global aspect of our Movement and celebrate the impact and legacy of World Thinking Day over the last 100 years.

Objectives

- ✓ To feel empowered to be yourself and create meaningful friendships.
- ✓ To reflect on the history of World Thinking Day and celebrate 100 years!
- ✓ To understand the importance of friendship in Girl Guiding and Girl Scouting Movement now, and in the future.

What does 'Our Friendship' mean to the writing team?



How to use this year's activity pack

Girl Guiding and Girl Scouting is often a space where friendships are able to grow and flourish. So this year, we are celebrating those friendships, while also exploring healthy friendships and the importance of community both within our Movement and in the wider world as we are stronger together.

The activity pack is separated into 3 sections which explore:



Section 1: Friendship across Time and Traditions

This section celebrates the global sisterhood, connection with other Guides and Scouts globally and our common vision as a Movement.



Section 2: Growing Together

This section will give you a chance to grow and understand ourselves better and understand the importance of healthy friendships and how empowered we can be as a result.



Section 3: 100 Years of World Thinking Day

This section is a chance to reflect on the history of World Thinking Day from its origins in 1926 to the important Day it has become.

Activity age-range

Each section has had the activities separated into 2 suggested age-ranges:

- Younger Years (4 - 8 years)
- Middle Years (9 - 13 years)
- Older Years (14+ years)

This is to help make the pack more accessible for leaders. These are only suggested ages as we encourage you to select the most relevant activities for your group and use this as guidance.

For an additional (optional) challenge, we have included a FRIENDSHIP acronym in the activity pack. We encourage you to challenge yourself by finding and completing the 10 activities that represent the different letters in Friendship!



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Beads of Friendship

Once you have completed your selected activities from the three sections and your final activity, your task is to create a friendship bracelet. This beaded bracelet represents your friendship with one another but also represents the international community that the Girl Guiding and Girl Scouting Movement are part of around the world.

Our Friendship knows no boundaries or barriers,

we are a global sisterhood,

supporting and empowering

one another from across the world.

After completing each activity, you should create and collect beads. We encourage you to complete as many activities as you can because that means your friendship bracelet will have even more beads!

Each section represents a different colour of bead:

Friendship across Time and Traditions

Growing Together

100 Years of World Thinking Day

If you do not have these exact colours, we recommend using 3 different colours beads to represent each section.

Once you have created your friendship bracelet, we encourage you to ask a friend you have made within Girl Guiding or Girl Scouting to tie it onto your wrist. Alternatively, you could swap your bracelets with a friend.

If you do not want to create a bracelet you could make a key-chain or a collective bracelet (with your entire group) and hang it up in your meeting place.

There are lots of different ways you can create beads, we encourage you to utilise sustainable materials like wood, paper or clay) but you can also re-use pre-existing beads too. Here are some instructions to support you to create your own paper beads.



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Beads of Friendship

Activity Name Paper Bead Creations

Outcome Create your own paper beads for your friendship bracelets

Time 30 mins

Preparation Coloured paper (yellow, green, blue)
Scissors
Glue
Textilic or bamboo skewer to roll
Pencils
Ruler

What happens 1. Discuss as a group how Girl Guiding and Girl Scouting have helped you to make friends and build meaningful connections.

2. Cut your paper into triangle shapes. The base of the triangle will be the end of the bead. The longer the triangle, the taller the bead will become. We recommend cutting triangles that are 25 cm by 30 cm (cut by 4 inches to create 2 x 30 beads (1 inch).

3. On your triangle shape, write down some words that are good traits in a friendship, e.g. kindness, loyalty. You can add as many as you like.

4. Add some glue to the tip of the triangle. You can use liquid glue or a glue stick for this.

5. Starting at the wide end, roll the triangle around itself using the textilic or bamboo skewer. For a symmetrical spiral, keep the triangle centered as you roll but for the opposite, allow the triangle to become slightly off centre.

6. Once you have finished rolling, glue the top of the triangle to the rolled paper. If the bead does not stay tightly rolled up, add more glue. Hold it for a moment to help the glue to set.

7. Apply a varnish, e.g. ModPodge, or a solution of clear-drying glue and water to your bead. Let it dry thoroughly and make sure it does not stick to anything, using a toothpick or skewer to keep it straight. You can add multiple coats of varnish for a glossier, long-lasting finish.

8. After letting it dry, slide the bead off the textilic or bamboo skewer and you now have your very own paper bead. If it begins to unravel, pop it back on your skewer, add more glue and finish when necessary.

Takes it further You can encourage your beads to make them more unique if you would like! You could write a letter on the top before rolling so that the beads together make the word FRIENDSHIP or FRIEND.

Tips The tighter you roll your bead, the longer it will last. If you do not have the specific colours of paper you can use three different colours instead.

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Activity Guide

| Section | Activity Name | Time | Age |
|---------------------------------------|---|--------------------|---------------|
| Friendship across Time and Traditions | Paper Dolls Like Me | 15 mins | Younger Years |
| | Language of Friendship | 20 mins | Younger Years |
| | Foot of Friendship | 15 mins | Middle Years |
| | A World of Scarves, A World of Friends | 30 mins | Middle Years |
| | Human Knot | 15 mins | Middle Years |
| | Destination WAGGGS World Centres | 20 mins | Older Years |
| | Tied by Friendship | 30 mins | Older Years |
| | Friendship Through Time | 20 mins | Older Years |
| | Jump In, Jump Out | 15 mins | Younger Years |
| | Friendship Rainbow | 20 mins | Younger Years |
| Growing Together | Empowering Yourself | 20 mins | Middle Years |
| | What We Bring to the Table | 45 mins | Middle Years |
| | Navigating Friendship | 25 mins | Middle Years |
| | Garden of Friendship | 30 mins | Middle Years |
| | 100 Acts of Friendship | 10-20 mins | Older Years |
| | Bridge Builders | 30 mins | Older Years |
| | Friendship Scavenger Hunt | 20 mins | Younger Years |
| | Postcard to Tomorrow | 30 mins | Younger Years |
| | Sing Out | 25 mins | Middle Years |
| | Timeline of Thinking | 30 mins | Middle Years |
| 100 Years of World Thinking Day | Radio Hour: Let's Talk Friendship | 30 mins | Middle Years |
| | International Bonds: Mapping Our Connection | 30 mins | Older Years |
| | Gallery of Guiding Moments | 30-45 mins | Older Years |
| | Together we are Happier | 30 mins (plus 1hr) | Older Years |
| Final Reflection | Threads of Our Connection | 20 mins | All ages |

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Friendship Across Time and Traditions



This section celebrates the global sisterhood, connection with other Guides and Scouts globally and our common vision as a Movement.

