



Republic of the Philippines  
Department of Education

NATIONAL CAPITAL REGION  
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division  
Superintendent

JUN 16 2026

MEMORANDUM

**IMPLEMENTATION OF LEARNERS HEALTH ASSESSMENT  
AND SCREENING (LHAS) FOR SY 2026-2027**

To: Assistant Schools Division Superintendent  
Chief Education Supervisor, Curriculum Implementation Division  
Chief Education Supervisor, School Governance and Operations Division  
Public Elementary and Secondary School Heads/OICs  
All Others Concerned

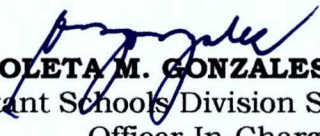
1. Pursuant to **DepEd Memorandum No. 012, s. 2025** entitled Multi - Year Implementing Guidelines on the School Calendar and Activities and **DepEd Memorandum No. 050, s. 2025** on the Learners' Health Assessment and Screening (LHAS), all schools are directed to ensure the conduct of LHAS, health lectures, and other school health activities while **strictly adhering** to the Department's policy on the *non-disruption of classes and safeguarding instructional time*.
2. To facilitate the efficient implementation of these activities, schools may adopt any of the following strategies:
  - **Conduct activities during off-class sessions** (before or after regular class hours). Schools shall issue an appropriate school memorandum informing parents and guardians of the schedule and nature of the activities.
  - **Conduct activities during MAPEH or EPP classes**, particularly for health education, health promotion, and related activities, as these learning areas cover health, hygiene, self-care, and self-management competencies.
  - **Implement a per-batch pull-out scheme**, wherein a maximum of five (5) learners at a time may be excused from class to participate in health assessments and screenings. School heads shall ensure that regular classes, particularly major learning areas, are not adversely affected.
3. Schools shall secure the necessary parental/guardian consent prior to learners' participation in specific components of the LHAS in accordance with existing DepEd policies and protocols.
4. The timeline will cover all LHAS components: *Master Listing, Nutritional Assessment, Health History Intake and Physical Assessment, Vision and Hearing Screening, Oral Health Assessment, Mental Health and Psychosocial Screening* and other other health-related programs and activities, including but not limited to: *School-Based Deworming Program, School-Based Immunization Program, Water, Sanitation, and Hygiene in Schools (WinS) Program, Gulayan sa Paaralan Program, Adolescent Reproductive Health Programs and Healthy Learning Institutions (HLI) Program validation*



Republic of the Philippines  
Department of Education  
NATIONAL CAPITAL REGION  
SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

---

5. Immediate and wide dissemination of this Memorandum is desired.

  
**VIOLETA M. GONZALES CESO VI**  
Assistant Schools Division Superintendent  
Officer-In-Charge  
Office of the Schools Division Superintendent

Enclosure: as stated  
References: as stated  
To be indicated in the Perpetual Index  
under the following subjects:

REPORT      SCHOOLS      LEARNERS

MML / DM – Implementation of LHAS for SY 2026-2027  
243 / June 15, 2026