



Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent


APR 07 2026

MEMORANDUM
No. 142, s. 2026

**PARTICIPATION TO THE HEALTH SETTINGS ACTION PLANNING FOR THE
IMPLEMENTATION OF HEALTH LEARNING INSTITUTIONS**

To: Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operations Division
Public Elementary and Secondary School Heads/OICs
Administrative Officer V
All Others Concerned

1. Attached is Regional Memorandum No. 229, s. 2026, dated March 18, 2026, on the above-captioned activity, the contents of which are self-explanatory, for the information and guidance of all concerned.
2. Relative to this, twelve (12) schools are invited to participate in the said activity on April 29, 2026 at the Manila Grand Opera Hotel. The list of participating schools is attached herewith.
3. Kindly confirm your participation through this link: <https://forms.gle/KxxMobowE4P1ZW9r7> on or before April 8, 2026.
4. Immediate and wide dissemination of this Memorandum is desired.


VIOLETA M. GONZALES CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl.: As stated
References: As stated
To be indicated in the Perpetual Index
Under the following subjects:

HEALTH EDUCATION

PROGRAMS

CAMPAIGN

MRSU / PARTICIPATION TO THE HEALTH SETTINGS ACTION PLANNING FOR THE IMPLEMENTATION OF HEALTH LEARNING
INSTITUTIONS

142 / April 1, 2026



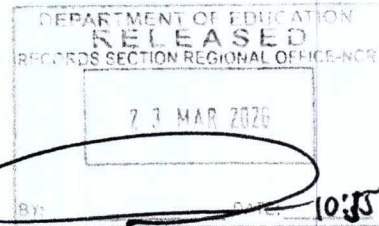
Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

LIST OF PARTICIPATING SCHOOLS

1. Putatan Elementary School
2. F. De Mesa Elementary School
3. Poblacion Elementary School
4. Tunasan Elementary School
5. Lakeview Integrated School
6. Tunasan National High School
7. Alabang Elementary School
8. Sucat Elementary School
9. Buli Elementary School
10. Bayanan Elementary School- Unit I
11. Pedro E. Diaz High School
12. Cupang Senior High School



Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION



5600

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March 18, 2026

REGIONAL MEMORANDUM

No. 229, s. 2026

RECEIVED BY:
MARLONA S. LONGA
SDO-MUNTINLUPA (RECORDS UNIT)
10:35
6/18/2026 - 2:30 PM

To: Schools Division Superintendent
All Others Concerned

**PARTICIPATION TO THE HEALTHY SETTINGS ACTION PLANNING
FOR THE IMPLEMENTATION OF HEALTHY LEARNING INSTITUTIONS**

1. This is with reference to the attached Letter from Dr. Lester M. Tan, MPH, MSc, CESO III, Director IV, Department of Health—Metro Manila Center for Health Development, dated March 9, 2026 relative to the above-captioned subject, contents of which are self-explanatory, for information and appropriate action.
2. Moreover, should the activity fall on a Friday, those under the compressed workweek schedule are hereby granted of one-day compensatory overtime credit/overtime pay equivalent to one day.
3. Immediate dissemination of this Memorandum is desired.

JOCELYN DR ANDAYA
 Regional Director, NCR
 Concurrent Officer-In-Charge, Office
 of the Assistant Secretary for Operations

Handwritten signature of Jocelyn Dr. Andaya

essd/shnu

0988



Address: Misamis St., Bago Bantay, Quezon City Email
 address: ncr@deped.gov.ph
 Website: depedncr.com.ph





Republic of the Philippines
DEPARTMENT OF HEALTH
Metro Manila Center for Health Development



March 9, 2026

DIR. JOCELYN D.R. ANDAYA
Regional Director - DepEd NCR
concurrent Officer in Charge, Office of the
Assistant Secretary for Operations
Misamis St., Bago Bantay, Quezon City

Dear **Dir. Andaya**:

The Health Promotion Framework Strategy, as mandated by the Universal Health Care Act (Republic Act No. 11223), provides the overall direction for health promotion to ensure that Filipinos are health literate, that environments are health-enabling, and that public policies support and protect health. Priority settings include healthy communities, healthy learning institutions, and healthy workplaces.

In line with this, we respectfully request the support of your good office for the conduct of the **Healthy Settings Action Planning** for the implementation of **Healthy Learning Institutions** in the National Capital Region (NCR) on **April 15, 2026 (NCR District 1)**, **April 16, 2026 (NCR District 2)**, **April 23, 2026 (NCR District 3)**, and **April 24, 2026 (NCR District 4)**, from **8:00 AM to 5:00 PM**, at the **Manila Grand Opera Hotel**. Specifically, we kindly request the following support from your office:

1. A message of support for the implementation of Oplan Kalusugan sa DepEd - Healthy Learning Institutions (OKD-HLI). (The message can be delivered at your convenience, whether in person or through a video)
2. To invite **Dr. Connie P. Gepanayao**, Medical Officer IV, and/or **Dr. Merlino M. Mateo**, Regional Supervising Dentist, to participate in this coordination meeting
3. To invite the following **OKD-HLI Focals** from the Schools Division Offices (SDO) in NCR, as **resource speakers** during the action planning.