1. Paper Dolls Like Me

30-45 minutes

Outcome Learn about different Girl Guides and Scouts uniforms. Reflect on a history behind uniforms of the Movement.

Time 30 minutes

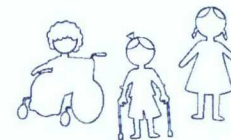
Preparation Images of international Guiding and Scouting uniforms from 5+ different uniforms
Paper doll templates
Coloured pencils
Paper
Scissors

Takes it further Can you spot any differences or similarities between uniforms in different countries? Which is your favourite?

Take time to learn about the history of Girl Guide and Girl Scout uniforms. Robert Baden-Powell once said that the recognition of uniform - beads on an eye - is the most important thing that brings the members together under a common visible sign in carrying out their common goal. Education is one of the ways of doing this. Please identify and link uniforms available to use Girl Guides and Girl Scouts across the world over 100 years later!

Tips You can also make a WAGGGS friendship card with your friends. Create one card with five dolls. Choose one card from each of the five WAGGGS Regions to see how Asia Pacific, Europe and Western Hemispheres and Africa is your choice. You can learn about the different regions too!

Using the paper doll template provided, decorate your doll to look like yourself in your Girl Guide or Girl Scout uniform. Make sure you include the things that make you unique. Is there anything about your uniform that makes you proud or happy?



Look at images of other uniforms from Girl Guides and Girl Scouts in other countries. Facevalue another doll to look like them.

Trade dolls with a friend in your group. Discuss with them: What is similar about the dolls? What is different about the dolls? Are there any pins or badges that are similar or different?

Use it further: Discuss as a group whether you can be Guides and Scouts if you can't wear a uniform? What unifies us as a Movement, if it is not uniforms?



Your leader can take pictures and share your amazing paper dolls on social media, using #WTD2026 #OurFriendship #WTD100

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2. Language of Friendship

8 Younger Years

Outcome

- Learn how to say "Hello Friend" in different languages.

Time

20 minutes

Preparation

- Scissors
- Yarn
- Thin white pin
- Thin friend language list

Take It Further

Using a map, find out where in the world the language you are speaking is used.

You can also visit WAGGGS Website - Our World Center to learn more of our 16 Member Organisations speak those languages.

Quiz each other's language memory and skills.

Tips

On the back of the name tag / scarf write the country the language belongs to or how to pronounce the language.

| | | |
|--------------|----------------------|-------------------|
| Privet | Konnichiwa Tomodachi | Hello friend |
| Hello Friend | Ahlan Sadiqati | Apa Khabar, Kawan |
| | | Ola Amiga |

- Ask the group if anyone knows how to say "Hello Friend" in a different language, ask them to share.
- Using the language list, learn and practise saying "Hello friend" in 5-10 different languages.
- Once you have learnt the different phrases, make a name tag or paper badge with "friend" written in a chosen language.
- Walk around the table and greet each other using the language on each others name tag / badge.
- Reflect on how many different languages Girl Guides and Girl Scouts around the world speak. Did you know there are over 11 million girls part of this international movement?

| | | |
|------------|----------------------|------------------|
| Hola Amiga | 안녕하세요 | Bonjour Mon Amie |
| English | Hello Friend | |
| French | Bonjour Mon Amie | |
| Spanish | Hola Amiga | |
| Arabic | Ahlan Sadiqati | |
| Swahili | Jambo Rafiki Yangu | |
| Hindi | Namaste mere dost | |
| Chinese | Ni Hao Pengyou | |
| Portuguese | Ola Amigo | |
| Japanese | Konnichiwa Tomodachi | |
| Russian | Privet | |
| German | Hallo Freund | |
| Malay | Apa Khabar, Kawan | |

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3. Knot of Friendship

8 Older Years

Outcome

- Learn how to tie a friendship knot on a scarf.
- Learn about the symbolism of a friendship knot.
- Learn how to tie a scarf for another person.

Time

15 minutes

Preparation

- Scarf made

Take It Further

Create a friendship knot scarf where you stand back to back to each other practicing tying a friendship knot for the person in front of you.

Tips

Make sure that your scarf is smooth and free of wrinkles.

You can use the following tips to suggest it with being your own friendship knot. How to tie a friendship knot.



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- Discuss the symbolism of a friendship knot on a scarf. Then do a movement Friendship game with Girl Guiding and Girl Scouting. Use of the most popular ways to wear a scarf is using a friendship knot.
- Begin by rolling your scarf up until there is a smaller triangle left.
- Draper the scarf over your neck, ensuring the triangles point is at your back. Cross the right end over the left end over your neck.
- Take the end that is now on your left, originally the right end and slide it back over the other end to create a loop. This is where the knot starts taking shape.
- Now take the other end for your right and weave it over and under the loop you just created. Use your time to adjust the fabric as needed.
- Pull both ends gently to tighten the knot. The goal is to make it snug but comfortable, ensuring the scarf stays in place without being too tight.
- Adjust the ends of the scarf so they hang evenly. The friendship knot should sit neatly at the centre of your chest.
- Think you have done it, for yourself, by doing it on your friend, practice in pairs.
- Congratulations! You now know how to tie a friendship knot!

5. Human Knot

8 Older Years

Outcome

- Work together to solve a problem and develop your teamwork skills.

Time

15 minutes

Preparation

- None

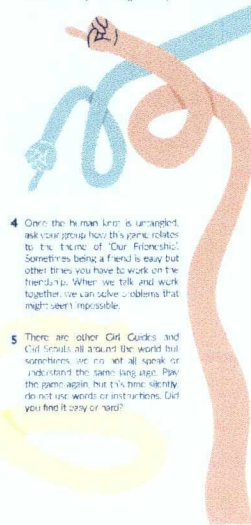
Take It Further

Discuss together the role of teamwork in solving different challenges or problems. Do you think it is easier to solve a problem if you are working with a group? Does the same go for any issues Girl Guides and Girl Scouts have faced around together to create today's world as a global movement.

