



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

SCHOOLS DIVISION OFFICE OF MUNTINLUPA CITY

Office of the Schools Division
Superintendent

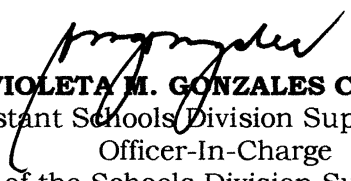
MEMORANDUM

No. 310, s. 2026

2026 NUTRITION MONTH CELEBRATION

To: Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division
Chief Education Supervisor, School Governance and Operation Division
Public Elementary / Secondary School Heads / OICs
All Others Concerned

1. In line with Regional Memorandum No. 518, s. 2026 and Section 7 of Presidential Decree No. 491 (Nutrition Act of the Philippines), this Office directs all schools to observe the National Nutrition Month this July 2026.
2. All school activities must align with this year's theme: "Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat!" with the subtheme, "Nutrisyon at Kalikasan, Ating Pangalagaan!". Banner and tarpaulin templates are available at <https://tinyurl.com/Banners-2026NutritionMonth>.
3. School heads must ensure that all celebratory activities are integrated seamlessly without disrupting regular classes, scheduled school events, or the implementation of the Three-Term Block.
4. Immediate dissemination of this Memorandum is desired.


VIOLETA M. GONZALES CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

Encl: As stated
Reference: As stated
To be indicated in the Perpetual Index
Under the following subjects

NUTRITION LEARNERS SCHOOLS
RJLW/ 2026 NUTRITION MONTH CELEBRATION
310 /July 9, 2026

NUM-2026-310



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Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

DEPARTMENT OF EDUCATION
RELEASED
RECORDS SECTION REGIONAL OFFICE-NCR
09 JUL 2026
BY: _____ DATE: 7/13

July 01, 2026

REGIONAL MEMORANDUM

No. **518**, s. 2026

RECEIVED BY: *Wendy A. Salonga*
MARLONA SALONGA
OFFICE OF THE REGIONAL DIRECTOR

To: Schools Division Superintendents
Public and Private Elementary and Secondary School Heads
Schools Health Personnel
All Others Concerned

2026 NUTRITION MONTH CELEBRATION

1. This is pursuant to Section 7 of Presidential Decree No. 491, known as Nutrition Act of the Philippines which mandates the observance of Nutrition Month every July.
2. In view of this, All DepEd offices, are encouraged to undertake activities aligned with the 2026 Nutrition Month theme: "Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat!" with the subtheme, "**Nutrisyon at Kalikasan, Ating Pangalagaan!**". Tarpaulins and banner templates related to the celebration may be accessed through: <https://tinyurl.com/Banners2026NutritionMonth>.
3. All activities to be conducted in observance of the Nutrition Month shall be without prejudice to the implementation of the Three-Term Block and shall not disrupt regular classes and other scheduled school activities.
4. SDO Accomplishment Reports shall be uploaded at <https://tinyurl.com/2026NMC> on or before **September 15, 2026**.
5. For information and guidance of all concerned.


RITA E. RIDDLE

OIC-Assistant Regional Director, concurrent
OIC-Office of the Regional Director



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