DATE	NAME	SDO
April 15, 2026	Ms. Anna Grace Joy G. Onayan, RN	SDO Navotas
	Mr. Harry B. Abalos, RN	SDO Navotas
April 16, 2026	Ms. Doris R. Jasme, MBA	SDO Marikina
April 23, 2026	Ms. Loreta M. Cruz, RN	SDO Manila
	Mr. Bryan Angelo A. Moreno, RN	SDO Manila
April 24, 2026	Dr. Allan Julius N. Baggayan, DMD	SDO Parañaque
	Dr. Maria Recelle G. Enriquez-Reyes, MD	SDO Pasay

4. To invite school principals/heads or their representatives to participate in the said activity.

DATE	DISTRICT HEALTH No.	CITY/SDO	No. of Participants Requested
April 15, 2026	I	CALOOCAN CITY	12
		MALABON CITY	12
		NAVOTAS CITY	12
		VALENZUELA CITY	12
April 16, 2026	II	PASIG CITY	12
		MUNICIPALITY OF PATEROS	8
		MARIKINA CITY	12
		TAGUIG CITY	12
		QUEZON CITY	12
April 23, 2026	III	CITY OF MANILA	12
		MAKATI CITY	12
		MANDALUYONG CITY	12
		SAN JUAN CITY	13
April 24, 2026	IV	MUNTINLUPA CITY	12
		PARANAQUE CITY	12
		LAS PINAS CITY	12
		PASAY CITY	12

This workshop aims to introduce HLI and support schools in integrating its principles into existing programs, particularly through the convergence of OKD and HLI. The activity will also guide schools in incorporating OKD-HLI into their Annual Implementation Plan. Kindly confirm your participation through this link: <https://forms.gle/3Z7BdJbFGx4en7i76> on or before **March 23, 2026**.

For concerns and queries, you may contact Mr. Reginald V. Santiago at 0912-230-8649 or Ms. Gena Rose D. Biado at 0917-552-3673, and email hpulhsd.dohner@gmail.com.

Thank you very much.

Sincerely,


LESTER M. TAN, MD, MPH, MSc, CESO III
 Director IV




Republic of the Philippines
DEPARTMENT OF HEALTH
Metro Manila Center for Health Development



March 25, 2026

REGIONAL ADVISORY

TO: CITY HEALTH OFFICES, CITY HEALTH PROMOTION
UNITS, DEPARTMENT OF EDUCATION - NATIONAL
CAPITAL REGIONAL (NCR) OFFICE, AND NCR SCHOOLS
DIVISION OFFICES

FROM:  **LESTER M. TAN, MD, MPH, MSc, CESO III**
Director IV

SUBJECT: **NOTICE OF DATE ADJUSTMENTS ON THE CONDUCT OF
HEALTHY SETTINGS ACTION PLANNING FOR THE
IMPLEMENTATION OF HEALTHY LEARNING
INSTITUTIONS**

This Advisory is issued in reference to the scheduled conduct of the Healthy Settings Action Planning for the implementation of Healthy Learning Institutions on April 15, 2026 (NCR District 1), April 16, 2026 (NCR District 2), April 23, 2026 (NCR District 3), and April 24, 2026 (NCR District 4), to be held from 8:00 AM to 5:00 PM at the Manila Grand Opera Hotel.

Pursuant to Memorandum No. 114, s. 2026 and Executive Order No. 110, notice is hereby given that the conduct of the activity scheduled on **April 24, 2026 (NCR District 4)** is hereby **deferred and rescheduled to April 29, 2026**.

Accordingly, all concerned offices and participants are hereby enjoined to take note of the foregoing adjustment and to act accordingly. The activity scheduled on **April 15, 2026 (NCR District 1), April 16, 2026 (NCR District 2), and April 23, 2026 (NCR District 3)** shall **remain unchanged** and will likewise be conducted from 8:00 AM to 5:00 PM at the Manila Grand Opera Hotel.

This Advisory is issued for the information and guidance of all concerned.

ANNEX

DISTRICT I	DISTRICT II
CALOOCAN CITY	PASIG CITY
MALABON CITY	MUNICIPALITY OF PATEROS
NAVOTAS CITY	MARIKINA CITY
VALENZUELA CITY	TAGUIG CITY
-	QUEZON CITY

DISTRICT III	DISTRICT IV
CITY OF MANILA	MUNTINLUPA CITY
MAKATI CITY	PARANAQUE CITY
MANADALUYONG CITY	LAS PINAS CITY
SAN JUAN CITY	PASAY CITY