Tips

This activity works best in groups of 6-12 people. If you are in a larger group, split into smaller groups for easier difficulty. To make it easier to join the knot you can sit the girls to help them have a clear view of the heads and their feet. Another option is to use a large sheet of paper and draw a large knot on it. As a facilitator, try not to give advice. Encourage your group to take charge in this activity to develop their leadership and problem-solving skills.

- Get everyone to stand together in a circle (not a circle).
- Each player extends both of their hands and holds on to the ends of two different players. You have become a human knot!
- Now your task is to untie the knot until everyone is standing in a circle holding hands. But you cannot let go of the hands you are holding. You can step over hands, turn around, try new things and experiment.
- Once the human knot is untangled, ask your group how this game relates to the theme of Our Friendship. Sometimes being a friend is easy but other times you have to work on the friendship. When we talk and work together, we can solve problems that might seem impossible.
- There are other Girl Guides and Girl Scouts all around the world but sometimes we do not all speak or understand the same language. How can we help each other? Do you find it easy or hard?



22

6. Destination: WAGGGS World Centres

8 Older Years

Outcome

- Learn about the 5 different WAGGGS World Centres.
- Visualise your personal connection to the global Girl Guiding and Girl Scouting movement by planting a globe to the World Centres.

Time

20 minutes

Preparation

- None
- Map
- World map (physical, digital or a globe) to help with world's geography.
- Stickers/post-it notes
- Internet access via a tablet or device

Take It Further

Reflect on how they can make their own more sustainable.

Has anyone in your group been to a World Centre before? Do they have any stories to share?

Tips

This could be done outside with a world map drawn by wall on the ground. You can also use online information about the WAGGGS World Centres here.

- Discuss with the group: How long does it take you to get from your home to your meeting place? What transport do you use?
- Ask your group about the WAGGGS World Centres. Do they know any of them? Ask them to mark them on the map using a colored dot or sticker if it is a physical version. Alternatively they can post it. They are located in:
 - Aachen, Switzerland (EU) - Charet
 - Carmel, CA - Theresa Coburn
 - Phnom Penh (Cambodia)
 - London, England (UK) - Louise
 - Acura, China (Kunming)
- Use another post-it note or sticker in a different color to identify on the map where your group currently is located.
- Get into 5 groups and assign each group a different World Centre to focus on. They should create a map route plan or how they will travel from their current location to their chosen World Centre. How long will it take them to travel to each World Centre? How many forms of transport will you need in taking your car/bus/boat?
- Discuss and reflect on the role of friendship at World Centres. How do they help people to connect with one another?



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4. A World of Scarves, A World of Friends

8 Older Years

Outcome

- Explore the symbolic meaning of scarves, knotted in Girl Guiding and Girl Scouting.
- Identify values that Girl Guides and Girl Scouts live and act on.

Time

20 minutes

Preparation

- Scarf fabric (blue)
- Felt, crayons or paint
- Photos of scarves from around the world

Take It Further

By making your own scarf using fabric, scarves or recycled materials to create a sustainable, eco-friendly scarf.

Can bring all your design ideas to create a scarf of Friendship. This could become your group's special scarf to celebrate 100 years of World Thinking Day!

Organize an exchange of scarves with a Girl Guide or Girl Scout group from a different location (even from another country).

Tips

Think about the flag of your local town or area you live in and choose your colors of fabric or yarn. Use this as inspiration alongside the values you stand for.

Once complete, present and exchange scarves with each other in your group. This is often a tradition at international camps as a gesture of friendship.

- Discuss the significance of scarves in Girl Guiding and Girl Scouting, share examples and meanings from your own or other countries.



A value is the "fundamental beliefs that individuals or groups use to determine what is important to them (e.g. being respectful, honest, or what values unite Girl Guides and Girl Scouts around the world) and being true to one another. Work together to create a list of 3-5 values with your group.

Now using the scarf silhouettes, design your own scarf incorporating those shared values.

Once complete, present and exchange scarves with each other in your group. This is often a tradition at international camps as a gesture of friendship.

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7. Tied by Friendship

8 Older Years

Outcome

- Share your own and personal identities.
- Connect with others through international friendship.
- Create a symbolic friendship knot together, celebrating the strong and joyful connection.

Time

20 minutes

Preparation

- Cultural stories, words or idioms (one per participant) around 2 metres each
- Scissors
- A central loop, (paper, stick or another point to tie the cultural knot/web)
- Prompt cards

Take It Further

Link this activity with a cultural showing night or a Friendship night where you exchange stories, books or gifts from their home countries or communities.

Tips

Ensure you have created a brave space together before connecting. Older participants can go deeper by discussing how traditions change over time and how we can maintain strong friendship even across differences.

How can we create friendships that include and value everyone, even those who are often left out or face more barriers?

Looking at your friendship knot, what does it symbolize to you? How do you feel about the different threads, colors, and experiences woven into it?

- Get everyone to stand in a circle and give each person a piece of colored string.
- Explain that they will say a prompt and they should pass their string to someone in the group with that same prompt (it could be multiple people).
- Once they have made a connection, they should hold one end of their string. Use the other end to tie a knot with the person they a connection with (e.g. someone who lives being a Girl Guide/Girl Scout). You can make up your own ideas or use the prompt cards.
- Repeat this for several rounds, forming many different connections.
- Bring everyone together to tie their knotted strings to a central ring, branch or display board, forming a giant web of strings. This is a visual and symbolic representation of how interconnected you are as a group.
- Take time to reflect and discuss what they know about intercultural and friendship. The definition of intercultural is the interconnectedness of different social cultures like race, class, gender.

Now ask them the following questions to encourage discussion:

- Did you learn anything new about the people in your group?
- Did any connections surprise you?
- What did you learn or realize about someone else's background or tradition that you didn't know before?
- In what ways do our unique identities (race, ethnicity, ability, gender, language, etc.) influence how we learn and experience friendship?
- Do you have any friends who are Girl Guides or Girl Scouts in different countries? Do they have different guiding and scouting traditions to you?
- How can we create friendships that include and value everyone, even those who are often left out or face more barriers?

Looking at your friendship knot, what does it symbolize to you? How do you feel about the different threads, colors, and experiences woven into it?

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7. Tied by Friendship

Appendix

| | | |
|--|--|---|
| Someone who has siblings | Someone who likes to dance | Someone who loves being a Girl Guide/ Girl Scout |
| Someone who likes to go camping | Someone who has a pet | Someone who enjoys cooking |
| Someone who _____ | Someone who _____ | Someone who _____ |
| Someone who has had to change themselves to fit in | Someone who has learnt something new | Someone who has reached out for help when they needed |
| Someone who has challenged themselves recently | Someone who wanted to try something but was told they couldn't | Someone who helped someone in need |
| Someone who _____ | Someone who _____ | Someone who _____ |

25

9. Friendship Rainbow

8 Younger Years



Outcome

- Create a visual rainbow together
- Calculate the circumference of each person
- Discover how everyone brings something special to friendship



Time

20 minutes



Preparation

- Coloured Paper (red, orange, yellow, green, blue, purple)
- Pencil/pen
- Scissors



Take It Further

- Talk to the girls/boys that made a good friend. Expand their what we've learnt and in it add examples of people doing those things (e.g. showing kindness by donating something)
- How could you - like your friends that special - if you did send a piece of paper to them a day later?



Tips

If you do not have access to coloured paper, you can draw on a piece of paper using colouring pencils. Alternatively, gather items that are the colours of the rainbow and spell out words that are important qualities in a friendship.

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Growing Together

The garden will give us something to grow and nurture. We can learn to share, to help and to be kind. We can learn to be a good friend. We can learn to be a good friend.



10. Empower Yourself

8 Younger Years



Outcome

- Explore what it means to be a good friend
- Practice kindness to yourself to be a better friend to others



Time

20 minutes



Preparation

- Pens
- Paper
- Pencil/pen
- Large Paper



Take It Further

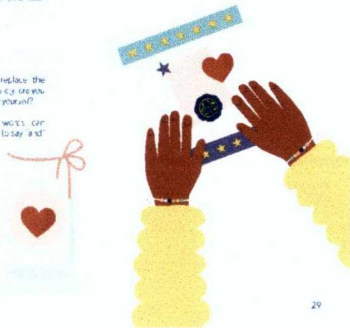
Can you think of ways when you later to your inner self and soul, practice replacing negative self talk and become your own cheerleader.



Tips

For younger years you can reduce the risk of overthinking by asking if you know who you are?

Think about what positive words can replace negative words. E.g. try to say 'I did it' instead of 'I failed'.



29

8. Jump In, Jump Out

8 Younger Years



Outcome

- Learn and discover the similarities with your group. Develop stronger friendships with your group.



Time

15 minutes



Preparation

- None needed



Take It Further

In 10 go around the park if things like fox or hawk. See if there is anything that everyone likes or dislikes.



Tips

If the space is small or players cannot jump in to create a silent movement.

1 Gather your group together and ask them what friendship means to them. There are no wrong answers. If someone doesn't want to share (e.g. it's awkward), they can sit 'pass' and you can go on to the next girl. Continue until everyone who wants to share has shared.

2 Next, everyone stands in a circle. Taking turns speaking, everyone says something that they like. The first girl goes in. If any other girls like it too, they jump into the middle of the circle. After a minute or two, they step back into place.

3 They continue around the circle until everyone has had a chance to say what they like. Ask everyone what the same things are that they all enjoy or like.



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11. What we bring to the table

8 Middle Years



Outcome

- Encourage team bonding through self-expression and food
- Build awareness of individual strengths and diversity



Time

45 minutes



Preparation

- In Advance: Ask everyone to bring a food item that represents them individually and within a team
- Prepare a table or surface for displaying the snacks
- Optional: whiteboard or large paper and pens for group reflection



Take It Further

Create a team 'recipe', a visual map of the group's food items and traits.

Try using a blank board, what food do you think represented each person and why?



Tips

In case of allergies and dietary restrictions among participants, please encourage everyone to bring pictures or explanations about their food.

Keep the table lit and lit. Don't forget to clean up!

For younger groups, simplify language and focus more on the 'what' than the 'why'.

1 Read this passage aloud to the groups.

Each of us has a different flavour. A team isn't one single recipe. It's a table rich with many dishes, stories, customs, and stories. You will have the chance to explore who we are, through taste and heart.

2 Everyone should share the food item they brought with them. Ask everyone who they are particularly proud of. Take it in turns and ask the following questions:

- What did you bring?
- Why does this represent you?
- What strength or quality does this bring to the group?

Take it Further

- How does this quality help you in teamwork?
- What would you like to learn from the group or someone specifically?

3 Create a team 'recipe', a visual map of the group's food items and traits. Use a whiteboard or large paper and pens for group reflection.

4 Once everyone has shared their food and tried it, you should discuss the following questions as a group:

- What surprised you about the choices?
- Were there any recurring 'flavours' in the group?
- How can we better mix our ingredients? What can we appreciate more about each other?

5 You can close this activity by sharing the following message: The activity is meant to highlight that together we are not one dish. We are a table. A table where everyone brings something personal: a taste, a story, a strength.



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12. Navigating Friendship

8 Middle Years



Outcome

- Recognise healthy and unhealthy friendship behaviours
- Feel safe to share experiences
- Understand how to nurture and grow meaningful friendships



Time

25 minutes



Preparation

- Open space for movement
- Scissors (cards & paper)
- Optional: Fun background music



Take It Further

Work together in small groups to create a poster to help other people recognise unhealthy and healthy signs and behaviours in friendships.

With an adult leader's support, discuss who you can reach out to for further support if you are in, or a friend is, in a unhealthy friendship.



Tips

You can add your own stories to make it more relevant for your groups. Ask your group if they feel comfortable to share their own stories.

1 Establish a brave space with your group. Briefly discuss how friendships can have moments of challenge and growth.

2 Explain the movement rules, if you want:

- healthy behaviour: walk/dance faster or move your hands
- uncomfortable or unclear behaviour: move in slow motion
- unhealthy behaviour: freeze/stand still

If your group does not feel comfortable dancing, you could alternatively allow them to move to different points in your space that represent healthy, unhealthy signs and signs.

3 During a freeze, pause the game and ask for ideas from the rest of the group. What actions would improve the situation?

4 Continue this activity until every scenario has been read out or read more than once.

5 If time allows, ask everyone to discuss how easy or hard they found it to recognise healthy and unhealthy behaviours.



14. 100 Acts of Friendship

8 Older Years



Outcome

- Encourage creative thinking and connections through your actions



Time

10-20 minutes



Preparation

- Paper
- Pens/pencils
- Scissors



Take It Further

Celebrate with a friendship party once all 100 acts have been completed.



Tips

To create your paper chain, first cut, cut strips of paper. Take the first strip and join the ends together to create a loop. Feed the end of the next strip through the middle of this loop and join the ends together just as before. Repeat with all the strips of paper to make a long chain.

1 Brainstorm 100 small, meaningful acts of friendship and kindness (e.g. helping a friend, giving a gift, including someone sitting alone, giving someone a compliment).

2 Try to complete all 100 acts of friendship and kindness within one month (February 22nd).

3 Create a giant paper chain for each act completed. How long can you make it?



13. Garden of Friendship

8 Middle Years



Outcome

- Reflect on the qualities of a good friendship
- Explore empathy, boundaries and self-awareness
- Build a stronger sense of connection with others



Time

30 minutes



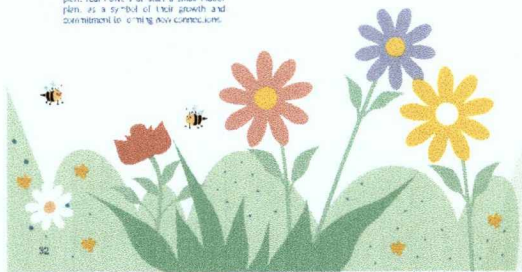
Preparation

- Paper
- Coloured pens
- Tape or glue
- Large wall/poster to serve as the 'Garden of Friendship' display
- Access to reflection prompts
- Optional: calming music and decorative items (sun stickers, leaves, butterflies, cards or cards for art)



Take It Further

Encourage the group to identify a area in your community that seems neglected and plant real flowers or start a small indoor plant as a symbol of your growth and commitment to creating new connections.



1 Introduce the activity by talking about how friendships are like gardens. They need care, attention, honesty and space to grow. You could share a story to illustrate this like 'The Star Tower by Lauree C. Lesley, (The Starry, the Little Prince by Antoine de Saint-Exupéry).

2 Give each individual a piece of paper, get them to draw a flower with their name in the centre and add 4-5 large petals.

3 Now place the flowers around your space. Get each one to move around the space, bring one another's flowers with positive comments. It could be a compliment, or a special memory from your time as friends. You should do this for every person in your group even leaves!

4 Now that you have filled in your flowers and discussed the different aspects of friendship, place them around your space by placing them in your designated 'Garden of Friendship'. Encourage people to move around the space and take time to read what each person's flower says.

15. Bridge Builders

8 Older Years



Outcome

- Reflect on the importance of friendship and community
- Identify connections with shared values
- Strengthen your group's connection to them



Time

30 minutes



Preparation

- Large sheet of paper
- Pens
- Post-it notes
- Internet access to prior research on local organisations
- Optional: a map of your neighbourhood or city



Take It Further

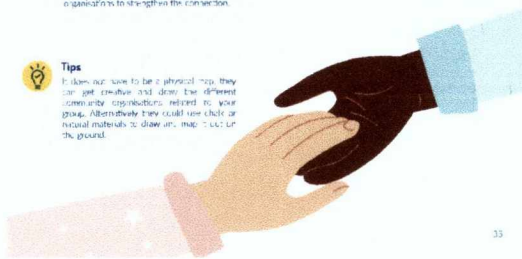
Contact one of the organisations and invite them to a next or online meeting (activity 29).

Organise a community day, involving multiple organisations to strengthen the connection.



Tips

Fillers can use to be a physical map, they can get creative and draw the different community organisations related to your group. Alternatively they could use clay or recycled materials to draw up, map it out on the ground.



13. Garden of Friendship

8 Middle Years

5 Gather in a circle and invite a few volunteers to share one petal from their flower. Guide a conversation around these questions:

- Why do you all need to 'friendship' (e.g. what)?
- What helps us stay connected over through challenges?
- How does understanding ourselves help us challenge others?

6 Bring everyone back together to have a discussion, you can use the following prompts for support:

- Who, different qualities do people in your group have?
- What is one thing you need from a friendship?
- What is one challenge you have overcome in your friendships?
- What is one hope you have for future friendships?

7 Finally, create an individual pledge about how you will be a better friend, helping the 'flowers grow' in your garden.

You can keep your garden in your meeting space, or participants can take home their personal flowers to remember the kind words of their friends.



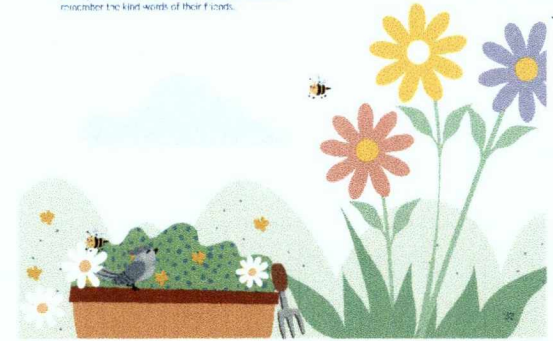
Tips

You can decorate and personalise your flowers with colour & drawings. Instead of petals, it could be leaves, that can be hung on a friendship tree in your meeting area. The tree is not to be touched or moved without the consent of the group.

Younger: Reduce the petals to 3-5 simple prompts (e.g. What makes a good friend? What do you love about your friends?)

Older: Go deeper by discussing topics like emotional safety, toxic friendships, and setting boundaries.

Consider pairing this activity with music, games, or a quiet reflection time to create a calm safe space.



100 Years of World Thinking Day

This section will give participants a chance to grow and understand themselves better, understand the importance of healthy friendships, and feel empowered to create connections.



16. Friendship Scavenger Hunt

8 Year 6+ Years

Outcome

- Enhance collaboration by finding and share about friends and build community

Time

30 minutes

Preparation

- Printed version or access to scavenger hunt cards
- Pens/Pencils



Take It Further

You could do this outside of your normal meeting space to build connections with your local community. Just make sure you get consent and permission before doing that.

Tips

You might not be able to do the scavenger hunt immediately. You could take the theme with you and take a few days or even a week to complete the entire scavenger hunt.

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17. Postcard to Tomorrow

8 Year 6+ Years

Outcome

- Reflect on the 100-year anniversary of World Thinking Day by writing postcards to Girl Guides and Girl Scouts all over the world
- Imagine the evolution of the movement, explore their dreams for the future, and share key values or shortness, inclusion and friendship

Time

30 minutes

Preparation

- Printed postcard
- Pens, markers or ballpoint
- Envelopes or wall to display!

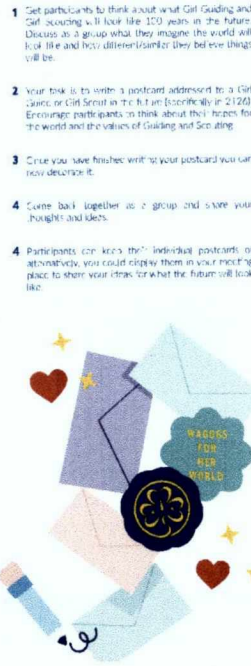
Take It Further

You could write postcards to another unit based in another country that we want to be doing to celebrate World Thinking Day 2024!

Tips

Reflect on why Guiding and Scouting met like 100 years ago. How much has changed since then as an organisation and guidance for your thoughts and ideas.

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18. Sing Out

8 Middle Years

Outcome

- To celebrate the joys of 100 years of Thinking Day through singing and writing

Time

25 minutes

Preparation

- Paper
- Pens/Pencils
- Access to a mixer

Take It Further

If you have time, perform the song, poem or chorus. Why not include some funny movements!

Think about choosing a name or title for your song/poem/chorus. It can be simple or could reference something you mention in the song.

Tips

If you are struggling to think of a unique melody, you could use a similar tune and write new lyrics.



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19. Timeline of Thinking

8 Middle Years

Outcome

- Understand the national importance of World Thinking Day
- Explore how global, regional, national and personal events have shaped experiences and the world around us.

Time

30 minutes

Preparation

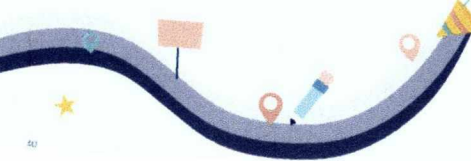
- Large paper or a shared digital board (e.g. Miro) if online
- News/feeds
- Headlines
- Definitions for things representing

Take It Further

Interview older members or community allies about how Girl Guiding and Girl Scouting has changed over time.

Tips

For older participants, they can research events or contribute their own adding layers for women's rights, climate action or the history of their national girl guiding or girl scouting organisations. Learn more about <https://www.wagggss.org>



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20. Radio Hour: Let's talk Friendship

8 Middle Years

Outcome

- Create a short 1920s style radio play about the startup developing their local work on women and gender equality.

Time

20 minutes

Preparation

- Paper
- Pens/Pencils
- Optional: Headphones for participants to be helped in performing or read materials to avoid sound effects

Take It Further

Add music to your radio play. Think about what music you want to convey through the music and layer it with your show.

Review a other radio shows and listen to them for inspiration:

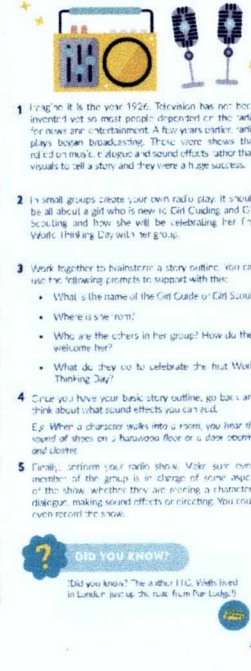
- [The Quantum Leap](https://www.bbc.com/news/health-56111111) by Richard Hoggins is billed as one of the first radio shows broadcast by the BBC in 1924.
 - Orson Welles' adaptation of H.G. Wells' [War of the Worlds](https://www.bbc.com/news/health-56111111) arguably caused a national panic in the USA when it was broadcast in 1938 as people believed it was real news!
- Make your radio play into a podcast and share it with the rest of the Movement using #WTC2024 #GUSFriendship @WTC100

Tips

For older members, provide a script, line to advance and invite them to create the dialogue and sound effects.

For older members, challenge them to create the sound effects and/or music using only their own bodies (e.g. whistling or humming), clapping hands, something for a c.c.

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21. International Connections

8 Middle Years

Outcome

- Visually track the shared experiences and build connections with people who have walked similar paths across the world, including Girl Guiding or Girl Scouting across the world.
- Develop their sense of advocacy in the global movement and expand their web of connection.

Time

20 minutes

Preparation

- A printed world map or digital version (Puzzle Map, Climate Earth, Curious Interactive Map, Miro, etc.)
- Sticky notes or pins with string (or physical version)
- Name tags, markers, colored pens (each color = a different part of location/topic)
- A space to have small group discussions or breakout calls
- A 30-second timer where each participant answers:
 - Where have you been with Guiding/Scouting? (camp, events, World Centres)
 - When were you there?
 - Who did you meet?

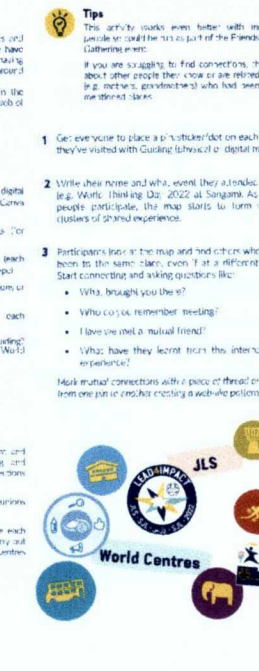
Take It Further

Set up a shared virtual map, problem-set and invite people to share their stories and Scouting experiences and build their connections worldwide.

Invite participants to host mini virtual meetings based on shared locations.

Using another virtual platform, set a theme each participant would like to discuss and will carry out some activities from the different World Centres in future meetings.

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21. International Connections

Older Years

4 Once participants have marked the places they have been and explored shared locations, they are invited to connect with others whose paths they overlapped or intersected, even virtually.

Someone speaks a familiar name or place on the board maybe it is someone they met or someone who attended the same World Centre event in a different way that recognition becomes a spark!

5 Encourage the introduction of new connections through:

- Someone they already know from the same or different point, to someone they do not know at the shared location.
- Or themselves, to someone with a virtual friend or location link.

Strings or lines digital or physical will begin to crisscross the map, forming a beautiful web of names, countries, cities, and events. It becomes clear that even if you have never met, we are connected through Girl Guiding and Girl Scouting through shared spaces and people. Some connections will be a treat. Others will feel like "Oh wow, I've heard of you!" or "You were there too?" That is the magic moment.



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22. Gallery of Guiding Moments

Older Years



Outcome

- Reflect on their personal journey in Girl Guiding and Girl Scouting by celebrating the friendships they have found.
- Recognize the shared values of the movement across time and cultures through storytelling and creative expression.



Time

30-45 minutes



Preparation

- Printed photo objects that represent a meaningful friendship or moment in their Girl Guiding or Girl Scouting journey.
- Display materials: string, pops of pops, wall space or boards, tape and markers.
- Post-its and ad-ops.
- Optional: Self-background music to enhance the gallery experience.



Take It Further

Create a digital version using Canva or a video about to share with broader community. Host an interactive version of this activity with usage rights. Canva and Canva do not share how friendship was involved in the above post, interview, or invite other community members who has been involved in Girl Guiding and Girl Scouting to visit your group for a World Thinking Day celebration as part of the Friendship gathering!

Partner with another unit from another country and exchange photos and stories to build global relationships with other people who are not part of Guiding and Scouting to also experience this.

- Begin by explaining that for World Thinking Day 2026, it is an opportunity to celebrate our Friendship and 100 years of global connection. This is a chance for us to showcase these connections and memories by creating our very own gallery!
- Each participant should display their photo or item and create a short written caption that explains:
 - Where was this?
 - Who were you with?
 - What friendship or connection does it represent?
- Everyone walks around the gallery, morning and evening, to see their network. As you do, please remember, they should add responses and kind messages, you can use the following prompts for support:
 - This reminded me of _____
 - I see shared values in this _____
 - This included me in _____
- Bring everyone back together and have a reflection with each person to share if they had any feedback:
 - One memory or story that moved them.
 - One friendship they value in Guiding or Scouting.
 - What does friendship mean to them within the Movement?



Tips

- Instead of creating a gallery, you could also make a video that shows all the amazing memories of friendships in your unit. For young audiences, allow them to show their memory instead of writing it for older participants, encourage deeper reflection with open-ended questions:
 - How was Guiding and Scouting shaped your idea of friendship?
 - What does it mean to belong to a sisterhood that spans 100 years and the globe?

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23. Together we are Happier

Older Years



Outcome

- Connect and build friendships with other people in your local community.
- Discuss the sense of belonging in the global movement and expand their web of connection.



Time

30 mins of preparation 20-30 mins of on section



Preparation

- Before activity: contact an organization or community group (eg. a retirement centre, a local charity) and discuss to see whether it is possible for your group to meet and take for a friendship connection card.
- Prepare questions for the group to ask related to the meeting.



Take It Further

You could invite this to the friendship gathering, having a table. The activity can be done multiple times to visit different organizations. You can ask your group as well as the community about which friends they would like to discuss.



Tips

If you're doing something like this for the first time as a leader or facilitator, preferably you could contact an organization that you know of already. It is also good to involve talk to the person in charge of the organization of our community about your expectations about what both groups can offer one another.

- As a group, decide on a local community group they want to connect with. They should not be in their immediate circle, and we encourage them to be different in some way, eg. different age, different experience!
- Together as a group, decide on some questions you want to ask the community group you are meeting. They should be about the why's and what it means to them, eg.
 - Who was your first friend, closest friendship, what's it like?
 - How long were you friends for?
 - Where did you meet them?
 - How did you feel when you were with that friend?
 - What does friendship mean to you?
- When you have decided on your questions as a group, make a trip to the organization or community group and connect with the people there by interviewing them!
- When you have finished your conversations, take time to reflect together. Ask them how they felt when they were talking to the people, what they thought about the conversation, what was it when you felt, while talking to them, and what they think about their friendship now after everything has been heard.



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Final Reflection

After completing your selected activities from the 3 Sections, now is your chance to create a beaded bracelet that represents all you have learnt this World Thinking Day as well as the friendships you have developed as part of this activity pack.

24. Threads of Our Connection

Older Years



Outcome

- Explore connection through creativity.
- Explore relationships through everyone's personal stories.



Time

30 minutes



Preparation

- Beads
- Thread / Fishing Line / Elastic
- Scissors



Take It Further

Make more bracelets and share them with other persons in your community to encourage WAGGGS growth and community involvement.

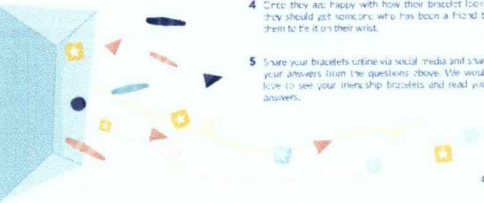


Tips

Use different materials like beads or cord instead of plastic beads or you can use the paper lace to create a paper bracelet.

- You will have allocated different colored beads that represent each of the sections. Prepare containers of beads.
- Cut a piece of thread that is double the length of your wrist.
- Add your beads to your string. Be sure to tie there on securely. You could even weave your thread a few times. While you are making your bracelet, take time to discuss the following questions:

- What does friendship mean to you?
- How do you build friendship with yourself and others?
- Why is it important to celebrate international friendship and community within our Movement?
- In a world that can seem to be divided and isolated, how can Girl Guiding and Girl Scouting work together to share international friendship and deliver our mission to create a better world?



- Once they are happy with how their bracelet looks, they should get someone who has been a friend to them to tie it on their wrist.
- Share your bracelets online via social media and share your answers from the questions above. We would love to see your friendship bracelets and read your answers.

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Congratulations for completing this activity pack!

Happy World Thinking Day!

Follow this link to order your badge!

Tell us about what you think, find the evaluation form in WTD Campfire space.

Follow WAGGGS on social media!

[@wagggsworld](#)

[wagggsworld](#)

We will be recruiting members to work on next year's WTD resources, stay tuned for more information on our socials!

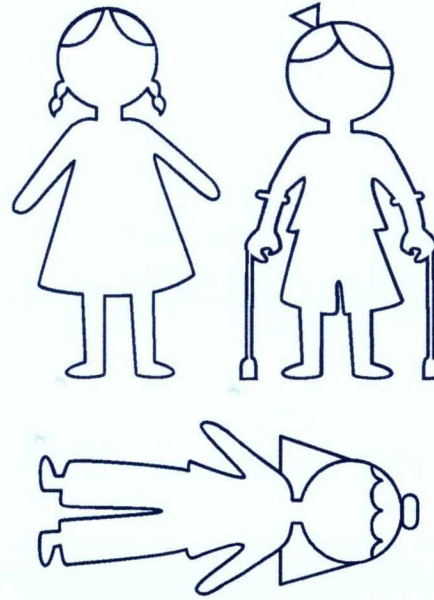
#WTD2026
#OurFriendship
#WTDIs100

WAGGGS
FOR
WORLD

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Appendix

1. Paper Dolls Like Me Appendix



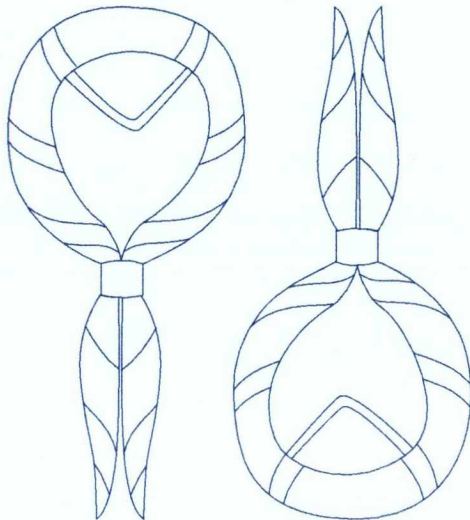
50

1. Paper Dolls Like Me Appendix



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4. A World of Scarves, A World of Friends Appendix



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12. Navigating Friendship Appendix

| | |
|---|--|
| You get a phone call from your friend, Leah, who says she has an emergency and needs your help. You get to her house and find out she just wanted to hang out with you, there never was an emergency. | You are telling your friend, Nancy, a story and asking for advice. She listens carefully and offers you some helpful tips. |
| You have just started learning how to skateboard, you fall over but get up again and your friend Lara is cheering you on saying "I believe in you, you can do it!" | Your friend, Gwen, gets angry and upset when you spend time with your other friends and not just her. |
| You find yourself feeling tired and drained after hanging out with your friends. | You just won a local science-fair for your experiment, your best friend Bella, turned up to cheer you on and celebrate your success. |
| Your friends keep pressuring you to skip school with them, saying you are "lame" and "boring" if you don't join them. | Your friend, Maya, keeps on bossing you around, telling you what to do and when. |
| Your friend has been calling you mean names and making fun of your appearance. | Grace talks about her friend behind her back in a negative way. |
| Priah has been purposely doing or saying things to make her friend feel sad or bad. | Tina, Susan and Ariel have planned a trip to the beach, they purposely left you out. You found out about the trip through social-media and were left feeling excluded. |
| Your friend, Yumi, always wants to play her game, even when you want to play yours. | You tell your friend, Jo, your secrets in confidence but she then shares your secrets with other people. |
| Your friend, Nia, keeps pressuring you to do something you do not feel comfortable doing. | Your friend, Ani, keeps asking to share your snacks, and sometimes you don't want to. |
| Your friend, Cleo, told you a secret but you think someone else should know because it could help them. | Your friend, Freya, is really good at football, and you feel quite jealous. |

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16. Friendship Scavenger Hunt Appendix

| | | | | |
|---|--|--|---|--|
| Write a thank-you note to a friend for something they have done for you | Share a favourite memory with a friend and make a silly face | Give someone a high-five or first bump and say something encouraging | Leave an anonymous kind note for someone to find | Introduce two friends to each other and explain why they would get along |
| Take a selfie with a friend and make a silly face | Write a short poem about friendship | Draw a picture of you and your friend doing something fun together | Tell a friend how they have helped you grow | Compliment someone's laugh or smile |
| Make a music playlist about friendship and share it with someone | Create a mini "friendship award" and give it to someone for a specific trait (e.g. best listener or funniest friend) | Recreate an old photo with a friend | Let someone go ahead of you in a line or hold the door open | Find something that reminds you of your best friend and take a photo of it |
| Make up a secret handshake with someone | Teach someone something small you know (e.g. a dance move) | Share your favourite snack with someone | Introduce yourself to someone new. Ask their name, and try to find something you have in common with each other | Ask a friend about their favourite childhood memory |
| Tell your friends something you admire about them that they might not know about themselves | List 3 things you are grateful for about a specific friend, share this with them | Ask your friend how they are really feeling today, and listen | Share a mistake you have made in a friendship and what you have learned | Write yourself a note as if you were your own best friend |
| Write a thank-you note to a friend for something they have done for you | Share a favourite memory with a friend and make a silly face | Give someone a high-five or first bump and say something encouraging | Leave an anonymous kind note for someone to find | Introduce two friends to each other and explain why they would get along |
| Take a selfie with a friend and make a silly face | Write a short poem about friendship | Draw a picture of you and your friend doing something fun together | Tell a friend how they have helped you grow | Compliment someone's laugh or smile |
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| Tell your friends something you admire about them that they might not know about themselves | List 3 things you are grateful for about a specific friend, share this with them | Ask your friend how they are really feeling today, and listen | Share a mistake you have made in a friendship and what you have learned | Write yourself a note as if you were your own best friend |

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17. Postcard to Tomorrow

Younger Youth

A white rectangular area representing the back of a postcard. It features a postage stamp area in the top right corner with a circular logo and wavy lines. Below the stamp area are several horizontal lines for an address, and a single line at the bottom for a return address.